

# 2025-26 Official MSHSAA Diving Scoresheet

Name \_\_\_\_\_ School \_\_\_\_\_

Meet \_\_\_\_\_ Site \_\_\_\_\_ Date \_\_\_\_\_

Grade \_\_\_\_\_ Varsity \_\_\_\_\_ J.V. \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_

**PRELIMS (Dives 1, 2, 3, 4, 5 — 2 Voluntary and 3 Optional)**

True DD Total for **5 Voluntary Dives** =

Note: Total may not exceed 9.0

ORDER  
OF  
FINISH

TOTAL  
POINTS  
AWARDED

Diving  
Order

| Dive<br>Order                                                  | Dive<br>Number | DIVE DESCRIPTION | Dive<br>Pos. | JUDGES POSITIONS AND SCORES |    |    |    |    |    |    | Judges<br>Total | Deg.<br>of<br>Diff. | POINTS<br>AWARDED |  |  |  |  |
|----------------------------------------------------------------|----------------|------------------|--------------|-----------------------------|----|----|----|----|----|----|-----------------|---------------------|-------------------|--|--|--|--|
|                                                                |                |                  |              | J1                          | J2 | J3 | J4 | J5 | J6 | J7 |                 |                     |                   |  |  |  |  |
| 1                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 2                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 3                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 4                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 5                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| <b>SEMIFINALS (Dives 6, 7, 8 — 2 Voluntary and 1 Optional)</b> |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 6                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 7                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 8                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| <b>FINALS (Dives 9, 10, 11 — 1 Voluntary and 2 Optional)</b>   |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 9                                                              |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 10                                                             |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |
| 11                                                             |                |                  |              |                             |    |    |    |    |    |    |                 |                     |                   |  |  |  |  |

C/T = Tuck, B/P = Pike, A/S = Straight, D/F = Free (See Reverse Side for Diving Table)

**6-DIVE MEETS:** List voluntary dive first. Spaces 2-6 for optional dives.

**11-DIVE MEETS:** List dives in each section as per NFHS Rule 9: Diving. Circle dive number and DD for voluntary dives.

**COACHES:** Refer to the MSHSAA Swimming & Diving Manual for the specific qualifying requirements for the MSHSAA Diving Championships.

