

MSHSAA WRESTLING

WEIGHT CERTIFICATION EXCEPTION REQUEST

NOTE: This form must be completed by the school Athletic Director and Head Wrestling Coach prior to being approved to certify any wrestler or wrestler's weight classification after January 13, 2024.

Weight Certification Exception: A wrestler who has not been medically released due to injury or an ineligible wrestler gaining eligibility must first complete the weight management assessment by a MSHSAA approved Assessor after **January 13, 2024**. The weight class in which the wrestler officially weighs in at for the first time, making scratch weight, on or after **January 14, 2024** will be considered his/her minimum wrestling weight. All wrestlers qualifying for the exception are required to meet the first weigh-in requirement on or before the Saturday of (Week 30-Girls) (Week 31-Boys) of the Standardized Calendar (**Girls – January 27, 2024**)(**Boys – February 3, 2024**).

School Name: _____ Wrestler Name: _____

Date of when Injury/Illness occurred: _____

Date of when student was rendered ineligible: _____

Date of when athlete received medical release: _____

Date of when athlete gained/regained eligibility: _____

Date of 1st Attended Wrestling Practice: _____

Date which wrestler will/did fulfill the 14 conditioning practices requirement: _____

Has this athlete had a weight assessment completed at any point during this wrestling season?

If a weight assessment has been completed, what date did it occur? Date: _____

Brief Summary: (Provide a summary of why this athlete qualifies to certify at a weight class for the postseason after the weight certification deadline date using the Weight Certification Exception)

A.D. Signature

Date

Head Coach Signature

Date

Final Note: This document must be submitted to the Assistant Executive Director of Wrestling at the MSHSAA office for approval (daryl@mshsaa.org). The MSHSAA will provide written documentation to the school as to whether the wrestler is approved for using the weight certification exception.