Eligibility Rulings

All official eligibility opinions shall be in writing and shall bear the signature of the executive director. Verbal rulings are not official. Principals are reminded that correspondence concerning eligibility rulings, annual eligibility lists, applications for waiver of the transfer rule, hardship transfers and sanction forms, must be signed by the principal for consideration by the MSHSAA.

Mission Statement

"The MSHSAA promotes the value of participation, sportsmanship, team play, and personal excellence to develop citizens who make positive contributions to their community and support the democratic principles of our state and nation."

Contact Info.

MSHSAA
1 N. Keene St., PO Box 1328
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(573) 875-4880
Fax (573) 875-1450
www.mshsaa.org
email@mshsaa.org

Email Policy: Due to the high volume of email messages received by the Association, an expedited personal response may not always be possible. The MSHSAA staff will respond first to more traditional means of communication such as telephone calls, written correspondence and faxes. The MSHSAA office can be reached at (573) 875-4880 during regular office hours. As time permits, staff will reply to email messages that include the sender’s complete name, address and phone number. Questions regarding student eligibility or specific MSHSAA by-laws should first be directed to your local school administrator. By Board policy, our staff is not permitted to answer specific eligibility inquiries via email, and any follow-up questions to the MSHSAA should be done via telephone or written correspondence.

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A Body In Motion

During this fall athletics season, thousands of teenagers in mid-Missouri are establishing positive exercise habits.

A number of studies have shown this can help put students on a path toward better health later in life.

In addition to exercising more, high school students who participate in sports eat better food and make healthier lifestyle choices. Decades after high school, they’re less likely to be obese.

“The old adage is a body in motion has a tendency to stay in motion. A body at rest has a tendency to stay at rest,” said Kenny Seifert, athletics and activities director at Moberly High School. “The kids who come through our program, those are the ones we see who are more active after they graduate.”

Given the many benefits of having active students, school districts across mid-Missouri have been working to get more kids involved in sports and other programs.

At Moberly, about 300 of the 700 students are involved in activities. In Ashland, Activities Director Patrick Lacy said about half of the students participate.

Now in their third year, Columbia’s Fr. Tolton Catholic High School has close to 80 percent of students participating in activities — one out of every four students at Tolton is a three-sport athlete.

With the addition of Battle High School, Columbia public high schools are seeing a surge of new students participating this fall. Activity participation is up 28 percent.

“Having a third high school means there are 20 more teams,” said Columbia Public Schools Athletic Director Bruce Whitesides. “So there are more opportunities for students to get involved at each of the schools.”

In recent years, Boone Hospital Center has played a role in supporting athletics. By sponsoring the Columbia Public Schools’ athletic programs, Boone Hospital is one of several local organizations that have helped the program grow.

“Partnerships like we have with Boone Hospital have helped us to another level,” Whitesides said.

Gaining Confidence

Boone Hospital Center’s Todd Kurtz first became interested in exercise while playing football and wrestling at Webster City High School in Iowa.

Today, he’s a physical trainer at the WELLWARE Fitness Center.

Spending time in the weight room with his teammates in high school helped him choose a career path. It also inspired him to maintain a healthy routine into adulthood.

He’s seen similar patterns in other people. “You can build a habit by doing exercise as part of an extracurricular activity. Once you have that habit, it’s hard to stop,” he said. “People who have been in sports tend to stick with it longer than other people. It’s always harder to start something new than it is to continue what you’re already doing.”

In his work at the fitness center, he sees how early exposure to athletic training can make people more comfortable around workout equipment. That can make weights and cardio machines seem less intimidating.

“Everyone is a little self-conscious at the gym, but if you have that experience when you are younger and know what to do, you’re going to be comfortable in a regular fitness center as an adult,” he said.

At Ashland, Lacy said high school is often the first time students experience a weight room environment. He said many students arrive eager to learn about fitness. The district’s weight training class is one of the most popular courses offered.

“In their lives after high school, a tremendous amount of people decide to go and join gyms,” he said. “The more you can get them prepared for that, the better.”

Many Benefits

Improving health is just one of many ways youth sports help students succeed in school and later in life.

Sports can help students establish supportive social networks that reinforce good behavior.

“Many of our students just like the team atmosphere, bonding with their classmates,” said Lacy. “The camaraderie of being part of a team can make the whole school experience better.”

The role of the coach is also critical. Coaches provide positive role models during a time when young people are sometimes drawn to dangerous activities.

“They’re in a position to talk to these kids about making the right choices every day,” said Whitesides in Columbia. “They are not the parent, but they are definitely strong role models.”

At Tolton Catholic, coaches are seen as ministers who help students develop athletic skills and also serve as positive role models.

“Being a coach is a very pivotal role,” said Tolton Athletic Director Chad Masters. “They have to be able to develop athletes who perform well and, at the same time, they have to be there as a counselor and a minister to impact the students in a positive way.”

The coaches and positive peer groups are reasons why active students tend to have stronger grades, better attendance records, dropout less often and have fewer disciplinary issues.

These students also smoke less and are less likely to use illegal drugs. In addition, sports can help build self-confidence, relieve tension and even create better personal attitudes.

“When you are engaged in something that occupies both your mind and your body, you’re going to be healthier all around,” said Seifert at Moberly. “You’re going to be sharper, more alert and much more motivated.”

The sports program at Tolton Catholic reflects the school’s goal of developing students with a multifaceted approach: heart, mind, body and spirit.

“We really feel our approach sets them up to leave our school and become productive members of society in all those areas,” Masters said. “Physical fitness is a big component of that, and our athletic program is one of the cornerstones.”

Preventing Injury

The risk tied to athletics is the potential for injury. Regional athletic and activity directors say they partner with local health providers to have professional trainers onsite to prevent injuries and quickly assess any concerns.

“If I go out and I train and I injure myself, I’m going to have to go out of my way to get medical attention,” Seifert said. “In the case of our student athletes, that expertise is either already onsite or just a couple minutes away. It’s a benefit our district greatly appreciates.”

Coaches are also cognizant of the fact they are working with athletes whose bodies are still developing. They are careful to balance strength training with aerobic exercises.

The goal is not only making sure the districts field competitive teams, but also to help student athletes learn about health and to make good choices.

“Not every one of our athletes is going to play in Division I,” Whitesides said. “However, they
A Victory For Health (cont’d)

Upon arriving at Missouri State, Patrick made new friends who shared his love of exercise. They introduced him to triathlon races, which involve running, swimming, and biking. He was hooked. This new activity, coupled with the knowledge he gained in high school, helped Patrick avoid the weight gain many college freshmen experience.

“When you get to college, you go into the dining halls and see endless amounts of food in front of you,” he said. “I knew to choose certain things because I knew how they would affect me when I worked out.”

During his sophomore year, he and his new friends earned the backing of the university to form an official triathlon club. Patrick serves on the club’s executive board; he handles promotion — perfect career experience as he works toward a marketing and advertising degree. The club has about 25 active members.

Over the last few years, he has personally completed eight triathlons and one half Ironman triathlon.

It’s easy to trace back how he got here. It started at high school tryouts. Today, Patrick said the active lifestyle he learned in high school is something he couldn’t live without.

“I’m going to continue this for as long as possible,” he said.

It’s this kind of transformation that makes youth sports such a powerful experience — it’s about much more than winning games.

“To go out as student athletes and represent themselves, their families and school district is a wonderful thing for the students,” said Seifert in Moberly. “It’s also wonderful for the whole community because it gives them an opportunity to live healthier lives down the road.”

Safe and Sober

School Administrators are always looking for information and material to educate their students on the dangers of drinking and driving. A resource for schools to find such information is at www.missourisafeandsober.com. If you are looking for a program to use with your students, please check out the website.

Appeals Committee Summary

Held August 21, 2013

Two cases were reviewed and decided on the basis of documentation presented by the Associate Executive Director to the Appeals Committee:

a. Denied appeal to grant unrestricted eligibility under provisions contained in MSHSAA By-Law 3.10.4.h, Hardship Application Transfer and granted restricted eligibility under Transfer Waiver, By-Law 3.10.4.i:
   1. Helias Catholic
b. Granted appeal for unrestricted eligibility under provisions contained in MSHSAA By-Law 3.10.4.h, Hardship Application Transfers:
   1. Lafayette (St. Joseph)
The Appeals Committee heard fourteen cases and ruled as follows:

a. Denied appeals to grant unrestricted eligibility under provisions contained in MSHSAA By-Law 3.10.4.h, Hardship Application Transfer and granted restricted eligibility under Transfer Waiver, By-Law 3.10.4.i:
   1. North Callaway
   2. Christian Brothers College
   3. Sacred Heart
   4. Francis Howell Central
   5. Vianney
   6. Oakville

b. Granted appeals for unrestricted eligibility under provisions contained in MSHSAA By-Law 3.10.4.h, Hardship Application Transfers:
   1. Macon
   2. Timberland
   3. Ft. Zumwalt South (two student appeals)
   4. Bismarck

c. Denied appeals to grant eligibility under provisions of Article IV, Section 6-p, Hardship Provision of the MSHSAA Constitution:
   1. Parkway West
   2. Cardinal Ritter
   3. DeSoto
The MSHSAA welcomes the following schools as new members for the 2013-2014 school year:

- Battle HS of Columbia
- Frontier School of Innovation Charter HS of Kansas City
- Gentry Middle School of Columbia
- Gloria Deo Academy HS of Springfield
- Grand Center Arts Academy Charter HS of St. Louis
- John B. Lange Middle School of Columbia
- Lee A. Tolbert Academy Charter Jr. HS of Kansas City
- Liberty Middle School of Liberty
- Liberty (Wentzville) HS of Wentzville
- Neosho Christian HS of Neosho
- Smithton Middle School of Columbia
- South Valley Middle School of Liberty

The following schools are joining as Affiliate Registered Schools for the 2013-14 school year:

- Advance Jr. HS of Advance
- Alton Jr. HS of Alton
- Ava Victory Academy Jr. HS of Ava
- Ava Victory Academy Sr. HS of Ava
- Avilla Jr. HS of Avilla
- Bell City Jr. HS of Bell City
- Bishop Hogan Jr. HS of Chillicothe
- Block Yeshiva HS of St. Louis
- Blue Ridge Christian Jr. HS of Kansas City
- Blue Ridge Christian HS of Kansas City
- Bunker Jr. HS of Bunker
- Callao Jr. HS of Callao
- Center Place Jr. HS of Independence
- Center Place HS of Independence
- Centerville Jr. HS of Centerville
- Christian Academy of Greater St. Louis HS of St. Louis
- Christian Fellowship HS of Columbia
- Climax Springs Jr. HS of Climax Springs
- Community Christian Academy HS of Barnhart
- Crosspoint Christian HS of Villa Ridge
- Dadville Jr. HS of Dadville
- Davis Jr. HS of Clinton
- Delta Jr. HS of Delta
- Eagle Ridge HS of Cape Girardeau
- El Dorado Christian Jr. HS of El Dorado Springs
- Ellington Jr. HS of Ellington
- Eminence Jr. HS of Eminence
- Everett Jr. HS of Everett
- Fairview Jr. HS of Fairview
- Gateway Science Academy HS of St. Louis
- Glenwood Jr. HS of West Plains
- Halfway Jr. HS of Halfway
- Heartland Christian HS of Belton
- Heartland Jr. HS of Belton
- Hermitage Jr. HS of Hermitage
- Holy Cross Jr. HS of Cuba
- High Point Jr. HS of High Point
- Howell Valley Jr. HS of West Plains

It should be noted that the following schools are no longer a member of MSHSAA as of the 2013-14 school year:

