



**THURSDAY, NOVEMBER 11, 2021
SWIMMING WARM-UP
CLASS 1 GROUPS**

**GROUP 1: 10:15 – 10:35 am – Laps
11:35 – 11:45 am – Take-offs**

**GROUP 2: 10:35 – 10:55 am – Laps
11:25 – 11:35 am – Take-offs**

**GROUP 3: 10:55 – 11:15 am – Laps
11:15 – 11:25 am – Take-offs**

Central (St. Joseph)	Camdenton	Belton
DeSmet	Central (Cape Girardeau)	Carthage
Ft. Zumwalt North	Clayton	Chaminade
Ft. Zumwalt South	Ft. Zumwalt East	Christian Brothers
Grain Valley	Glendale	Farmington
John Burroughs	Jackson	Hannibal
Lebanon	Kearney	Ladue Horton Watkins
Lutheran St. Charles	Logan-Rogersville	Liberty (Wentzville)
Notre Dame (Cape Girardeau)	McCluer North	Monett
Oak Park	North Kansas City	Oakville
Parkway Central	Pembroke Hill	Rockwood Summit
Parkway North	Raytown	Smith-Cotton
Parkway West	Republic	Smithville
Platte County	Savannah	St. Francis Borgia
Poplar Bluff	Warrensburg	Vianney
St. Pius X (Kansas City)	Webb City	Westminster Christian
West Plains	Webster Groves	