\*\*\* INCOMPLETE SCORESHEETS **NOT ACCEPTED** FOR MSHSAA DISTRICT DIVING ENTRY. \*\*\*

TOTAL SHEET DD=

TOTAL POINTS

**Signatures —**

Diver: \_\_\_\_\_

Coach: \_\_\_\_\_

Referee: \_\_\_\_\_

# ONE-METER DIVING TABLE

| Dive_                | Dive                                | C/T | B/P | A/S | D/F |
|----------------------|-------------------------------------|-----|-----|-----|-----|
| Order                | No.                                 |     |     |     |     |
| <b>FORWARD DIVES</b> |                                     |     |     |     |     |
| 101                  | Forward Dive.....                   | 1.2 | 1.3 | 1.4 | —   |
| 102                  | Forward 1 SS.....                   | 1.4 | 1.5 | 1.6 | —   |
| 103                  | Forward 1 1/2 SS.....               | 1.6 | 1.7 | 2.0 | —   |
| 104                  | Forward 2 SS.....                   | 2.2 | 2.3 | —   | —   |
| 105                  | Forward 2 1/2 SS.....               | 2.4 | 2.6 | —   | —   |
| 106                  | Forward 3 SS.....                   | 2.9 | 3.2 | —   | —   |
| 107                  | Forward 3 1/2 SS.....               | 3.0 | 3.3 | —   | —   |
| 112                  | Forward Flying 1 SS.....            | 1.6 | 1.7 | —   | —   |
| 113                  | Forward Flying 1 1/2 SS.....        | 1.8 | 1.9 | —   | —   |
| <b>BACK DIVES</b>    |                                     |     |     |     |     |
| 201                  | Back Dive.....                      | 1.5 | 1.6 | 1.7 | —   |
| 202                  | Back 1 SS.....                      | 1.5 | 1.6 | 1.7 | —   |
| 203                  | Back 1 1/2 SS.....                  | 2.0 | 2.3 | 2.5 | —   |
| 204                  | Back 2 SS.....                      | 2.0 | 2.3 | —   | —   |
| 205                  | Back 2 1/2 SS.....                  | 3.0 | 3.2 | —   | —   |
| <b>REVERSE DIVES</b> |                                     |     |     |     |     |
| 301                  | Reverse Dive.....                   | 1.6 | 1.7 | 1.8 | —   |
| 302                  | Reverse 1 SS.....                   | 1.6 | 1.7 | 1.8 | —   |
| 303                  | Reverse 1 1/2 SS.....               | 2.1 | 2.4 | 2.7 | —   |
| 304                  | Reverse 2 SS.....                   | 2.1 | 2.4 | —   | —   |
| 305                  | Reverse 2 1/2 SS.....               | 3.0 | 3.2 | —   | —   |
| <b>INWARD DIVES</b>  |                                     |     |     |     |     |
| 401                  | Inward Dive.....                    | 1.4 | 1.5 | 1.8 | —   |
| 402                  | Inward 1 SS.....                    | 1.6 | 1.7 | —   | —   |
| 403                  | Inward 1 1/2 SS.....                | 2.2 | 2.4 | —   | —   |
| 404                  | Inward 2 SS.....                    | 2.8 | 3.0 | —   | —   |
| 405                  | Inward 2 1/2 SS.....                | 3.1 | 3.4 | —   | —   |
| 412                  | Inward Flying SS.....               | 2.0 | 2.1 | —   | —   |
| 413                  | Inward Flying 1 1/2 SS.....         | 2.7 | 2.9 | —   | —   |
| <b>TWIST DIVES</b>   |                                     |     |     |     |     |
| 5111                 | Forward Dive, 1/2 Twist.....        | 1.6 | 1.7 | 1.8 | —   |
| 5112                 | Forward Dive, 1 Twist.....          | 1.9 | 2.0 | —   | —   |
| 5121                 | Forward 1 SS, 1/2 Twist.....        | —   | —   | 1.7 | —   |
| 5122                 | Forward 1 SS, 1 Twist.....          | —   | —   | 1.9 | —   |
| 5124                 | Forward 1 SS, 2 Twists.....         | —   | —   | 2.3 | —   |
| 5126                 | Forward 1 SS, 3 Twists.....         | —   | —   | 2.8 | —   |
| 5131                 | Forward 1 1/2 SS, 1/2 Twist.....    | —   | —   | 2.0 | —   |
| 5132                 | Forward 1 1/2 SS, 1 Twist.....      | —   | —   | 2.2 | —   |
| 5134                 | Forward 1 1/2 SS, 2 Twists.....     | —   | —   | 2.6 | —   |
| 5136                 | Forward 1 1/2 SS, 3 Twists.....     | —   | —   | 3.1 | —   |
| 5142                 | Forward 2 SS, 1 Twist.....          | 2.6 | 2.7 | —   | —   |
| 5152                 | Forward 2 1/2 SS, 1 Twist.....      | 3.0 | 3.2 | —   | —   |
| 5211                 | Back Dive, 1/2 Twist.....           | —   | 1.8 | —   | —   |
| 5212                 | Back Dive, 1 Twist.....             | —   | 2.0 | —   | —   |
| 5221                 | Back 1 SS, 1/2 Twist.....           | —   | —   | 1.7 | —   |
| 5222                 | Back 1 SS, 1 Twist.....             | —   | —   | 1.9 | —   |
| 5223                 | Back 1 SS, 1 1/2 Twists.....        | —   | —   | 2.3 | —   |
| 5225                 | Back 1 SS, 2 1/2 Twists.....        | —   | —   | 2.7 | —   |
| 5227                 | Back 1 SS, 3 1/2 Twists.....        | —   | —   | 3.2 | —   |
| 5231                 | Back 1 1/2 SS, 1/2 Twist.....       | —   | —   | 2.1 | —   |
| 5233                 | Back 1 1/2 SS, 1 1/2 Twists.....    | —   | —   | 2.5 | —   |
| 5235                 | Back 1 1/2 SS, 2 1/2 Twists.....    | —   | —   | 2.9 | —   |
| 5251                 | Back 2 1/2 SS, 1/2 Twist.....       | 2.7 | 2.9 | —   | —   |
| 5311                 | Reverse Dive, 1/2 Twist.....        | —   | 1.9 | —   | —   |
| 5312                 | Reverse Dive, 1 Twist.....          | —   | 2.1 | —   | —   |
| 5321                 | Reverse 1 SS, 1/2 Twist.....        | —   | —   | 1.8 | —   |
| 5322                 | Reverse 1 SS, 1 Twist.....          | —   | —   | 2.0 | —   |
| 5323                 | Reverse 1 SS, 1 1/2 Twists.....     | —   | —   | 2.4 | —   |
| 5325                 | Reverse 1 SS, 2 1/2 Twists.....     | —   | —   | 2.8 | —   |
| 5331                 | Reverse 1 1/2 SS, 1/2 Twist.....    | —   | —   | 2.2 | —   |
| 5333                 | Reverse 1 1/2 SS, 1 1/2 Twists..... | —   | —   | 2.6 | —   |
| 5335                 | Reverse 1 1/2 SS, 2 1/2 Twists..... | —   | —   | 3.0 | —   |
| 5351                 | Reverse 2 1/2 SS, 1/2 Twist.....    | 2.7 | 2.9 | —   | —   |
| 5411                 | Inward Dive, 1/2 Twist.....         | 1.7 | 2.0 | —   | —   |
| 5412                 | Inward Dive, 1 Twist.....           | 1.9 | 2.2 | —   | —   |
| 5421                 | Inward 1 SS, 1/2 Twist.....         | —   | —   | 1.9 | —   |
| 5422                 | Inward 1 SS, 1 Twist.....           | —   | —   | 2.1 | —   |
| 5432                 | Inward 1 1/2 SS, 1 Twist.....       | —   | —   | 2.7 | —   |
| 5434                 | Inward 1 1/2 SS, 2 Twists.....      | —   | —   | 3.1 | —   |