- Derrick Thomas Academy Charter HS of Kansas City
- Frontier School of Excellence Charter HS of Kansas City
- St. Elizabeth Academy HS of St. Louis
- St. Mary’s (Independence) HS of Independence

The following schools are joining as Affiliate Registered Schools for the 2013-14 school year:

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<td>Boys and Girls Basketball</td>
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<tr>
<td>St. Joseph Catholic Jr. HS</td>
<td>Pilot Grove</td>
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<td>St. Louis Christian Academy HS</td>
<td>St. Louis</td>
<td>Boys and Girls Basketball, Boys and Girls Cross Country, Music, Boys and Girls Track, and the non-host school in co-ops for 11-Man Football and Girls Softball</td>
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<td>School</td>
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<td>Sports/Activities Registered For</td>
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<td>Montrose</td>
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<td>Rolla</td>
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<tr>
<td>St. Paul Lutheran Jr. HS</td>
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<td>Boys and Girls Basketball and the non-host school in co-ops for Boys and Girls Cross Country, 11-Man Football, Boys and Girls Track and Wrestling</td>
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<td>St. Paul Lutheran Jr. HS</td>
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<td>Boys Basketball and Girls Volleyball</td>
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<td>Stoutland Jr. HS</td>
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<td>Boys and Girls Basketball, Boys and Girls Cross Country and Boys and Girls Track</td>
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<td>Strain-Japan Jr. HS</td>
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<td>Summersville Jr. HS</td>
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<td>Baseball, Boys Basketball, Boys Cross Country, Girls Softball and Girls Volleyball</td>
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<td>Taneyville Jr. HS</td>
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<td>Thomas Jefferson HS</td>
<td>St. Louis</td>
<td>Boys and Girls Basketball, Boys and Girls Soccer, and Boys and Girls Volleyball</td>
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<tr>
<td>Tower Grove HS</td>
<td>St. Louis</td>
<td>Baseball, Boys and Girls Basketball, Cheerleading, Boys and Girls Soccer, Boys and Girls Track, and Girls Volleyball</td>
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<td>Trinity Grove Jr. HS</td>
<td>Alma</td>
<td>Boys and Girls Basketball, Boys and Girls Track, Girls Volleyball and the Non-host school of a co-op for 11-Man Football</td>
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<td>Tri-County Christian Jr. HS</td>
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<td>Trinity Lutheran Jr. HS</td>
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<td>Walnut Grove Jr. HS</td>
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<td>Boys and Girls Basketball</td>
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<tr>
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<tr>
<td>Winona Jr. HS</td>
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<tr>
<td>Zion Lutheran Jr. HS</td>
<td>Bunceton</td>
<td>Non-host school of co-ops for Boys and Girls Basketball</td>
</tr>
</tbody>
</table>

The following schools are joining as Home School Association Teams for the 2013-14 school year:

- Central Missouri Sr. High Homeschool Assn.
- Homeschool Activities Association Sr. High
- Lighthouse Christian Sr. High Homeschool Assn.
- St. Louis Area Christian Sr. High Homeschool Assn.
- St. Louis Christian Sr. High Homeschool Assn.
- St. Louis Patriots Sr. High

<table>
<thead>
<tr>
<th>School</th>
<th>Town</th>
<th>Sports/Activities Registered For</th>
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<tbody>
<tr>
<td>St. Louis Christian Jr. High Homeschool Assn.</td>
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<td>Boys Basketball and Girls Volleyball</td>
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<tr>
<td>Central Missouri Sr. High Homeschool Assn.</td>
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<td>Boys Basketball</td>
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<tr>
<td>Homeschool Activities Association Sr. High</td>
<td>Centerview</td>
<td>8-Man Football and Music</td>
</tr>
<tr>
<td>Lighthouse Christian Sr. High Homeschool Assn.</td>
<td>Ozark</td>
<td>Baseball, Boys Basketball, Cheerleading, 11-Man Football, Boys and Girls Track</td>
</tr>
<tr>
<td>St. Louis Area Christian Sr. High Homeschool Assn.</td>
<td>Washington</td>
<td>Boys and Girls Basketball, Boys and Girls Soccer and Girls Volleyball</td>
</tr>
<tr>
<td>St. Louis Christian Sr. High Homeschool Assn.</td>
<td>St. Louis</td>
<td>Boys Basketball and Girls Volleyball</td>
</tr>
<tr>
<td>St. Louis Patriots Sr. High</td>
<td>St. Charles</td>
<td>Baseball</td>
</tr>
</tbody>
</table>

The following school’s name has been changed for the 2013-14 school year:

- Liberty Jr. HS of Liberty changed name to Heritage MS
- South Valley Jr. High of Liberty changed name to Discovery MS

It should be noted that the following schools have changed their membership status with MSHSAA for the 2013-14 school year:

- Advance HS dropped their 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- Bell City HS dropped their 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- Bradleyville HS dropped their 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- Bunker HS dropped their 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- Cassville MS dropped their separate junior high membership and became a 7-12 member with Cassville HS
- East Buchanan MS dropped their separate junior high membership and became a 7-12 member with East Buchanan HS
- Ellington HS 7-12 member dropped their 7-8 membership to become an affiliate Jr. HS and a 9-12 full member
- Fulton HS 7-12 member dropped their 7-8 membership and became a 9-12 HS with a separate 7-8 membership for M.S.
- Hermitage HS 7-12 member dropped 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- Homersville MS dropped their separate junior high membership and became a 7-12 member with Senath-Hornersville H.S.
- Jefferson Jr. HS (Columbia) changed to Jefferson MS with grades 7-8 only
- Lebanon Jr. HS dropped their separate junior high membership and became a 7-12 member with Lebanon HS
- Lesterville HS 7-12 member dropped 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- Mary Immaculate Jr. High of Kirkville dropped their full junior high membership to become an affiliate Jr. HS
- Oak Ridge HS 7-12 member dropped 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- Oakland Jr. HS (Columbia) changed to Oak Ridge HS with grades 7-8 only
- Richland MS dropped their separate junior high membership and became a 7-12 member with Richland HS
- Scott County Central HS 7-12 member dropped 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- Sikeston Jr. HS dropped their separate junior high membership and became a 7-12 member with Sikeston HS
- Syline MS dropped their separate junior high membership and became a 7-12 member with Syline High School
- St. Gregory Barbango Jr. HS of Maryville dropped their full junior high membership to become an affiliate Jr. HS
- Summersville HS 7-12 member dropped 7-8 full membership to become an affiliate Jr. HS and a 9-12 full member
- West Jr. HS (Columbia) changed to West MS with grades 7-8 only
- Westran MS dropped separate membership and became a 7-12 member with Westran HS
- Zalma HS dropped Jr HS affiliate membership and added grades 7 and 8 to their HS membership for a 7-12 full membership
The following are questions and answers pertaining to the MSHSAA Constitution and By-Laws and/or MSHSAA Board of Directors policy. These are provided as an aid in interpreting the rules and regulations which MSHSAA member schools have adopted. If you have a specific area and/or question which you would like explained, contact Dr. Kerwin Urbahn, MSHSAA executive director. Your attention is called to the fact questions and answers regarding interpretations of the MSHSAA Constitution and By-Laws appear following the Constitution Article or By-Law they relate to in the MSHSAA Official Handbook.

**Question:**
Do students participating in interscholastic competitive/evaluative music and speech activities have to meet the MSHSAA minimum essential student eligibility requirements?

**Answer:**
Yes. Some have assumed that since these activities are generally a direct outgrowth of curricular programs the academic eligibility standards would not apply. As long as a student is limited to participating in a class setting during the regularly scheduled school day, that assumption is correct. However, music and speech activities that are conducted outside the regularly scheduled school day are considered to be extra-curricular in nature. Any extra-curricular competitive/evaluative music or speech event that involves students from two or more schools is considered to be an interscholastic event. Students participating in competitive/evaluative music or speech events must meet the MSHSAA minimum essential student eligibility requirements. This would not apply to events that are not competitive or evaluative, such as a parade that is not judged. (By-Laws 2.1 and 4.1)

**Question:**
May our high school basketball team scrimmage against an area junior college team or against a local city league team comprised of high school age players?

**Answer:**
No in both cases. A school team may compete only against teams representing an MSHSAA member high school or teams from schools that are members of a like state association. The only exception to this would be an alumni game when conducted in accord with provisions of By-Law 3.12. This restriction applies to so-called scrimmages as well as to games. (By-Law 1.1)

**Question:**
May a student participate in a non-school sponsored free throw contest during a season he or she is representing his or her school in the sport of basketball or in pass, punt and kick contests during a season he is representing his school in the sport of football?

**Answer:**
Yes. The MSHSAA Board of Directors interprets By-Law 3.13 as not restricting participation in non-school sponsored contests involving individual skills of a team sport such as free throw contests or pass, punt, and kick contests. This interpretation is based on the fact these activities involve only individual skills of a team sport and, as such, would not in themselves constitute a sport per se by normal definition. (By-Law 3.13)

**Question:**
We have a person who lives in our community who has been involved in cheerleading for many years but has never attended a college/university. Can this person serve as our head cheerleading coach?

**Answer:**
Yes. The standards for athletic coaches do not apply to cheerleading and dance team coaches. Any individual, however, hired to be a school cheerleading coach who does not possess a valid professional teaching certificate must satisfactorily complete an MSHSAA approved coaches education program and sports first aid. This is a prerequisite for approval to serve as a school cheerleading coach at any level at any MSHSAA member school in a subsequent school year. (By-Law 3.1)

**Question:**
Our school uses NovaNET for credit recovery, remedial and enhancement. Credit earned will be placed on the student’s transcript and count toward graduation. I would like to know if courses through NovaNET could also count toward a students eligibility?

**Answer:**
A course through NovaNET could count toward a student’s academic eligibility under these conditions:
1. The student is doing the work through the school.
2. The work is all being done at a designated school site.
3. Credit must be on the student’s transcript no later than the close of the semester in which the work was started. (By-Law 2.3)

**Question:**
Our school just won the Class 2 State Softball Championship. Our Booster Club would like to donate money to our school to enable the school to purchase a state championship commemorative ring. Is this permissible under the Amateur and Awards Requirement?

**Answer:**
Yes. The Amateur and Awards Requirement does permit the school to purchase an item of commemorative jewelry for each team member to recognize a specific team accomplishment. It should be noted that only the school may purchase the item. Therefore, the Booster Club must donate the funds directly to the school for appropriate use as determined by the principal. (By-Law 3.6.1)

**Question:**
In accord with MSHSAA By-Law 2.3.10, if this student meets the academic requirement at the close of the first semester, she becomes eligible the fifth day classes are attended the second semester. In this specific case, she would become eligible to participate in interscholastic basketball contests as of Friday, January 26.

Conversely, a student who is eligible the first semester but who fails to pass courses offering 3.00 units of credit or 80% of the maximum allowable credit whichever is greater that semester may compete until the fifth day of classes of the second semester. Using the semester dates above, a student in this situation would become ineligible as of Friday, January 26. (Grades posted later would not mitigate the use of an ineligible player after January 26.)

Exception: If an interscholastic contests is played before the formal opening of school and a student has become academically eligible for the fall semester and is eligible in all other respects he/she may be eligible to participate under this provision provided the student is properly enrolled in the member school. (By-Laws 2.3.10 and 2.3.11)

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**Information About NCAA Initial-Eligibility Changes**

If you would like to read about NCAA Requirements, or to see the specific core-course breakdown, please visit one of the following web sites:
- www.ncaa.org
- www.ncaaclearinghouse.net

Questions or comments about the new rules may be submitted to:
- academics@ncaa.org

Colleges will only accept ACT scores received from the national ACT office.
**2013 MSHSAA Area Meetings**

This year the MSHSAA staff shall be conducting Area Meetings across the state to gather input and discuss important issues facing the membership. These meetings have proved to be extremely helpful to your Board of Directors and the MSHSAA staff. The meetings will be held during January. The meetings will begin at 9 a.m. and end promptly at 11 a.m. Background information for the topics will be distributed at each site.

