



Missouri State High School Activities Association

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FOR IMMEDIATE RELEASE

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MSHSAA Board Meeting Summary: Jan. 14, 2026

COLUMBIA – The Missouri State High School Activities Association (MSHSAA) Board of Directors met for its regularly scheduled board meeting on Jan. 14 via Zoom. The Board addressed a range of topics impacting member schools across the state.

The Board approved the topics for the upcoming Area Meetings. The MSHSAA staff will travel to all eight board districts to discuss these topics with the member schools in the next few weeks. You can see the list of topics [here](#) and the dates for the Area Meetings [here](#).

“Our staff is excited to visit all eight of our board districts for our upcoming Area Meetings,” MSHSAA Executive Director Dr. Jennifer Rukstad said. “These meetings provide an invaluable opportunity to engage in productive conversations, listen to our member schools, and gain important insights from across the state. The feedback we receive will play a key role in helping us develop both the Annual Questionnaire and the Annual Ballot, which will be released later this spring.”

In addition, the Board approved recommendations from the Spirit, Tennis, Volleyball, Soccer and Football Advisory Committees. Specific information on those board actions will be available [here](#) in the future.

The Board will meet again for a regularly scheduled meeting in February.

“MSHSAA promotes the value of participation, sportsmanship, team play and personal excellence to develop citizens who make positive contributions to their community and support the democratic principles of our state and nation.”