

EMERGENCY ACTION PLAN

State Cross Country Championships

Gans Creek Cross Country Course

Emergency Personnel:

Physician Certified Athletic Trainer, Coaches and Administration Staff.

Emergency Communication:

The Certified Athletic Trainers and/or Coach carry cellular telephones. Because the facility is located at a neutral site and is spread over the entirety of the golf course, Administration staff and medical staff will have access to two-way radios for emergency communication.

Emergency Equipment:

Arranged ahead of time for EMS to be on site at all times that racing is taking place. Supplies and equipment brought to the Gans Creek Cross Country Course for races include taping and bracing supplies, general trauma and wound care kits.

Roles of Physician/Certified Athletic Trainer (ATC)

- Immediate evaluation and care of the more seriously-injured or ill student-athletes.
- Activation of emergency medical system (EMS).
- 911 call (provide name, address, telephone number; number of individuals injured, condition of injured, first aid, treatment, specific directions and other information as requested).
- Return to play decision-making on the injured student-athlete.
- Physician/Hospital referral of the injured student-athlete.
- Contacting the parent(s) of the injured student-athlete.

Roles of Administrative Staff/Coaches

- Direct EMS personnel (ambulance) to scene.
- Unlock and open gates for entrance to Gans Creed Cross Country Course.
- Designate individual to "flag down" EMS and direct to scene, if not already on site.
- Area control: limit area to sports medicine personnel and move bystanders (including players) away.
- Ensure parking lot is clear and accessible to emergency personnel.

Documentation

- Documentation of incident completed within 24 hours.

Venue Directions:

- Exit off of Highway 63 via the Discovery Pkwy. exit.
- Turn west onto Gans Road.
- The Gans Creek Cross Country Complex will be on your left.
- Address: 3350 E. Gans Road. Columbia, MO 65201