It is very important for superintendents, principals and athletic administrators to attend the meetings and take part in the developing role of your association and the events being sponsored for our students. Many issues have a fiscal impact on schools and the association as well as an impact on instructional time. The MSHSAA Board and staff look forward to seeing you at one of the eight sites.

**MSHSAA Catastrophic Insurance and Successful Prevention Techniques**

School administrators are reminded to be certain to file appropriate claims for potential catastrophic injuries. The current policy is presented by Mutual of Omaha. Coverage is an excess medical plan. For a more detailed description of the benefits of this policy, please refer to the summary sheet highlighting the benefits provided to all MSHSAA member schools in the August packet mailing. It should be noted that this plan does not include any liability coverage as it serves as medical only.

Along with securing the catastrophic medical coverage for their students, it is imperative that school staffs have in place a solid risk management program. Facilities and equipment should be kept in good condition. Annual review of good risk management, standard operating procedures for injuries and first aid should occur with all staff. A continuing review of school policy for security, conduct of players, coaches and fans should occur. Insurance will address the results of a situation. However, good planning and proper risk management are the only successful prevention techniques.

**Missouri Track and Cross Country Coaches Association Annual Clinic**

The MTCCCA will hold its annual clinic Thursday through Saturday, December 12-14, 2013, at the Holiday Inn Select Executive Center in Columbia, Missouri. The clinic fee is $100.00 for advanced registration or $125.00 for registrations received after November 30, 2013. This fee includes clinic attendance, clinic notes, Hall of Fame Luncheon and 2014 MTCCCA dues. Continental Breakfast on Friday and Saturday, as well as the lunch on Friday, are also included in the registration fee. Additional information, clinic speakers, online registration, and hotel reservations can be obtained by going to the MTCCCA website located at: www.MTCCCA.org. All refund requests must be submitted in writing and postmarked no later than November 4, 2013. After this date, refund requests will not be accepted, but substitutions will be allowed. Please send written request to Jamie Schieber, Custom Meeting Planners, Inc., PO Box 30785, Columbia, MO 65205 or e-mail to jamie@custommeetingplanners.com.

**Missouri Represented on National Federation Committees**

The NFHS sponsors several national committees. The majority of these committees are committed to the formation and adoption of rules regulating specific interscholastic sports. The state of Missouri is well represented on the various committees. A hearty congratulations is extended to the following individuals for their involvement on these committees.

<table>
<thead>
<tr>
<th>Representative</th>
<th>School</th>
<th>Committee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maggie Young</td>
<td>Whitfield</td>
<td>Field Hockey Rules Committee</td>
</tr>
<tr>
<td>Barbara Connoyer</td>
<td>Official (St. Louis)</td>
<td>Field Hockey Rules Committee (Officials Association)</td>
</tr>
<tr>
<td>Harvey Richards</td>
<td>MSHSAA Staff</td>
<td>Football Rules Committee</td>
</tr>
<tr>
<td>Tom Kruse</td>
<td>Raymore-Peculiar</td>
<td>Football Rules Committee</td>
</tr>
<tr>
<td>Stacy Schroeder</td>
<td>MSHSAA Staff</td>
<td>National Records Committee</td>
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<tr>
<td>Kerwin Urhahn</td>
<td>MSHSAA Staff</td>
<td>NFHS National Council and Technology Committee</td>
</tr>
<tr>
<td>Tim Thompson</td>
<td>MSHSAA Staff</td>
<td>Officials Association Advisory Committee</td>
</tr>
<tr>
<td>Greg Stahl</td>
<td>MSHSAA Staff</td>
<td>Wrestling Rules Committee</td>
</tr>
</tbody>
</table>

**2013 State Cross Country Officials**

Ken Asbury (Moberly), Dave Carlson (Columbia), Emry Dilday (Springfield), C. Donald Harris (Cape Girardeau), Glenn Jensen (Mexico), Dennis Locklider (Holts Summit), Jason Pyrah (Willard), Mike Reece (Ash Grove), Kirk Sloan (Branson), Donnie Thomas (Jefferson City), Charley Welker (Monroe City), and Ron Whittaker (Mexico).
Length of Middle Level/Junior High Seasons

MSHSAA By-Law 3.29 permits flexible scheduling of middle level/junior high school sports seasons at any time during the school year to enable member schools to best utilize school facilities and coaching staffs.

The By-Law specifies that the sports seasons shall be 12 consecutive calendar weeks in length, beginning with the first organized practice with any part of a sports squad and ending with the last interscholastic contest in the sport concerned. Further, it provides that the sports season may be extended to a maximum of 14 consecutive calendar weeks in length whenever the Christmas/winter holiday period falls within the sports season. The sports season for 7th and 8th grade teams shall begin no earlier than the Monday of Standardized Calendar week Number Seven, and end with the last day of school in the spring.

Schools are reminded that a calendar week is interpreted as beginning with a Monday and ending with the following Sunday. Any part of a calendar week shall count as a full week. For example, if the junior high school basketball season culminates with a tournament which ends on a Tuesday, this entire calendar week would count as one of the 12-14 allowable weeks. In other words, a school could not have 12-14 weeks in addition to the tournament just because a season ended in the middle of a calendar week, in this case on Tuesday.

This provision for the scheduling of middle level/junior high school sports seasons has generally worked very well for middle schools. However, from time to time, there has been some confusion in the application of this By-Law to the sport of basketball, particularly where a ninth grade student begins the season playing on a junior high school team and, at the end of the junior high season, moves up and plays as a member of a senior high school junior varsity or varsity team.

If a 9th grade basketball sports season is scheduled either concurrently with the senior high school season or so that it overlapped the beginning of the senior high school basketball season, individual ninth grade students may move up at the end of the junior high school season to play as a member of the senior high school junior varsity or varsity team. In such situations, the individual student may not participate in more than the total number of games (quarters) and tournaments equal to that played by the high school team on which the student plays and may not participate in a total number of weeks that exceeds that of the senior high school season. A ninth grade student in the situation described above could participate in a maximum of 20 or 19 consecutive calendar weeks, based upon the classification of the high school, from the first practice date of the first team on which the ninth grade student plays to last contest (or practice) for the last team on which the ninth grade student plays. In either case (quarters and tournaments or length of season), once the limit is reached, the student must discontinue participation in both practices and game competition.

Any ninth grade student that plays with seventh and eighth grade students on a junior high/middle school basketball team must begin his/her 20 or 19 consecutive calendar weeks length of season as of the first practice date of the seventh and eighth graders whether these ninth graders are competing in another sport at that time or decide for whatever reason to come out late for the junior high/middle school team. The ninth grade students may move up and play with the senior high team when the junior high/middle school season concludes, but these ninth graders are limited by 20 or 19 consecutive calendar weeks and the games (quarters) and tournament limits of their high school team. Once one of these limits is reached, the affected ninth grade student may no longer practice or compete with any school team. Ninth grade students may begin practice with the high school team on the first allowable high school practice date, but may not have practiced or competed with or against seventh and eighth graders earlier.

It is important all principals, athletic directors, and coaches who are responsible for middle level/junior high school and freshmen athletic programs be aware of these provisions so they may take advantage of and benefit from the flexible scheduling allowed in these school programs. At the same time administrators will be able to protect and maintain the eligibility of students who will be involved in these programs.

School Administration Responsible for Fans at Home and Away Contests

By-Law 5.5.1 makes no distinction of whether a school is the visiting or home school as far as unsportsmanlike conduct is concerned. The school’s administration is responsible for the conduct of its team, coaches, students and fans at any interscholastic event in which the school is participating.

The failure to uphold proper standards of conduct causes much of the criticism and adverse publicity of interscholastic athletic events. Furthermore, improper conduct hinders the achievement of the educational values derived from athletics. Only with the conscientious effort of all administrators, coaches, fans, and players can we achieve the most worthwhile objectives of interscholastic athletics.

Interschool Scrimmages Not Permitted Before First Possible Contest

By-Law 3.16.5 defines a game as any organized play between teams not of the same school. Whether or not officials are hired, admission charged, etc., are not factors in determining whether the play constitutes a game. So-called “scrimmage games” cannot be played before the date of the first allowable contest and such competition must be counted as a game on the school’s schedule. Also, they may be played only if the school has not scheduled the maximum number of games allowed. This By-Law applies to all sports and all sport seasons.

The only exception to this is a new allowance for one Pre-Season Interschool Scrimmage in team sports (baseball, basketball, football, soccer, softball and volleyball) under certain defined conditions listed in By-Law 3.16.6 and Board Policy 25.

Appeals Committee Summary

Held October 9, 2013

The Appeals Committee heard one case and ruled as follows:

a. Granted appeal for unrestricted eligibility under provisions contained in MSHSAA By-Law 3.10.4.a, Corresponding Full-Family Change of Residence Transfers (transfer deemed as not being primarily made for athletic reasons):

1. Rock Bridge High School
Annual Questionnaire to be Online in February

Each year, a questionnaire is prepared by the MSHSAA executive staff and distributed to member schools in early February. Items are placed on the annual questionnaire by the Board of Directors for the purpose of obtaining a consensus from member schools which will aid the Board in determining changes in the Constitution and By-Laws in the regulations governing the administration of district and state events which are desired by the member-ship. The annual questionnaire will be online. School administrators are urged to discuss items included on the questionnaire with staff members whose programs would be affected to get their input before completing and returning the questionnaire.

The Board of Directors relies quite extensively on the responses received to the questionnaire items when making important decisions that affect your interscholastic program. All administrators are urged to participate in this decision making process of your association by completing and returning the question-naire.

Leadership Training Institute (LTI) Offered

The NIAAA certification process and the Leadership Training Institute (LTI) offer athletic administrators a national process to develop leadership and professionalism. All three levels of certification require that one have at least a Bachelor’s degree and send an application form and fee to the NIAAA in Indianapolis. The three levels of certification are:
The RAA (Registered Athletic Administrator) which is for those with little or no experi- ence in athletic administration. The RAA level requires that one take LTI 501 and 502, obtain the verifying signature of a sponsor (athletic administrator, principal, superintendent, state athletic/activities association staff), approval of a PDF (Personal Data Form) listing their experi-
ence, education, and contributions, and read the NIAAA Code of Ethics. The CAA (Certified Athletic Administrator) is for those with two or more years of experience. It requires that one take LTI 501, 502 and 504, approval of the PDF, pass a CAA examination of multiple choice questions with at least 75 correct answers out of 100 questions, employed by (or retired from) a school, school district or state high school athletic/activities association in such capacity that the administration of interscholastic athletics is (was) among job responsibilities, and read the NIAAA Code of Ethics. The CMAA (Certified Master Athletic Administrator) is for those with CAA certification. This level of certification requires that one take LTI 501, 502, 504, and 506. Additionally, the candidate must complete a minimum of six (6) LTI electives, three (3) each from Leadership and Management Categories. The candidate must be employed so that administration of interscholastic athletics is/was one’s primary re-sponsibility. In addition to approval of the PDF, submit supporting documentation of all require-ments and points earned since CAA designation, the candidate must complete a practical written exercise, optional program implementa-
tion and read the NIAAA Code of Ethics.

For certification forms or further informa-
tion, please contact the NIAAA in Indianapolis at (317) 587-1450.

