



Official Basketball Box Score - Final
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Central (Park Hills) - 57

Record: 27-5

NO. Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
		M-A	M-A	M-A	OR	DR	TOT	PF	FD					BS	BA	
0 Khloe Dischbein	27:23	8-13	0-0	8-8	2	3	5	4	7	24	2	7	2	0	0	-10
10 Sydney Miles	19:07	2-5	1-3	1-2	0	3	3	4	2	6	1	3	0	1	0	-2
11 Courtney Dortch	21:29	1-1	0-0	5-8	0	6	6	1	6	7	0	1	0	0	0	-16
24 Allysa O'Connor	29:18	2-4	0-1	5-7	1	8	9	5	8	9	3	6	3	2	0	-23
33 Taylor O'Connor	26:07	3-8	1-2	0-0	1	4	5	3	0	7	1	5	1	1	0	-15
3 Kinley Norris	23:17	1-5	0-2	1-2	1	1	2	1	2	3	0	2	2	0	0	-17
1 Gracelyn Populis	06:54	0-0	0-0	1-2	0	0	0	0	1	1	0	0	0	0	0	-9
4 Ella McClanahan	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	1
5 Morgan Populis	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0
13 Alexandra Neff	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0
20 Avery Boyer	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	1
22 Mia Monges	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0
Team					0	1	1			0		0				
Totals		17-36	2-8	21-29	5	26	31	18	26	57	7	24	8	4	0	-18

Shooting By Period		
1 st FG%	4-8	50.0%
3PT%	0-2	0.0%
FT%	9-13	69.2%
2 nd FG%	4-6	66.7%
3PT%	0-0	0.0%
FT%	4-6	66.7%
3 rd FG%	4-12	33.3%
3PT%	1-3	33.3%
FT%	4-6	66.7%
4 th FG%	5-10	50.0%
3PT%	1-3	33.3%
FT%	4-4	100%
GMFG%	17-36	47.2%
3PT%	2-8	25.0%
FT%	21-29	72.4%

Dead Ball Rebounds: 4, 0

Technical Fouls: NONE

Lift for Life - 75

Record: 28-3

NO. Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
		M-A	M-A	M-A	OR	DR	TOT	PF	FD					BS	BA	
1 Amaya Manuel	32:00	8-18	0-3	3-3	2	4	6	3	5	19	0	5	3	0	1	18
2 Zha'Viara Harris	22:43	6-14	3-9	3-4	0	4	4	5	4	18	5	0	9	0	0	19
3 Diamond Polk	15:50	4-9	2-5	0-1	1	3	4	2	1	10	2	4	1	0	1	16
4 Cara Manuel	26:19	3-9	3-5	2-4	0	1	1	4	3	11	2	3	2	0	0	13
13 Paige Fowler	29:04	5-11	0-0	3-6	12	4	16	4	5	13	0	2	0	0	2	21
21 Alandyn Simmons	07:33	1-1	0-0	0-0	0	1	1	3	0	2	1	0	0	0	0	-4
23 Saudia Brock	09:45	0-1	0-0	0-0	0	0	0	3	0	0	0	0	0	0	0	6
24 Rian Lenox	01:48	0-1	0-0	0-0	1	0	1	1	0	0	0	0	0	0	0	-3
5 London Hawkins	05:57	0-0	0-0	0-0	0	0	0	0	0	0	1	1	0	0	0	5
10 Ashreale Parchmon	05:21	0-0	0-0	0-0	0	0	0	1	0	0	0	0	0	0	0	3
55 Isha Davidson	03:40	1-2	0-1	0-0	0	0	0	0	0	2	0	0	0	0	0	-4
Team					3	0	3			0		0				
Totals		28-66	8-23	11-18	19	17	36	26	18	75	11	15	15	0	4	18

Shooting By Period		
1 st FG%	7-21	33.3%
3PT%	4-8	50.0%
FT%	3-4	75%
2 nd FG%	4-15	26.7%
3PT%	0-5	0.0%
FT%	5-6	83.3%
3 rd FG%	12-19	63.2%
3PT%	4-7	57.1%
FT%	2-5	40%
4 th FG%	5-11	45.5%
3PT%	0-3	0.0%
FT%	1-3	33.3%
GMFG%	28-66	42.4%
3PT%	8-23	34.8%
FT%	11-18	61.1%

Dead Ball Rebounds: 0, 1

Technical Fouls: NONE

	CPH	LIF
Biggest lead	3 (1 st 7:04)	24 (3 rd 0:33)
Best Scoring Run	7 (2 nd 0:52)	12 (3 rd 3:19)
Lead Changes	1	
Times Tied	3	
Time with Lead	01:55	28:50

	CPH	LIF
Points from		
Turnovers	11	24
Paint	30	34
Second Chance	2	25
Fast Breaks	5	13
Bench	4	4

	Period by Period Scoring				
	1st	2nd	3rd	4th	TOT
CPH	17	12	13	15	57
LIF	21	13	30	11	75



