

Amend **Table 11** of **USTA Regulation III.C.1.** by deleting the Extreme Heat and Humidity section in its entirety and replacing it with a Recovery Rule (pp. 104-105) as follows:

III. CONDUCTING THE TOURNAMENTS

C. Rest

1. *Rest between matches.* The Referee shall offer the players the minimum rest between matches as set forth in **Table 11.**

<p align="center">TABLE 11 Minimum Rest Between Matches The Referee, Sectional Association, or District Association should permit additional rest when any of them concludes that the length of a match, heat, humidity, total time on the court during the day, or other conditions justifies more rest. *See also Recovery Rule</p>		
Divisions	<ul style="list-style-type: none"> • Best of 3 set matches • Best of 3 set matches when a Match Tiebreak is played in lieu of 3rd set • Best of 5 set matches • Any of the above formats with No-Ad scoring 	Pro set formats
Juniors	60 minutes <i>except</i> 30 minutes in doubles only tournaments*	30 minutes
Senior 35-45 & Parent-Child	60 minutes*	30 minutes
Senior 50-90 ----- Parent-Child with minimum parental age ----- Grandparent-Grandchild ----- Husband & Wife (Combined Ages)	90 minutes*	45 minutes
Wheelchair	<ul style="list-style-type: none"> • Match of 60 minutes or less: 30 minutes* • Between 60 & 90 minutes: 45 minutes* • 90 minutes or more: 60 minutes* 	<ul style="list-style-type: none"> • Match of 60 minutes or less: 30 minutes • Between 60 & 90 minutes: 45 minutes • 90 minutes or more: 60 minutes

NTRP without age restrictions	60 minutes*	30 minutes
NTR 35-45	60 minutes*	30 minutes
NTRP 50-90	90 minutes*	45 minutes
All other divisions	30 minutes*	30 minutes

QuickStart Tennis formats: The Referee shall offer the players reasonable rest, which in many cases will be no more than 15 minutes. The minimum rest in **Table 11** does not apply to the QuickStart Tennis formats of **USTA Regulation VI.B.1.d.** and **USTA Regulation VI.C.1.d.**

For any other format (including matches played with a 10-Point Match Tiebreak in lieu of a third set), the rest is at least 30 minutes.

A player is governed by the amount of rest allowed for the division in which the player plays.

Players who participate in more than one division are entitled to at least 30 minutes rest between matches in different divisions.

***Recovery Rule:** Extended length of rest between singles matches in Junior, Adult, Senior, NTRP and Wheelchair Divisions. In all singles matches in Junior, Adult, Senior, NTRP, and Wheelchair Divisions in which the match format is two out of three standard tiebreak sets or more, a rest period of two hours shall be offered by the Referee before the player’s next singles match. This Rule does not apply to short set matches and matches that play a tiebreak in lieu of a final third set, nor to any match played indoors where the duration of the match is less than 120 minutes.