Multiple-Game Events Conducted in Missouri

The following provisions must be met in multiple-game events conducted in Missouri in the sports of basketball, soccer and football organized by a college or university, a member school(s), or a non-school entity co-sponsored by an MSHSAA member school in order for MSHSAA member schools to participate:
a. In all games involving MSHSAA member schools (one or both opponents), the designated host school shall be an MSHSAA member school or the event organizer can designate an MSHSAA member school as the host of the overall event. If an MSHSAA member school is designated as the overall host of the event (i.e. initiating contracts between schools for all games, contracting all game officials and other administrative responsibilities), this overall event host school shall file a detailed financial summary of the event with the participating schools and the MSHSAA Office.
b. Game officials shall be approved by the participating schools, contracted directly by the host school administration, and registered with the MSHSAA in accord with By-Law 6.1.2.
c. All schools participating against MSHSAA member schools shall meet the provisions of 3.18.1. It is the responsibility of the MSHSAA member host school to confirm this status of the opposing school(s).
d. The event organizer shall file a financial report with the MSHSAA office within 90 days following the event. This is the responsibility of the event organizer. When a high school contest is held “in conjunction” with an intercollegiate contest(s), a financial report is not necessary.
e. Games that involve schools from other states may have state association standards and shall have the approval of the Board of Directors (via Non-School Sponsored Event Sanctioning Procedure) the a minimum of 30 days prior to the first date of the event.

Editor’s Note: A contest is “in conjunction” with an intercollegiate contest if the college and the high school events are conducted in the same sessions, tickets are sold as a single event, and the playing facility is not cleared between the contests. Items d and e reflect NCAA requirements.”

Appeals Committee Summary

Held September 11, 2013

One case was reviewed and decided on the basis of documentation presented by the Associate Executive Director to the Appeals Committee:
a. Denied appeal to grant unrestricted eligibility under provisions contained in MSHSAA By-Law 3.10.4.h, Hardship Transfer Application and granted restricted eligibility under Transfer Waiver, By-Law 3.10.4.i:
1. Beaumont

The Appeals Committee heard 11 cases and ruled as follows:
a. Granted appeals for unrestricted eligibility under provisions contained in MSHSAA By-Law 3.10.4.h, Hardship Application Transfers:
   1. Eldon
   2. Rockwood Summit
   3. Hazelwood East
   4. Mount Vernon
   5. North Andrew
b. Denied appeals to grant unrestricted eligibility under provisions contained in MSHSAA By-Law 3.10.4.h, Hardship Application Transfers:

   1. New Bloomfield
   2. Timberland
   3. Denied appeal to grant eligibility under provisions contained in MSHSAA By-Law 3.10.4.i (Waiver), (no eligibility for 365 days as appeal deemed for athletic reasons):
   1. Lindbergh
   2. Denied appeal to grant eligibility under provisions contained in MSHSAA By-Law 3.10.4.e (Special Transfers), (no eligibility for 365 days as appeal deemed for athletic reasons):
   1. Southwest (Livingston Co.)
e. Denied appeals to grant eligibility under provisions of Article IV, Section 6-p, Hardship Provision of the MSHSAA Constitution:
   1. Parkway North
   2. Cuba

MSHSAA Journal November 2013

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Held September 18-19, 2013
Board members present - Don Maurer, Paul Sulser, Mark Beem, Travis Brown, Ken Eaton, Mark Fisher, Toni Hill, Blane Keel, Paul Kinder, and Jennifer Schmidt. MSHSAA staff present - Urhahn, Schroeder, Richards, Davis, Long, Garner, Stahl, Thompson, West, and Mal Mayse (general counsel).

Approved the minutes of the MSHSAA Board of Directors of June 13, 2013 and the MSHSAA Appeals Committee meetings of August 21, 2013 and September 11-12, 2013.

Approved general consent items as presented.

Transfer Waiver Applications (By-Law 3.10.4.i) (Duplicate school names indicates an additional transfer(s) student(s) for that school): African Centered College Preparatory, African Centered College Preparatory, African Centered College Preparatory, Arcadia Valley, Ash Grove, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, Barat Academy, 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Continued from page 10

9. Requests for Lesser Penalties (By-Law 5.4):

Recommend action by school be accepted with reprimand issued and administration acknowledged for self-reporting - 

- Calvary Lutheran - Self-reported a violation of By-Law 3.10.4 by allowing a soccer athlete to participate in a contest after the transfer information was submitted and approved; 
- Centralia - Self-reported a violation of By-Law 3.29.1 by beginning football practice a week early at which time they practiced for three days before realizing they had begun a week early, the team is to refrain from practicing until August 22 which is three days after the allowable practice date, the 16 days of heat acclimatization is to begin on that date, students' eligibility is to be reinstated at that time, school to put procedures in place to avoid a violation of this nature; 
- Center (K.C.) - Self-reported a violation of By-Law 3.16.1 by allowing a student not enrolled officially at the school to put procedures in place to avoid a violation of this nature in the future; 
- Hickman - Self-reported a violation of By-Law 3.1 by the football team wearing pads in a practice before the allowable date, school will require one additional day of practice with helmets only, school to put procedures in place to avoid a violation of this nature in the future; 
- Incarnate Word - Self-reported a violation of By-Law 3.14.2, a non-school group sponsored a spring basketball league at the school and in error listed the school name on some of the registration forms, a coach from the school refereed for some of the games, the school coach has withdrawn from being associated with the league and the school name has been removed from the registration forms, students' eligibility should be reinstated; 
- Kennett - Self-reported a violation of By-Law 3.14.2, a non-school group sponsored a spring basketball league at the school and in error listed the school name on some of the registration forms, a coach from the school refereed for some of the games, the school coach has withdrawn from being associated with the league and the school name has been removed from the registration forms, students' eligibility should be reinstated; 
- Kendallville - Self-reported a violation of By-Law 3.14.2, an athlete not enrolled officially at the school was associated with the league and the school name has been removed from the registration forms, students' eligibility should be reinstated; 
- Kirkwood - Self-reported a violation of By-Law 3.1 by the football team wearing pads in a practice before the allowable date, school will require one additional day of practice with helmets only, school to put procedures in place to avoid a violation of this nature in the future; 
- Metro - Self-reported a violation of By-Law 3.10.4 by allowing two athletes to participate in a soccer jamboree before their eligibility was confirmed, athletes to be withheld from one contest after their eligibility is established, school to put procedures in place to avoid a violation of this nature in the future, no
Thayer - Self-reported a violation of By-Law coaching regulations, no forfeitures required; school team, school to instruct coaches on participate in any coaching activities of the parents informed that they could not are to have contact with the school team, were informed that no unapproved coaches coaching at a tournament, school coaches violation of By-Law 3.1.4 by the softball reinstated; St. Dominic - Self-reported a all coaches and directors of the schools dead with school personnel took place, the school department having contact with three students season, alumni cannot play in a team school that alumni games cannot be played is putting procedures in place to avoid a violation of this nature as well as put on probation for practice days and the first boys soccer contest has been suspended from coaching for three.--by an athlete who competed in a school jamboree and two school contests before it was detected that he had an information probation requiring community service hours, student to be withheld from competition until the community service hours are completed and is withheld from three school contests; Northwest (Cedar Hill) - Self-Reported a violation of By-Law 3.16 by exceeding the play limitations set forth for a football jamboree, athletes to be withheld from two quarters during the first and/or second junior varsity or freshman contests, procedures are to be put in place by the school to avoid a violation of this nature in the future; Park Hill - Self-Reported a violation of By-law 3.13.4 by a softball athlete pitching for a college coach during a school visit, athlete withheld from one school contest, school putting procedures in place to avoid a violation of this nature in the future; Pierce City - Self-reported a violation of By-Law 3.16.6.e by allowing an athlete to participate in a school scrimmage before he had completed the required days of conditioning, student being withheld from the first school contest, school putting procedures in place to avoid a violation of this nature in the future; Principia - Self-reported a violation of By-Laws 3.16.1, 3.16.6, 3.12.1 and 1.1.4 by the soccer coaching staff holding a preseason scrimmage with alumni and other interested individuals, upon detection of the team’s makeup the school head soccer coach has been suspended from coaching for three practice days and the first boys soccer contest of the season as well as put on probation for the remainder of the season, the assistant coach had been put on probation for the remainder of this school year, and the school is putting procedures in place to avoid a violation of this nature in the future - noted to school that alumni games cannot be played until the date of the first allowable contest and must count as a contest for that team and season, alumni cannot play in a team scrimmage; Salisbury - Self-reported a violation of By-Law 1.5 by the school’s music department having contact with three students during the school’s summer dead period, no practice or instruction took place but contact with school personnel took place, the school is putting in place procedures to better inform all coaches and directors of the schools dead periods, the students’ eligibility to be reinstated; Bishop DuBourg - Self-Reported a violation of By-Law 3.1.2 by a non-school tennis coach and players using the school’s tennis court during the schools summertime dead period, coach and athletes asked to leave the school property and informed of the summertime dead period regulations, school to make efforts to better communicate the dead period to students and coaches, students’ eligibility to be reinstated; Bishop DuBourg - Self-Reported a violation of By-Law 1.5.2 by a non-school tennis coach and players using the school’s tennis court during the schools summertime dead period, coach and athletes asked to leave the school property and informed of the summertime dead period regulations, school to make efforts to better communicate the dead period to students and coaches, students’ eligibility to be reinstated; Bishop DuBourg - Self-Reported a violation of By-Law 3.1.4 by the softball coaching staff allowing two parents to assist in coaching at a tournament, school coaches were informed that no unapproved coaches are to have contact with the school team, parents informed that they could not participate in any coaching activities of the school team, school to instruct coaches on coaching regulations, no forfeitures required; Thayer - Self-reported a violation of By-Law 2.3.2 by allowing an academically ineligible athlete to participate during the 2012-13 basketball season, contests are being forfeited, school putting procedures in place to avoid a violation of this nature in the future, student’s eligibility to be reinstated after establishing academic eligibility; Troy Buchanan - Self-reported a violation of By-Law 1.7 by exceeding the three hour practice time on one practice due to weather concerns when practice stopped and then resumed after a storm passed, school to reduce a practice by 30 minutes as a result of the violation; Van-Far - Self-reported a violation of By-Law 3.29.1 by the junior high school team beginning practice a week early and practicing for three days before the violation was determined, team quit practice and will not resume until three days after the allowable practice start date, school put procedures in place to avoid a violation of this nature in the future; Vianney - Self-reported a violation of By-Law 1.7 by the school’s football team wearing pads at practice before the allowable date, team to practice with helmets only for two days, head coach suspended from on field activities for two days, athlete’s eligibility to be reinstated. Recommend action by school be accepted and administration acknowledged for self-reporting with no further action - Affton - Self-Reported a violation of By-Law 3.16 by exceeding the play limitations set forth for a football jamboree, athletes to be withheld from one quarter during the first junior varsity or freshman contest, procedures are to be put in place by the school to avoid a violation of this nature in the future; Battle - Self-Reported a violation of By-Law 1.5.2 by an athlete who competed in a school preseason scrimmage before completing his ninth day of conditioning, student was withheld from two quarters during the first junior varsity or freshman contests, procedures are to be put in place by the school to avoid a violation of this nature in the future; Rock Bridge - Self-Reported a violation of By-Law 3.29.1 by the junior high school team beginning practice a week early and practicing for three days before the violation was determined, team quit practice and will not resume until three days after the allowable practice start date, school put procedures in place to avoid a violation of this nature in the future; Jennings - Self-Reported a violation of By-Law 3.16 by exceeding the play limitations set forth for a football jamboree, athletes to be withheld from two quarters during the first and/or second junior varsity or freshman contests, procedures are to be put in place by the school to avoid a violation of this nature in the future; Lutheran South - Self-Reported a violation of By-Law 3.16 by exceeding the play limitations set forth for a football jamboree, athletes to be withheld from one quarter during the first junior varsity or freshman contest, procedures are to be put in place by the school to avoid a violation of this nature in the future; Maysville - Self-reported a violation of By-Laws 2.2.2 and 2.2.4 by an athlete who competed in a school jamboree and two school contests before it was detected that he had an information probation requiring community service hours, student to be withheld from competition until the community service hours are completed and is withheld from three school contests; Northwest (Cedar Hill) - Self-Reported a violation of By-Law 3.16 by exceeding the play limitations set forth for a football jamboree, athletes to be withheld from two quarters during the first and/or second junior varsity or freshman contests, procedures are to be put in place by the school to avoid a violation of this nature in the future; Park Hill - Self-Reported a violation of By-law 3.13.4 by a softball athlete pitching for a college coach during a school visit, athlete withheld from one school contest, school putting procedures in place to avoid a violation of this nature in the future; Pierce City - Self-reported a violation of By-Law 3.16.6.e by allowing a student to participate in a school preseason scrimmage before completing his ninth day of conditioning, student was withheld from the first interscholastic contest, school putting procedures in place to avoid a violation of this nature in the future; Rock Bridge - Self-Reported a violation of By-Law 1.5.2 by a non-school soccer coach and players using the school’s soccer field during the schools summertime dead period, coach and athletes asked to leave the school property and informed of the summertime dead period regulations, school to make efforts to better communicate the dead period to students and coaches, students’ eligibility to be reinstated; Bishop DuBourg - Self-Reported a violation of By-Law 3.1.4 by the softball coaching staff allowing two parents to assist in coaching at a tournament, school coaches were informed that no unapproved coaches are to have contact with the school team, parents informed that they could not participate in any coaching activities of the school team, school to instruct coaches on coaching regulations, no forfeitures required; Thayer - Self-reported a violation of By-Law 2.3.2 by allowing an academically ineligible athlete to participate during the 2012-13 application for approval of Junior High Continued on page 13
implementing a one-year experiment which would eliminate preliminaries in the 800m run for Classes 1 and 2, with a two-section final at the state championships for Classes 3 and 4, heats based on place and time from the sectionals; 3) recommended presenting the Sectional-Plus Qualifier proposal to the MSHSAA Board of Directors to be reviewed for their input and suggestions; 4) recommended adding the event of Javelin to Track and Field as an experimental event for the next two-year cycle starting with the 2014-15 school year; 5) recommended looking into the possibility of using performance lists in the future for track and field.

