

2019 Track and Field Comments on the Rules

COMMENTS ON THE 2019 RULES CHANGES

4-3-1 - This change eliminates the redundant language in Article 1. Current logo/trademark/reference restrictions will remain in place for all uniform top and/or bottoms. The current interpretation of foundation garment has been expanded to include any item worn under the uniform top and/or bottom. This change will minimize issues related to logo/trademark/reference, color and length of undergarments. The games committee has the authority to restrict the wearing of any item outside of the required school uniform and therefore could create more restrictive rules regarding items worn under the uniform if deemed appropriate.

4-3-2 – With the increase of number of programs nationwide that are allowing individual team members the option to independently purchase either all or part of their team uniform, the uniform rule has become increasingly more difficult to officiate. Slight differences in design of uniform do not negatively impact the identification of a relay or cross country team. Officials should be able to observe that all members are from the same team.

6-2-20 – Adds consistent language through all NFHS Track and Field books on how to indicate successful trials, failed attempts, and passed trials.

6-6-11, 6-8-12 –The addition of language to the nearest centimeter puts this rule in line with other rule codes and enables states that are using the metric system to give a fairer depiction of the actual performance.

6-9-4, 6-9-5, 6-9-7 –One of the 2017-18 NFHS Board Goals is to address specific areas of risk in all NFHS Sports. These changes ensure that pit measurements are within industry standards for safety.

8-1-1 thru 3 – Clarifies course markings to better describe a legal course layout.

8-3-2 thru 5 – Currently there are three methods for determining order of finish in cross country: the traditional hand timing with tear tags, shoe or bib chips and photo finish systems. This rule change clarifies that no matter the system being used, the order of finish is based on when the torso crosses the finish line.