## Instructions for Use

1. Refer to diving table provided on the left to complete the diving scoresheet.
2. For each dive, write the dive's number, full description, position and degree of difficulty in the spaces provided; then diver and coach must sign in space provided. Otherwise, it is NOT COMPLETE.
3. For voluntary dives, circle the dive number and the degree of difficulty for the dive.
4. For meets requiring cancellation of high and low judges' scores, the scorer circles those scores which will be used in establishing the score for that dive.
5. The scorer keeps the diver's cumulative running score on the second line of each dive's Points Awarded column.
6. The diving referee checks the scorer's tabulation and signs the scoresheet.
7. For further information and reference, see sample scoresheet below.

| Official MSHSAA Diving Scoresheet                                                                                                   |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
|-------------------------------------------------------------------------------------------------------------------------------------|---------------|-----------------------------|-----------|-----------------------|----------------|------------------------------------------------------------------------------------|----------------|----------------|----------------|-------|--------------|------------------------------------|----------------|----------------------------|----------|----------|----------|
| Name <u>Wendy Reidenbach</u>                                                                                                        |               | School <u>Central H.S.</u>  |           |                       |                | ORDER OF FINISH <u>5</u>                                                           |                |                |                |       |              |                                    |                |                            |          |          |          |
| Meet <u>Conference</u>                                                                                                              |               | Site <u>Madison H.S.</u>    |           | Date <u>January 8</u> |                |                                                                                    |                |                |                |       |              | TOTAL POINTS AWARDED <u>369.80</u> |                |                            |          |          |          |
| Grade <u>Senior</u>                                                                                                                 |               | Varsity <u>x</u>            |           | J.V. <u>  </u>        |                | Boys <u>  </u>                                                                     |                | Girls <u>x</u> |                |       |              | Diving Order <u>8</u>              |                |                            |          |          |          |
| PRELIMS (Dives 1, 2, 3, 4, 5 — 2 Voluntary and 3 Optional)                                                                          |               |                             |           |                       |                | True DD Total for 5 Voluntary Dives = <u>8.4</u><br>Note: Total may not exceed 9.0 |                |                |                |       |              |                                    |                |                            |          |          |          |
| Dive Order                                                                                                                          | Dive Number   | DIVE DESCRIPTION            | Dive Pos. | J1                    | J2             | J3                                                                                 | J4             | J5             | J6             | J7    | Judges Total | Deg. of Diff.                      | POINTS AWARDED |                            |          |          |          |
| 1                                                                                                                                   | <u>(402)</u>  | Inward 1SS                  | P         | <u>(7)</u>            | <u>(7)</u>     | <u>(7)</u>                                                                         | 7 1/2          | 7              | 7              | 6 1/2 | 21           | <u>(1.7)</u>                       | <u>3</u>       | <u>5</u>                   | <u>7</u> | <u>0</u> |          |
| 2                                                                                                                                   | 408           | Inward 1 1/2 SS             | T         | 6                     | <u>(5 1/2)</u> | 5                                                                                  | <u>(5 1/2)</u> | 5              | <u>(5 1/2)</u> | 5 1/2 | 16 1/2       | 2.2                                | <u>3</u>       | <u>6</u>                   | <u>3</u> | <u>0</u> |          |
| 3                                                                                                                                   | 204           | Back 2SS                    | T         | <u>(6)</u>            | 6 1/2          | <u>(6)</u>                                                                         | <u>(6)</u>     | 5              | 6              | 5 1/2 | 18           | 2.2                                | <u>3</u>       | <u>9</u>                   | <u>6</u> | <u>0</u> |          |
| 4                                                                                                                                   | <u>(102)</u>  | Forward 1SS                 | S         | 5 1/2                 | <u>(6)</u>     | <u>(6)</u>                                                                         | 6 1/2          | 6 1/2          | <u>(6)</u>     | 5 1/2 | 18           | <u>(1.6)</u>                       | <u>1</u>       | <u>4</u>                   | <u>0</u> | <u>4</u> |          |