Approved recommendations 3, 4, and 5, denied recommendation 1 and tabled recommendation 2 of the Track Advisory Committee.

- Granted the request for a late senior high cooperative request for 8-Man Football with Southwest (Livingston County), Breckenridge and Hale high schools.
- Determined to further discuss new language for the affiliate members concerning playing limitations at the junior high school level.
- Renewed the contract with Missouri Cotton Exchange to serve as the official souvenir vendor.
- Approved the land lease with AT & T to allow a cell tower on MSHSAA property.
- Long and Richards discussed the state championship site contracts that were scheduled to be re-bid. No action was taken regarding the championship site contracts.
- Accepted the Northwest Investigative Committee’s findings on a school investigation.
- Granted dissolution of the junior high cooperative agreement between Kirksville and Stover junior high schools.
- Denied dissolving the signed cooperative agreement for boys and girls basketball between Stewartsburg and Osborn junior high schools.
- Named Missouri Junior Golf Foundation as the Official Charity for 2013-14.
- Determined that no further action be taken against Jefferson City High School for a reported violation.
- Motion Eaton, second Brown, to enter into closed session for matters involving the eligibility status of students where personally identifiable private information from a student’s educational record may be reviewed or discussed. Section 610.021(6 and/or 14) R.S.Mo.; 20 U.S.C. 1232g(b); 34 C.F.R. 99.1 et seq.. Motion passed 9-1 on a roll call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown and Hill voting yes and Kinder voting no.

Motion Beem, second Sulser, to exit closed session. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

The following action was reported out of closed session.

- Motion Kinder, second Beem, to grant eligibility to the student at Beaumont High School. Motion passed 8-0 on a roll call vote with Kinder, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, and Hill voting yes and Eaton and Brown abstaining.

The Lindbergh High School student eligibility appeal was cancelled by the school, therefore, no appeal was heard.

- Motion Hill, second Keel, to grant eligibility to the student at North Callaway High School due to evidence of a hardship. Motion passed 8-2 on a roll-call vote, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown and Hill voting yes and Kinder and Eaton voting no.

- Motion Kinder, second Eaton, to uphold the MSHSAA Appeals Committee’s decision and deny unrestricted eligibility to the student at Sacred Heart High School due to a lack of a hardship. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

- Motion Eaton, second Schmidt, to uphold the MSHSAA Appeals Committee’s decision and deny unrestricted eligibility to the student at Christian Brothers College High School due to a lack of a hardship. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

- Motion Kinder, second Eaton, to uphold the MSHSAA Appeals Committee’s decision and deny unrestricted eligibility to the student at Helias High School due to a lack of a hardship. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

- Motion Kinder, second Sulser, to grant eligibility to the student at Oakville High School due to evidence of a hardship. Motion passed 9-1 on a roll-call vote with, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes and Eaton voting no.

- Motion Keel, second Beem, to grant eligibility to the student at Francis Howell Central High School due to evidence of a hardship. Motion passed 7-3 on a roll-call vote with Beem, Maurer, Schmidt, Fisher, Keel, Brown, and Hill voting yes and Eaton, Kinder and Sulser voting no.

- Motion Kinder, second Keel, to grant two additional semesters of eligibility to the student at Parkway North High School.
Motion passed 8-2 on a roll-call vote with Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes and Eaton and Sulser voting no.

Motion Eaton, second Keel, to enter into closed session for matters involving the eligibility status of students where personally identifiable private information from a student’s educational record may be reviewed or discussed. Section 610.021(6 and/or 14) R.S.Mo.; 20 U.S.C. 1232g(b); 34 C.F.R. 99.1 et seq. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

Motion Eaton, second Brown, to exit closed session. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

The following action was reported out of closed session.

Motion Kinder, second Keel, to grant eligibility to the student at New Bloomfield High School due to a hardship. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

Motion Hill, second Keel, to grant eligibility to the student at New Bloomfield High School due to a hardship. Motion passed 6-4 on a roll-call vote with Sulser, Maurer, Fisher, Keel, Brown, and Hill voting yes and Beem, Eaton, Kinder, and Schmidt voting no.

Motion Sulser, second Hill, to enter into closed session for matters involving confidential or privileged communications between the MSHSAA and its attorney. Section 610.021(1) R.S.Mo. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

Motion Keel, second Sulser, to exit out of closed session. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

No action was reported out of closed session.

Motion Beem, second Eaton, to enter into closed session for matters involving the eligibility status of students where personally identifiable private information from a student’s educational record may be reviewed or discussed. Section 610.021(6 and/or 14) R.S.Mo.; 20 U.S.C. 1232g(b); 34 C.F.R. 99.1 et seq. Motion passed 9-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, and Kinder voting yes.

Motion Beem, second Brown, to exit closed session. Motion passed 10-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, Kinder and Hill voting yes.

No action was taken during this closed session.

The meeting was adjourned the meeting for the day.

The meeting reconvened at 9:00 a.m. on Thursday, September 19, 2013. Toni Hill was not present for this session.

Motion Sulser, second Brown, to enter into closed session for matters involving the eligibility status of students where personally identifiable private information from a student’s educational record may be reviewed or discussed. Section 610.021(6 and/or 14) R.S.Mo.; 20 U.S.C. 1232g(b); 34 C.F.R. 99.1 et seq. Motion passed 9-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, and Kinder voting yes.

Motion Sulser, second Keel, to exit closed session. Motion passed 9-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, and Kinder voting yes.

The following action was reported out of closed session.

Motion Eaton, second Sulser, to deny waiver request of Holt High School under Article IV, Section 6-p of the MSHSAA Constitution for the reason that the requested waiver would violate the intent of MSHSAA By-Law 3.7.1 to require parental permission under the facts presented. Motion passed 9-0 on a roll-call vote with Eaton, Sulser, Beem, Maurer, Schmidt, Fisher, Keel, Brown, and Kinder voting yes.

The following dates have been set for meetings of the MSHSAA Board of Directors and Appeals Committee for the 2013-2014 school year: School administrators and coaches are reminded of how important it is to have your transfer forms and supporting documentation supplied to the MSHSAA office a minimum of two weeks before the Appeals Committee meeting

**Board of Directors**

- January 29-30, 2013 - MSHSAA office, Columbia (Wed.-Thu. of Week 30)
- March 12-13, 2014 - MSHSAA office, Columbia (Wed.-Thu. of Week 36)
- April 4-5, 2014 - Tan-Tar-A, Osage Beach (Fri.-Sat. of Week 30)
- June 18, 2014 - MSHSAA office, Columbia (Wed. of Week 50)

All meetings shall begin at 8:30 a.m. with the exception of April 4, 2014 meeting which shall begin at 1:00 p.m.

Anyone attending a meeting in the MSHSAA office who requires auxiliary aids or services should request such services by contacting the executive director of the MSHSAA, telephone (573) 875-4880, no later than 48 hours before the meeting.

Hearings of student eligibility shall be closed as matters involving the eligibility status of students where personally identifiable private information from a student’s educational record may be reviewed or discussed. Section 610.021(6 and/or 14) R.S.Mo.; 20 U.S.C. 1232g(b); 34 C.F.R. 99.1 et seq. All other portions of all meetings are open.

For more details on the sites and times of the meetings, contact the MSHSAA office or MSHSAA web site at www.mshsaa.org.
Weight-Control Requirements in Wrestling

All wrestlers shall utilize a weight-control program which will discourage severe weight reduction and/or wide variations in weight, because this may be harmful to the competitor. Such a program should be planned to involve the wrestler, his parents, his physician and his coach in establishing the minimum certified weight. The recommended minimum body fat should not be lower than 7 percent in males and 12 percent in females.

All wrestlers, grades 9-12, must be assessed by a MSHSAA Certified Assessor (list of assessors on the MSHSAA web site). The assessors will enter the information for each wrestler assessed into the NWCA Web Site through the OPC. Once entered this information will create an Alpha List for each school. A wrestler is not eligible to compete against another school, at any level, including exhibition matches, until the wrestler’s name appears on the school’s printout of the Alpha List.

If a coach enters a wrestler into competition against another school prior to that wrestler’s name appearing on the school’s Alpha List the coach has used an ineligible wrestler. PENALTY: 1) That match is forfeited; 2) The coach is ineligible to coach at the next contest at the next contest at the same level, after having his weight assessed, - just as if he had been ejected.

A wrestler is eligible for two weight classes without recertifying his/her minimum weight class. The wrestler is eligible for the weight class his Daily Minimum Weight, based on 1.5% weight loss per week, places him and the weight class above that. (Example: Wrestler’s Daily Minimum Weight is 137. Wrestler can compete at 138 or 145 without recertifying his minimum weight class.) If this wrestler weighs less than his Daily Minimum Weight he may still wrestle. (Example: This wrestler weighs 131 which is 4 pounds below his minimum weight for that date. Wrestler can wrestle at 138 only.) If the wrestler weighs more than his Daily Minimum Weight he may still wrestle. (Example: This wrestler weighs 140 which is 4 pounds above his minimum weight for that date. Wrestler can wrestle at 145 only. If the wrestler wrestles at 152 his minimum weight is recertified at 145 for the remainder of the season.

