



**FRIDAY, FEBRUARY 16, 2024
SWIMMING WARM-UP
CLASS 2 GROUPS**

**GROUP 1: 2:45 – 3:05 pm – Laps
4:05 – 4:15 pm – Take-offs**

**GROUP 2: 3:05 – 3:25 pm – Laps
3:55 – 4:05 pm – Take-offs**

**GROUP 3: 3:25 – 3:45 pm – Laps
3:45 – 3:55 pm – Take-offs**

Battle	Blue Springs	Hickman
Carthage	Blue Springs South	Jackson
Cor Jesu Academy	Kickapoo	Lee's Summit
Eureka	Lafayette Wildwood	Nerinx Hall
Francis Howell	Lee's Summit North	Nixa
Francis Howell North	Liberty Wentzville	Park Hill
Ft. Zumwalt West	Lindbergh	Park Hill South
Kirkwood	Marquette	Parkway South
Lee's Summit West	Oak Park	Rock Bridge
Liberty	Oakville	St. Joseph's Academy
Liberty North	Ozark	Staley
MICDS	Westminster Christian Academy	Timberland
Pattonville		