

2019 District Qualifying Standards

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Boys	Class 1	Class 2	Class 3	Class 4	Class 5	
4X800 M Relay	8:40.83	8:31.57	8:18.10	8:06.04	8:02.60	
110 M HH	16.77	16.25	15.52	15.22	15.15	
100 M	11.67	11.44	11.22	11.08	11.00	
4X200 M Relay	1:36.25	1:33.73	1:32.22	1:30.89	1:29.67	
1600 M	4:43.43	4:39.17	4:31.46	4:23.83	4:22.66	
4X100 M Relay	46.38	45.23	44.12	43.36	42.83	
400 M	52.84	51.85	50.84	49.98	49.85	
300 M IH	42.98	42.28	40.73	40.26	40.13	
800 M	2:04.87	2:02.98	1:59.80	1:58.73	1:57.54	
200 M	23.59	23.14	22.7	22.35	22.28	
3200 M	10:33.93	10:21.00	10:00.44	9:34.64	9:38.99	
4X400 M Relay	3:38.06	3:33.88	3:29.37	3:26.48	3:24.04	
Discus	127-00	136-10	144-03	151-02	149-11	
Shot Put	44-02 1/2	46-06	48-00 1/2	50-08 1/4	51-11 1/4	
Javelin	145-04	143-01	139-07	150-11	161-00	
High Jump	5-11 1/4	6-00 3/4	6-02	6-02	6-03	
Long Jump	19-07 1/2	20-02 3/4	20-10 3/4	21-04 3/4	21-07 3/4	
Triple Jump	40-04 1/2	41-04 1/2	42-05 3/4	43-10 1/2	44-03 1/4	
Pole Vault	11-04	12-03 3/4	13-02	13-05 1/2	13-11 1/2	
Girls	Class 1	Class 2	Class 3	Class 4	Class 5	
4X800 M Relay	10:19.49	10:23.46	10:09.37	9:46.60	9:38.63	
100 M HH	17.18	16.81	15.777	15.57	15.52	
100 M	13.26	12.97	12.73333	12.49	12.42	
4X200 M Relay	1:52.91	1:50.92	1:48.31	1:45.54	1:44.12	
1600 M	5:41.05	5:34.56	5:23.42	5:12.34	5:09.31	
4X100 M Relay	53.59	52.29	51.1	49.82	49.36	
400 M	1:02.55	1:01.35	1:00.02	59.56	58.22	
300 M LH	49.43	49.61	47.778	46.92	46.15	
800 M	2:30.29	2:25.83	2:24.99	2:20.47	2:20.43	
200 M	27.33	26.67	26.08	25.71	25.45	
3200 M	12:45.33	12:43.21	11:58.63	11:31.99	11:17.48	
4X400 M Relay	4:21.49	4:18.05	4:11.18	4:05.10	4:01.27	
Discus	102-11	107-04	111-02	121-03	120-08	
Shot Put	33-11	35-01 1/2	36-11 1/4	38-02 3/4	39-01 1/4	
Javelin	104-05	111-03	111-04	114-02	119-05	
High Jump	4-10 1/2	5-00 1/4	5-00 1/2	5-01 3/4	5-01 3/4	
Long Jump	15-04 3/4	16-01 1/2	16-06 1/4	16-11	17-02 3/4	
Triple Jump	33-01 1/2	33-07 1/4	34-07 3/4	35-10 1/2	36-04	
Pole Vault	8-01 1/2	9-00 1/4	9-04 1/2	10-06 1/2	10-05 1/4	