The coach is responsible for presenting the NWCA ALPHAA MASTER List with the minimum weight for that date for each of his wrestlers. (The coach should have a copy for the visiting coach.) If the coach fails to present the NWCA List at the weigh-in the coach shall fax the NWCA list to the opposing coach within 24 hours. The official shall file online a special report noting the failure of the coach to have his NWCA List at weigh-ins and the opposing coach shall notify the MSHSAA Office if the NWCA list is not received within 24 hours.

Each wrestler is required to make scratch weight, at least once, during the regular season once he/she has reached the minimum weight class they plan to wrestle in the District Tournament as determined by their weight management plan. The deadline for a wrestler to weigh-in at scratch weight is January 14, 2014. Exception: A wrestler who has not been medically released due to injury or an ineligible wrestler gaining eligibility must first complete the weight management assessment by a MSHSAA approved Assessor. The weight class in which the wrestler officially weighs in at for the first time, making scratch weight, on or after January 15 will be considered his/her minimum wrestling weight. All wrestlers qualifying for the exception are required to meet the first weigh-in requirement on or before the Saturday of Week 31 of the Standardized Calendar (February 8, 2014).

If using the Weight Certification Exception, the school AD and Coach are required to print off the Weight Certification Exception Document located on the Wrestling page of the MSHSAA website. The document must be completed entirely and submitted to the MSHSAA office to the attention of the Assistant Executive Director of Wrestling.

A 2lb. growth allowance will begin on January 15, 2014.

Attention: Wrestling Schools

The following items apply to the district and state wrestling tournaments this year:

- There will be four classes in wrestling.
- The MSHSAA Wrestling Championships will be held at Mizzou Arena in Columbia, February 20-22, using a double-elimination type format with complete wrestlebacks to sixth place with a total of 16 qualifiers in each weight class.
- Tickets: $8 per session (good for one entry to the facility per session)
- Time Schedule:

<table>
<thead>
<tr>
<th>Session 1: Class 1 &amp; 2</th>
<th>Thursday, 10 a.m.</th>
<th>1st-round and 1st-round wrestlebacks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 2: Class 3 &amp; 4</td>
<td>Tuesday, 5 p.m.</td>
<td>1st-round and 1st-round wrestlebacks</td>
</tr>
<tr>
<td>Session 3: All Class</td>
<td>Friday, 9:30 a.m.</td>
<td>Quarterfinals, 2nd-round wrestlebacks, Semifinals and 3rd-round wrestlebacks</td>
</tr>
<tr>
<td>Session 4: All Class</td>
<td>Saturday, 10 a.m.</td>
<td>4th-round wrestlebacks, 3rd-place and 5th-place matches</td>
</tr>
<tr>
<td>Session 5: All Class</td>
<td>Saturday, 4:30 p.m.</td>
<td>Finals</td>
</tr>
</tbody>
</table>

- The district tournament will be held February 14-15, 2014, and will be two-day tournaments comprised of approximately 14 schools. The top four place finishers in each weight class will advance directly to the state tournament. If at the district seeding meeting it is determined that there are no more than nine wrestlers in each weight class, the district tournament shall be held on Saturday only.
- Wrestlers will be provided with a two pound growth allowance on January 15 (Ex:106=108, etc.).
- Wrestlers will not receive an additional pound between the district and state tournaments. Weight classes for the state tournament for each day will be as follows: Thursday (106=108, etc.), Friday (106=109, etc.), Saturday (106=110, etc.).
- There will be a brief coaches meeting held at the state tournament prior to competition; therefore, it will be extremely important that all coaches read all information provided at the district tournament and all information provided in the state packets.

NFHS Weight Classes

Weight classes approved by the NFHS Wrestling Rules Committee will be implemented during the 2013-2014 wrestling season. The weight classes are to be used for ALL high school events (duals/triangulars/quads) and tournaments: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285. Note: All lower level (Freshmen/JV) events and tournaments must use the NFHS 14 approved weight classes.

Schools cannot allow the mere pooling of wrestlers that are close in weight for setting a pool/class for competition. This approach creates a vast amount of liability for the host school in the case of injured wrestler(s) not competing in the approved 14 weight classes. Pooling of wrestlers also creates potential weight management plan violations.
Holiday Basketball Tournament Regulations Reminders

All member schools should review MSHSAA By-Law 3.18 (Tournament, Meet, and Multiple-game Event Sanctioning Regulations) to ensure that all provisions of the regulation are being met as they apply to all sports. Particular attention should be directed to the specific regulations regarding the conducting of a Christmas or Thanksgiving holiday tournament. It is important that all member schools are familiar with these provisions if they plan to host a holiday tournament or before they accept an invitation to participate in one. Listed below are two important specific reminders:

1. A tournament held during the Christmas or Thanksgiving holidays can include no more than 16 schools on a bracket that is scheduled so no school will compete on more than one school night preceding a school day, and that causes no loss of school time.

2. A tournament held during the Christmas holidays that begins no earlier than the day following Christmas Day and ends before any school entered resumes classes following the holidays may consist of two divisions with no more than 16 teams in each division competing for divisional honors only or three divisions with no more than 8 teams in each division competing for divisional honors only.

If you have any questions about MSHSAA By-Law 3.18, call the MSHSAA for further clarification.

Bands at Basketball Contests

Part of the excitement at many of our interscholastic basketball contests involves the spirited music supplied by a pep or jazz band. The performances of the musical group are enjoyed by all attending the game. To ensure full appreciation of the group’s performances certain guidelines, indicating when to play, should be followed. Band directors are reminded that as a courtesy to the teams and cheerleaders of both schools, the performances by the band should be limited to a certain schedule. The guidelines listed below indicate an appropriate playing schedule for the band.

Guidelines for bands performing at basketball contests:

- The band should play before the game begins. The director should coordinate the schedule so that team members may be announced if desired by the host school.
- The band should play at halftime of the contest.
- The band should play again, at the end of the contest if desired.
- The band may play at the end of the contest if desired.
- The band should play during time-outs or the break between quarters in order to allow the sideline cheerleaders the opportunity to lead cheers. Players and coaches need to be able to communicate with each other during time-outs.
- Musical instruments may not be used as noise makers during the contests.

The band director and his/her performing group will display courtesy and respect to the players and sideline cheerleaders by playing at specific times. With good planning and cooperation the school pep band will be an integral part of the excitement and spirit of the contests.

Official Scorer for Basketball Apparel Requirement

The NFHS basketball rules committee implemented Rule 2-11-2 which now requires the official scorer to wear a black-and-white vertically striped garment. This is a 9-12 rule and is not a requirement but an option at the JH level. The NFHS rules committee felt that players, coaches and officials need to be able to quickly and easily identify the official scorer. Requiring the scorer to wear a striped garment will assist in this regard. In addition, wearing a striped garment will make the scorer look more professional.

Mandatory 14-Foot Coaches Boxes on Basketball Courts

It has come to the attention of the MSHSAA that there are numerous MSHSAA member schools that have gyms with basketball courts that do not have the mandatory coaches boxes on their court. There is a mandatory basketball game rule that involves those coaches boxes that must appear on the court.

Therefore, on all basketball courts that do not have these mandatory coaches boxes painted on their court, it is the responsibility of the host game management to place temporary strips of tape on the court before an interscholastic contest may begin. Officials are instructed not to begin any interscholastic contest until there are visible coaches boxes on the basketball court. These coaches boxes are to be located between 14 feet and 28 feet from each baseline unless an alternative location is approved in writing by the MSHSAA. Cooperation between MSHSAA member school host game management and game officials is appreciated and expected to insure the required fourteen-foot coaches boxes are present on all interscholastic basketball courts.
Wrestling Tournament Reminders

Every year the MSHSAA receives numerous questions about what is permitted and what is not concerning wrestling tournaments. For example, a frequently asked question is how many matches can a wrestler participate in during a tournament? The answer is a maximum of five matches each day of the tournament, excluding forfeits. The following items should answer most questions:

- Tournament Definition: “Any event in which awards are given and/or a champion is determined by any means or any format that involves five (5) or more teams, at one site, on any given date. All other contests at one site, on any given date will count as one non-tournament event.” By Law 381.1b
- Senior High School Wrestling Teams may compete in 15 events (no more than 6 of which may be tournaments).
- There is no limit on the number of teams participating in a tournament provided no team will compete on more than one school day.
- No wrestler shall compete in more than 50 matches, including forfeits, prior to the district tournament.

Skin Condition Report Form

Emphasis is placed on skin conditions that may restrict an athlete from participation. The concern is not only for opponents but also for teammates as an infectious condition will spread in wrestling rooms as well as in competition. A two-week (14 day) limit should be used as a guide for having a condition re-examined. Coaches need to be reminded about cleaning mats, uniforms, practice equipment and wrestling rooms on a regular basis. If a wrestler has any skin condition that appears to be communicable to the referee, the required 2013-2014 MSHSAA Skin Condition Form shall be presented to the referee at weigh-ins. This is the only form a referee will accept as “current, written documentation” that a skin condition is not communicable. Furthermore, a doctor’s letterhead, a sheet from the doctor’s prescription pad, or doctor’s business card shall be attached to the 2013-2014 MSHSAA Skin Condition Form to verify that the athlete has been seen by a doctor. The skin condition form will not be accepted without one of the three allowable attachments and the wrestler will not be permitted to wrestle. The only exception would be if a designated, on site physician is present and able to examine the wrestler immediately prior to or immediately after the weigh-in. (Rule 4-2-3). An on site physician diagnosis takes precedent over any skin condition form. It is now “highly recommended” by the Wrestling Advisory Committee and MSHSAA Board of Directors that all district tournaments have an on site physician for both days weigh-ins at the district tournament. The 2013-2014 MSHSAA Skin Condition Report Form can be found at the MSHSAA website on the Wrestling page. Note: ONLY the “current year” skin condition form (2013-2014) will be accepted at all weigh-ins. Note: The MSHSAA Board of Directors and SMAC now include Nurse Practitioners along with a D.O. and M.D. as physicians who may verify and complete the Skin Condition Report Form.

2013-14 Automatic Swimming & Diving Qualifying Standards

**SWIMMING- BOYS STATE QUALIFYING STANDARDS**

<table>
<thead>
<tr>
<th>EVENT</th>
<th>BOYS YARDS</th>
<th>BOYS METERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>200 Medley Relay</td>
<td>1:45.99*</td>
<td>1:58.17*</td>
</tr>
<tr>
<td>200 Freestyle</td>
<td>1:51.49*</td>
<td>2:03.53*</td>
</tr>
<tr>
<td>200 Individual Medley</td>
<td>2:06.09</td>
<td>2:20.09</td>
</tr>
<tr>
<td>50 Freestyle</td>
<td>22.99</td>
<td>25.73</td>
</tr>
<tr>
<td>100 ButterflyA</td>
<td>56.49</td>
<td>1:02.93</td>
</tr>
<tr>
<td>100 Freestyle</td>
<td>50.69</td>
<td>56.32</td>
</tr>
<tr>
<td>500y/400m Freestyle</td>
<td>5:07.99</td>
<td>4:30.42</td>
</tr>
<tr>
<td>200 Freestyle Relay</td>
<td>1:34.49*</td>
<td>1:45.45*</td>
</tr>
<tr>
<td>100 Backstroke</td>
<td>57.79*</td>
<td>1:04.20*</td>
</tr>
<tr>
<td>100 Breaststroke</td>
<td>1:04.49*</td>
<td>1:11.58*</td>
</tr>
<tr>
<td>400 Freestyle Relay</td>
<td>3:28.99*</td>
<td>3:52.81*</td>
</tr>
</tbody>
</table>

**SWIMMING- GIRLS STATE QUALIFYING STANDARDS**

<table>
<thead>
<tr>
<th>EVENT</th>
<th>GIRLS YARDS</th>
<th>GIRLS METERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>200 Medley Relay</td>
<td>1:58.99</td>
<td>2:12.79</td>
</tr>
<tr>
<td>200 Freestyle</td>
<td>2:01.99*</td>
<td>2:15.16*</td>
</tr>
<tr>
<td>200 Individual Medley</td>
<td>2:19.99</td>
<td>2:35.39</td>
</tr>
<tr>
<td>50 Freestyle</td>
<td>25.79</td>
<td>28.76</td>
</tr>
<tr>
<td>100 Butterfly</td>
<td>1:02.99</td>
<td>1:09.98</td>
</tr>
<tr>
<td>100 Freestyle</td>
<td>56.19*</td>
<td>1:02.48*</td>
</tr>
<tr>
<td>500y/400m Freestyle</td>
<td>5:29.39</td>
<td>4:48.94</td>
</tr>
<tr>
<td>200 Freestyle Relay</td>
<td>3:53.99</td>
<td>4:20.66</td>
</tr>
</tbody>
</table>

POOL SIZE: Please note that the Board of Directors has ruled that performances that take place in pools of distances less than 25-yards or 25-meters shall not be used for state qualification. See Swimming Manual for other qualifying criteria.