| 5                                                                                                                                   | 104           | Forward 2SS                 | T         | <u>(6)</u>            | 7              | 5 1/2                                                                              | <u>(6)</u>     | <u>(6)</u>     | 5              | 6 1/2 | 18           | 2.2                                | <u>1</u>       | <u>3</u>                   | <u>9</u> | <u>6</u> |          |
| SEMIFINALS (Dives 6, 7, 8 — 2 Voluntary and 1 Optional)                                                                             |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| 6                                                                                                                                   | <u>(202)</u>  | Back 1SS                    | P         | <u>(7)</u>            | <u>(7)</u>     | 6 1/2                                                                              | <u>(7)</u>     | 7              | 7 1/2          | 7     | 21           | <u>(1.6)</u>                       | <u>2</u>       | <u>3</u>                   | <u>3</u> | <u>6</u> | <u>0</u> |
| 7                                                                                                                                   | 304           | Reverse 2SS                 | T         | 6 1/2                 | <u>(5 1/2)</u> | <u>(6)</u>                                                                         | <u>(6)</u>     | 5 1/2          | 6              | 5 1/2 | 17 1/2       | 2.3                                | <u>2</u>       | <u>4</u>                   | <u>0</u> | <u>2</u> | <u>5</u> |
| 8                                                                                                                                   | <u>(5121)</u> | Forward 1SS, 1/2 twist      | F         | <u>(4)</u>            | <u>(4 1/2)</u> | 4 1/2                                                                              | 4 1/2          | <u>(4)</u>     | 4              | 4     | 12 1/2       | <u>(1.7)</u>                       | <u>2</u>       | <u>1</u>                   | <u>2</u> | <u>5</u> | <u>0</u> |
| FINALS (Dives 9, 10, 11 — 1 Voluntary and 2 Optional)                                                                               |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| 9                                                                                                                                   | <u>(302)</u>  | Reverse 1SS                 | S         | <u>(5 1/2)</u>        | 4 1/2          | <u>(5 1/2)</u>                                                                     | <u>(5 1/2)</u> | 5 1/2          | 5              | 5 1/2 | 16 1/2       | <u>(1.8)</u>                       | <u>3</u>       | <u>0</u>                   | <u>4</u> | <u>8</u> | <u>0</u> |
| 10                                                                                                                                  | 5131          | Forward 1 1/2 SS, 1/2 twist | F         | <u>(5 1/2)</u>        | <u>(5)</u>     | <u>(5 1/2)</u>                                                                     | 5              | 4              | 5 1/2          | 5 1/2 | 16           | 2.0                                | <u>3</u>       | <u>3</u>                   | <u>2</u> | <u>0</u> | <u>0</u> |
| 11                                                                                                                                  | 5132          | Forward 1 1/2 SS, 1 twist   | F         | 5                     | 4 1/2          | <u>(5)</u>                                                                         | <u>(5)</u>     | <u>(5)</u>     | 4 1/2          | 5 1/2 | 15           | 2.2                                | <u>3</u>       | <u>6</u>                   | <u>9</u> | <u>8</u> | <u>0</u> |
| C/T = Tuck, B/P = Pike, A/S = Straight, D/F = Free (See Reverse Side for Diving Table)                                              |               |                             |           |                       |                |                                                                                    |                |                |                |       |              | TOTAL SHEET DD = <u>21.5</u>       |                | TOTAL POINTS <u>369.80</u> |          |          |          |
| 6-DIVE MEETS: List voluntary dive first. Spaces 2-6 for optional dives.                                                             |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| 11-DIVE MEETS: List dives in each section as per NFHS Rule 9: Diving. Circle dive number and DD for voluntary dives.                |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| COACHES: Refer to the MSHSAA Swimming & Diving Manual for the specific qualifying requirements for the MSHSAA Diving Championships. |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| *** INCOMPLETE SCORESHEETS NOT ACCEPTED FOR MSHSAA DISTRICT DIVING ENTRY. ***                                                       |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| Signatures —                                                                                                                        |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| Diver: <u>Wendy Reidenbach</u>                                                                                                      |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| Coach: <u>Michelle Taylor</u>                                                                                                       |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |
| Referee: <u>April Bloom</u>                                                                                                         |               |                             |           |                       |                |                                                                                    |                |                |                |       |              |                                    |                |                            |          |          |          |