1M DIVING STATE QUALIFYING STANDARDS

- DD: The total degree of difficulty for six (6) dives must be twelve (12.0) or higher.
- Points: The qualifying points necessary for both the boys meet and the girls meet are 210.
- DIVE SELECTION - Six-Dive Meet: As per the NFHS diving rules, in a six dive meet a diver must perform a voluntary dive (assigned DD through 1.8) and five optional dives. In order to qualify for state competition only: 1) dives 101, 201, 301, 401 and 5111 may not be selected as an optional dive, and 2) the five optional dives must represent all five groups. The voluntary dive shall be selected from the voluntary group of the week according to NFHS Rule 9-4-6. [See Swimming Manual for Dive of the Week Table.]
- DIVE SELECTION - Eleven-Dive Meet: To qualify during a championship meet requiring eleven (11) dives, the competitor can pick six (6) of the eleven (11) dives by starring the dives to be used on the diving score sheet. In order to qualify for state competition only: 1) dives 101, 201, 301, 401 and 5111 may not be selected as an optional dive, and 2) the five optional dives selected for state qualification must represent all five groups. The MSHSAA and NFHS requirements for qualifying in a six (6) dive meet, including a dive from the voluntary group of the week, must be met. The competitor must complete all eleven (11) dives.
WINTER ATHLETICS

Classes 1, 2 and 3 Switch Show-Me Showdown Weekends with Classes 4 and 5

Starting with the 2012-13 season
Class 1, 2 and 3 will return to playing on the weekend of Show-Me Showdown I and Class 4 and 5 will play in Show-Me Showdown II. This change was recommended and approved by the Basketball Advisory, Athletic Directors Advisory and the Board of Directors. The state tournament dates for the 2013-14 are as follows:

**Stomping on Bleachers**

Large numbers of fans standing on and stomping bleachers in rhythm can create a physical hazard. Stomping adds additional physical strain which can conceivably cause the bleachers to collapse. This is particularly true of temporary bleachers erected for outdoor events and rollout bleachers used in gymnasiums. It is strongly recommended to all school administrators that steps be taken to eliminate the stomping of bleachers. Schools should be aware of the possible damage to the school property and the potential physical dangers to spectators in establishing any policies in this regard.

**Special Election -- Basketball Players Restricted to Playing in Six Quarters in One Day**

Coaches are reminded that MSHSAA By-Law 3.21.1 restricts basketball players from participating in more than six quarters on one calendar date. If a participant plays in a previous game on the same day or evening (either the junior varsity preliminary or some other game that day) then the total number of quarters in both games may not be greater than six. For example, a player who was in three quarters of the junior varsity contest may participate in three quarters of the varsity game.

This is an eligibility standard. Thus, the game officials have no authority to become involved in matters relating to the six quarter rule. Coaches and bench personnel (scorers) should discuss in advance of the varsity contest the number of quarters each boy and girl may play.

The minimum penalty for using a player for more than six quarters on a calendar date is forfeiture of the game in which the violation occurs. Over the course of a season, a player may play no more quarters than five times the number of games scheduled for the highest team on which he/she plays plus the allowable tournaments. This could be 100 quarters, if the team schedules 20 games and one tournament; 90 quarters, if the team schedules 18 games and two tournaments; or 80 quarters if the team schedules 16 games and three tournaments. The total number of quarters for a season did not change with the Special Election, only the number of quarters a player can play in one day.

**2013-14 Basketball Schedule**

All high schools participating in boys and/or girls basketball please note. Listed below are the pertinent dates associated with the 2013-14 Basketball Season:

- First Possible Practice All Classes: Nov. 4
- Pre-Season Scrimmages: Nov. 22 or 23
- First Possible Contest All Classes: Nov. 25
- District Tournaments Class 1, 2, and 3: Feb. 22 – March 1
- District Tournaments Class 4 and 5: March 1-8
- Class 1 Sectional Games: March 4
- Class 2 and 3 Sectional Games: March 5
- Class 1, 2, and 3 Quarterfinal Games: March 8
- Class 4 and 5 Sectional Games: March 12
- Class 4 and 5 Quarterfinal Games: March 15
- Show-Me Showdown I: March 13-15
- Show-Me Showdown II: March 20-22

If there are any questions, please contact Kevin Garner at the MSHSAA Office (573) 875-4880.

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**2014 SHOW-ME SHOWDOWN II**

**Session 1A:**

- Thursday, March 13 • HEARNES CENTER
  - 12 Noon – Class 5 Girls Semifinal
  - 1:40 p.m. – Class 5 Girls Semifinal
  - 3:20 p.m. – Class 2 Girls Semifinal
  - 5:00 p.m. – Class 2 Girls Semifinal
  - 6:40 p.m. – Class 2 Boys Semifinal
  - 8:20 p.m. – Class 2 Boys Semifinal

**Session 1B:**

- Thursday, March 13 • MIZZOU ARENA
  - 12 Noon – Class 1 Girls Semifinal
  - 1:40 p.m. – Class 1 Girls Semifinal
  - 3:20 p.m. – Class 1 Boys Semifinal
  - 5:00 p.m. – Class 1 Boys Semifinal
  - 6:40 p.m. – Class 3 Girls Semifinal
  - 8:20 p.m. – Class 3 Girls Semifinal

**Session 2: Third-Place Games**

- Friday, March 14 • MIZZOU ARENA
  - 11 Noon – Class 1 Girls Third-Place
  - 12:45 p.m. – Class 3 Boys Third-Place
  - 2:30 p.m. – Class 3 Girls Third-Place
  - 4:15 p.m. – Class 5 Boys Third-Place
  - 6:00 p.m. – Class 2 Girls Third-Place
  - 7:45 p.m. – Class 2 Boys Third-Place

**Session 3: Championship Games**

- Saturday, March 15 • MIZZOU ARENA
  - 11:00 a.m. – Class 1 Girls Championship
  - 12:50 p.m. – Class 1 Boys Championship
  - 2:40 p.m. – Class 3 Girls Championship
  - 4:30 p.m. – Class 3 Boys Championship
  - 6:20 p.m. – Class 2 Girls Championship
  - 8:10 p.m. – Class 2 Boys Championship

**2014 SHOW-ME SHOWDOWN I**

**Session 1A:**

- Thursday, March 20 • MIZZOU ARENA
  - 6:20 p.m. – Class 4 Girls Championship
  - 4:30 p.m. – Class 4 Boys Championship
  - 2:40 p.m. – Class 4 Girls Third-Place
  - 12:50 p.m. – Class 4 Boys Third-Place
  - 11:00 a.m. – Class 4 Girls Third-Place
  - 11 Noon – Class 4 Girls Third-Place

**Session 2:**

- Friday, March 21 • MIZZOU ARENA
  - 6:50 p.m. – Class 3 Boys Championship
  - 5:00 p.m. – Class 3 Boys Semifinal
  - 4:15 p.m. – Class 5 Boys Semifinal
  - 3:20 p.m. – Class 5 Boys Semifinal
  - 2:30 p.m. – Class 5 Boys Semifinal

**Session 3:**

- Saturday, March 22 • MIZZOU ARENA
  - 8:30 p.m. – Class 3 Boys Semifinal
  - 8:20 p.m. – Class 4 Boys Championship
  - 8:00 p.m. – Class 3 Boys Semifinal
  - 7:45 p.m. – Class 2 Boys Third-Place
  - 6:40 p.m. – Class 2 Boys Championship
Track and Field Advisory Committee Summary

Held June 4, 2013

1. Recommended issuing passes for the managers at the State Track and Field Championships, limiting the number of managers to two.
2. Recommended implementing a one-year experiment which would eliminate preliminaries in the 800 meter run for Classes 1 and 2, with a two-section final at the state championships for Classes 3 and 4, heats based on place and time from the sectionals. (Survey all classes in Fall of 2013 for input)
3. Recommended presenting the Sectional-Plus Qualifier proposal to the MSHSAA Board of Directors to be reviewed for their input and suggestions.
4. Recommended adding the event of Javelin to Track and Field as an experimental event for the next two-year cycle starting with the 2014-15 school year.
5. Recommended looking into the possibility of using performance lists in the future for track and field. (Calculate the cost related to this function)

Show-Me Scholar Bowl Question Provider

The question provider for the 2014 MSHSAA Scholar Bowl districts and state series will be National Academic Quiz Tournaments. Should schools wish to purchase practice questions, simply contact National Academic Quiz Tournaments, LLC via their website: NAQT.com.

2012-13 Show-Me Scholar Bowl Questions Available for Purchase

The questions which were used at the 2012-13 MSHSAA Scholar Bowl District and State tournaments, written by National Academic Quiz Tournaments, are available for purchase from the MSHSAA. The price for a set of these questions is $50.00 plus shipping and handling for 8 games (5 District + 3 Sectional games) or $100.00 for 18 games (5 District + 3 Sectional + 10 State Games). Schools that are interested in purchasing these questions must contact MSHSAA by phone or mail (the questions are included on the MSHSAA order form located on the website).

The question provider for the 2013-14 Scholar Bowl district and state tournament series is National Academic Quiz Tournaments, LLC, and these questions will be available for purchase following this year’s State Championships.

Debate Judges Needed for State Debate Tournament

There may be a shortage of qualified debate judges for this year’s tournament. Any school able to supply an extra judge or judges should contact Greg Stahl at the MSHSAA, (573) 875-4880 ext. 3007. Please note that schools qualifying four or more students indebate (Cross-Examination, Lincoln-Douglas, and Public Forum) for the state tournament are required to provide a second debate judge. Your assistance and cooperation will be greatly appreciated.

Placement of Sideline Cheer Squads During Basketball Contests

Sideline cheer coaches should coordinate the placement of the sideline cheer squads at basketball contests with the school athletic administrator or building principal. When possible, it is suggested that the squads should cheer along the sidelines close to the intersection of the sideline and baseline. If space does not permit, the squad should be located along the baseline but not beneath the basket or within the area of the free throw lane lines extended. In all locations the squad should be back at least three or four feet from the boundary lines.

Sideline cheerleaders should always be aware of the actions occurring in the contest and be prepared to move as play advances toward them. The squad should also be attentive of the movement of the contest officials to be certain they do not interfere with their officiating responsibilities.

Schools to Provide Timers at State Speech

Timekeepers for the MSHSAA Speech and Debate Championships will be provided by participating schools. Upon recommendation of the Speech Advisory Committee and approval of the Board of Directors, each school qualifying in Cross Examination, Lincoln-Douglas, Public Forum Debate, or any individual event, shall provide a timekeeper. Schools with qualifiers on Friday and Saturday shall be prepared to bring a timekeeper each day. The MSHSAA will select timekeepers for individual events and notify the schools of their responsibilities.

Late Penalty Fees Assessed for District and State Speech

Schools submitting entries after the specified deadline date (30 days prior to your tournament) for the district events in speech, debate and theatre shall be assessed a late entry penalty fee of $100.00. To avoid being assessed the penalties, directors should be certain to submit their district and state entries by the appropriate deadlines through their school home page of the MSHSAA website.

Computer use in Speech and Debate Clarified

1. Non-Internet connected computers, electronic storage, retrieval devices, etc. shall be allowed in rounds of Policy, Lincoln-Douglas and Public Forum Debate. Connectivity to any person, machine, device, server outside the competition room, wired and/or wireless networks is strictly prohibited during all rounds. Other prohibited devices include cell phones and personal digital assistants. (Ex: Palm/Treo/Blackberry/etc.)
2. Tablets and E-Reader’s, without sound or video capabilities, are now permitted in Prose Reading and Poetry Reading events.
4. The use of electronic devices without sound capabilities is now permitted in Radio Speaking.

VIOLATIONS: A violation of any rule/regulation for an event will result in disqualification from the event. Any official protest of a disqualification shall be directed to and ruled upon by the tournament grievance committee who has the authority to overturn a disqualification.

Placement of Sideline Cheer Squads During Basketball Contests

Sideline cheer coaches should coordinate the placement of the sideline cheer squads at basketball contests with the school athletic administrator or building principal. When possible, it is suggested that the squads should cheer along the sidelines close to the intersection of the sideline and baseline. If space does not permit, the squad should be located along the baseline but not beneath the basket or within the area of the free throw lane lines extended. In all locations the squad should be back at least three or four feet from the boundary lines.

Sideline cheerleaders should always be aware of the actions occurring in the contest and be prepared to move as play advances toward them. The squad should also be attentive of the movement of the contest officials to be certain they do not interfere with their officiating responsibilities.
Avoiding Problems and Penalties in Music

Each year, there are numerous problems that develop regarding music festival entries. In order to avoid possible problems directors must be knowledgeable of MSHSAA policies, procedures, and rules. While these policies, procedures, and rules are provided to the school each year in the MSHSAA Music Manual, directors are not always as diligent as they should be to become informed. The result is often an unfortunate and unpleasant situation that could have been avoided with better preparation on the part of the directors. The following is an appropriate procedure for directors to follow which should help to prevent problems.

Early in the school year, the school administrator shall complete the required eligibility roster for all music students that will be participating in competitive/evaluation music events during the academic year. The eligibility roster must be completed online through the MSHSAA website www.mshsaa.org. This must be done prior to the first competitive/evaluation music event of the school year. List only those students that meet the student eligibility requirements of MSHSAA as well as those of the school. Any student who does not meet the requirements is not eligible and cannot be listed. This procedure will be repeated at the beginning of second semester and any changes to the eligibility roster notated. This will address student eligibility for all competitive/evaluation music events for the school year including the district and state music festival. This is a separate roster from the Festival Manager Program. The Festival Manager Program roster is used only for the MSHSAA District and State Music Festivals.

In August, a packet should have been received by the school athletic administrator of MSHSAA member schools registered to participate in music activities, with instructions to forward to the music directors. This packet contained information regarding registration with the MSHSAA Festival Manager Program as well as general information about the festival manager program. The music manual is available on the MSHSAA website under the 'Music Activities' link. This will allow each music director to print and have their own copy for review at any time. Please take the time to read it completely. If you have read the manual thoroughly previously, you should be able to go to the “Points of Emphasis” section and read it. This will include the major revisions in the manual for the current year. New wording has been underlined, areas of emphasis appear in bold text and all penalties appear in gray boxes. It is the director’s responsibility to know, understand and follow the stated rules for the festival and to communicate this information to students and parents.

In order to avoid some of the most common problems, pay particular attention to the following areas:

• **Entry deadline dates and late entry procedures**: One problem that occurs each year is late entries. The Music Advisory Committee has spent a great amount of time discussing this procedure. The policy appears in the MSHSAA Music Manual under Section 2-I. Refer to article Procedure for Late Submission of Music Entries located elsewhere in this Journal.

• **Limitations on entries**: An individual student may enter no more than two small vocal ensembles, no more than two wind/percussion small ensembles and no more than two string small ensembles. No student shall enter two identical ensembles (i.e. ensembles with the same instrumentation or voicing). A student can also perform one vocal solo and multiple instrumental solos.

• **Performance time limits**: Another area of which directors must be knowledgeable is the minimum performance time limit. Solo and small ensemble performances shall be a minimum of 3 minutes. If a performance is less than 3 minutes in length, an additional work should be chosen from the MSHSAA Prescribed Graded List to bring performance to at least 3 minutes. A penalty of “one rating lower” shall be imposed for any solo/small ensembles that perform less than 3 minutes.

• **Scores**: For small ensemble entries, the adjudicator must be supplied an original publication of the score of the work with each measure numbered. If a score is not published, contact the publisher and request permission to create one. Separate parts or an incomplete score will not be allowed and will result in the rating being lowered one rank. Exception: For string duets only, if no score of the work is available and the music publisher will not grant permission to create a score, then individual parts may be provided to the adjudicator.

• **Accompaniment**: Accompaniment is required if one is written for the work selected but cannot be used if the work is to be unaccompanied. Also, an individual serving as an accompanist may only accompany up to 20 performances per day at the festival.

• **Supervision**: As the entries at the festival are school entries, it is required that students be accompanied and supervised at the festivals by a member of the faculty or administration of the school or school district. If no faculty member is present, the school’s entries will be considered disqualifications.

While these areas are not all-inclusive of possible pitfalls, they should be of help to directors to prevent many possible problems. It is imperative that directors be knowledgeable of the rules of the festival. We owe it to our students to prevent problems and teach them that rules exist for good reasons and must be followed.
Procedure for Late Submission of Music Entries

The following procedure has been approved by the MSHSAA Board of Directors regarding late fees for the MSHSAA District and State Music Festivals. This information is also available in Section 2-I of the MSHSAA Music Manual. The music manual is available for viewing and/or printing via the MSHSAA website under the Music Activities link.

Each music district has established a Tuesday district entry deadline date. Deadline information is available through the MSHSAA Festival Manager Program and the MSHSAA website. Any director that fails to submit entry(s) or has left off entry(s) after the established Tuesday district deadline may submit these entry(s) by 4:00 p.m. on the Thursday immediately following the Tuesday district deadline. Any school submitting entry(s) after the Tuesday district deadline shall be assessed a late fee of $100 plus a doubling of the entry fee(s). The MSHSAA Office shall be notified before any late entry(s) are accepted. (Section 2-I-1)

Once the second penalty deadline has passed and the school music director has failed to enter one or more events for the district solo/small ensemble and/or large group festival the director may enter the event(s) under the following conditions. (Section 2-I-2)

1. Only entries that were omitted after the penalty deadline are eligible to enter. No scratches and/or cancellations will be allowed to enter. Only events that did not appear on any previously submitted entry form are eligible. The school music director must call the MSHSAA office for approval prior to submitting a late entry form.
2. A late entry fee of $300 PER EVENT will be assessed to the school.
3. The district festival manager will be notified by the MSHSAA office advising them of the late entry or entries. This will allow the festival manager to schedule the event(s) to the festival schedule and print the necessary ballot(s).
4. Each late entry will be scheduled at the end of the day. It is at the discretion of the festival manager to place the late entry in an earlier time slot IF one is available. If there are no cancellations the event shall be scheduled at the end of the day.
5. Schools will only be allowed to submit late entries to the district in which their school has been assigned. No school will be allowed to participate in a different district festival.

School directors and administrators should note that changes in entries submitted are only possible as specified below.

Entry changes and additions to previously submitted entries: Entry changes and additions to previously submitted entries can be made prior to the stated district entry deadline. Once the district entry deadline has passed, entries will only be accepted as outlined above.

After the district entry deadline date has passed, changes to previously submitted entries shall be permitted as follows:
• Selection changes for entries: Manager must be notified in writing by mail, e-mail, or fax.
• Cancellations: Manager must be notified in writing by mail, e-mail, or fax.
• Substitution of participants in small ensembles. Manager must be notified in writing by mail, e-mail, or fax.

After the district entry deadline date has passed, changes to previously submitted entries shall NOT be permitted as follows:
• Adding entries: Entries not listed on the previously submitted computer entries cannot be accepted after the district festival has concluded. Refer to Section 2-I (Late Submission of Music Entries)
• Substituting an entry for a cancelled entry
• Verbal notification of substitution in a small ensemble
• Verbal notification of selection changes
• Verbal notification of cancelled entries

A substitution may be made in an ensemble at the district festival for participants who are ill or are unable to perform on the date of the festival provided written statement of verification is signed by the school director and is provided to the festival manager prior to the performance. Confirmation of eligibility of the substitution must be submitted following the festival signed by the school principal. The substitute must adhere to the limitations on entries as listed in the MSHSAA Music Manual. If a substitution is made at the district level and the entry qualifies for the state festival, the entry would be required to perform at the state festival with the students that performed at district unless substitution is necessary at state.

District or state schedules shall not be altered without consent of the festival manager. Penalty for the violation shall be disqualification of the entry/entries involved. Changes in the state schedule shall not be made unless a direct schedule conflict exists.

MSHSAA Music Adjudicator Training Session

The MSHSAA will sponsor one music adjudicator training session this school year. It will be held at the MMEA Conference on Wednesday, January 22, 2014. If you would like to register for this session, simply complete the registration form located on the MSHSAA website under the ‘Music Activities’ link and return it to MSHSAA. This program was developed by the MSHSAA Adjudicator Training Committee. The committee, which included music educators and experienced music adjudicators, was appointed by the MSHSAA Board of Directors as a result of a recommendation by the MSHSAA Music Advisory Committee. The main reason for embarking on the program was to bring about improved consistency among adjudicators statewide.

The specific objectives of the program as identified by the committee are:
• To make the adjudication process a constructive and educational experience for all participants in the MSHSAA Evaluative Music Festivals.
• To establish a consistent evaluation process by adjudicators at all MSHSAA Music Festivals.
• To establish an ongoing system of certification for music adjudicators.
• To establish an ongoing system of evaluation for music adjudicators.

This session is open to any music educator at no charge. In order to be certified to judge at the MSHSAA festivals, it is a requirement that the attendees have 7 years of teaching experience. Music educators with less than seven years teaching experience are welcome to attend and would likely find the session beneficial. Again, to register, simply complete and return the registration form available on the MSHSAA website under the link ‘music activities’ or the MMEA website. Registration deadline is January 12, 2014.
Routing Report

This routing report is provided to assist principals and athletic directors in ensuring that the MSHSAA Journal is seen by all necessary school personnel. Each individual should check the appropriate box after having read the Journal and pass it on to the next individual on the list or return it to the athletic administrator.

- Athletic Director
- Baseball Coach
- Girls Basketball Coach
- Boys Basketball Coach
- Girls Cross Country Coach
- Boys Cross Country Coach
- Football Coach
- Boys Golf Coach
- Girls Golf Coach
- Girls Soccer Coach
- Boys Soccer Coach
- Softball Coach
- Girls Swimming Coach
- Boys Swimming Coach
- Girls Tennis Coach
- Boys Tennis Coach
- Girls Track & Field Coach
- Boys Track & Field Coach
- Girls Volleyball Coach
- Boys Volleyball Coach
- Wrestling Coach
- Cheerleading Sponsor
- Band/Music Director
- Speech and Debate Sponsor
- Academic Competition Sponsor
- Other: ____________________
- Other: ____________________
- Other: ____________________