Official Basketball Play by Play - 1st Period
Central (Park Hills) at Lift for Life
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Game Time: 8:00 PM
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Officials: Bree Fowler, Jordan Hunter, Jason Iles

Period 1

Period Starters:

LIF	1 Manuel A	2 Harris Z	3 Polk D	4 Manuel C	13 Fowler P
CPH	0 Dischbein K	10 Miles S	11 Dortch C	24 O'Connor A	33 O'Connor T

Game Time	LIF	Score	Diff	CPH
08:00	13 FOWLER P jumpball lost			0 DISCHBEIN K jumpball won
07:54	2 HARRIS Z foul shooting (1 - 1)			24 O'CONNOR A foul drawn (1)
07:54		0-1	-1	24 O'CONNOR A free throw 1 - 2 made (1)
07:54				24 O'CONNOR A free throw 2 - 2 missed
07:51				24 O'CONNOR A offensive rebound (1)
07:38	2 HARRIS Z steal (1)			24 O'CONNOR A turnover bad pass (1)
07:32	2 HARRIS Z 2pt FG from turnover in the paint, layup missed			
07:29	1 MANUEL A offensive rebound (1)			
07:29	1 MANUEL A 2pt FG from turnover second chance in the paint, layup missed			
07:28				11 DORTCH C defensive rebound (1)
07:20	4 MANUEL C steal (1)			33 O'CONNOR T turnover lost ball (1)
07:14	2 HARRIS Z 3pt FG from turnover, jump shot missed			
07:10				10 MILES S defensive rebound (1)
07:04		0-3	-3	11 DORTCH C 2pt FG in the paint, layup made (2)
07:04				24 O'CONNOR A assist (1)
06:47	13 FOWLER P 2pt FG in the paint, layup blocked			
06:47				33 O'CONNOR T block (1)
06:47	offensive rebound (2)			
06:39	2 HARRIS Z 3pt FG second chance, jump shot made (3)	3-3	0	
06:29				0 DISCHBEIN K 2pt FG in the paint, layup missed
06:27	13 FOWLER P defensive rebound (1)			
06:22	2 HARRIS Z 3pt FG, jump shot missed			
06:15	13 FOWLER P offensive rebound (2)			
06:15	13 FOWLER P 2pt FG second chance in the paint, layup blocked			
06:15				24 O'CONNOR A block (1)
06:11				0 DISCHBEIN K defensive rebound (1)
06:11	1 MANUEL A foul shooting (1 - 2)			10 MILES S foul drawn (1)
06:11		3-4	-1	10 MILES S free throw fast break 1 - 2 made (1)
06:09				10 MILES S free throw fast break 2 - 2 missed
06:08	3 POLK D defensive rebound (1)			
05:58	1 MANUEL A turnover bad pass (1)			
05:58	3 POLK D substitution out			
05:58	21 SIMMONS A substitution in			
05:58				11 DORTCH C substitution out
05:58				3 NORRIS K substitution in
05:50				24 O'CONNOR A turnover dribbling violation (2)
05:31	4 MANUEL C 3pt FG from turnover, jump shot made (3)	6-4	2	
05:31	2 HARRIS Z assist (1)			
05:13		6-6	0	0 DISCHBEIN K 2pt FG in the paint, jump shot made (2)
04:57	13 FOWLER P 2pt FG in the paint, layup missed			
04:56	13 FOWLER P offensive rebound (3)			



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Game Time	LIF	Score	Diff	CPH
04:56	13 FOWLER P 2pt FG second chance in the paint, layup made (2)	8-6	2	
04:56	13 FOWLER P foul drawn (1)			3 NORRIS K foul shooting (1 - 1)
04:56	13 FOWLER P free throw 1 - 1 made (3)	9-6	3	
04:47		9-8	1	24 O'CONNOR A 2pt FG in the paint, layup made (3)
04:47	4 MANUEL C foul shooting (1 - 3)			24 O'CONNOR A foul drawn (2)
04:47		9-9	0	24 O'CONNOR A free throw 1 - 1 made (4)
04:47				3 NORRIS K substitution out
04:47				11 DORTCH C substitution in
04:33	1 MANUEL A 2pt FG outside the paint, jump shot missed			
04:33	13 FOWLER P offensive rebound (4)			
04:33	jump ball situation			
04:23	4 MANUEL C 3pt FG second chance, jump shot made (6)	12-9	3	
04:23	21 SIMMONS A assist (1)			
04:08				0 DISCHBEIN K turnover travel (1)
03:55	4 MANUEL C 2pt FG from turnover outside the paint, hook shot missed			
03:52				0 DISCHBEIN K defensive rebound (2)
03:49	21 SIMMONS A foul personal (1 - 4)			10 MLES S foul drawn (2)
03:49				10 MLES S substitution out
03:49				3 NORRIS K substitution in
03:37	21 SIMMONS A foul personal (2 - 5)			0 DISCHBEIN K foul drawn (1)
03:37		12-10	2	0 DISCHBEIN K free throw 1 - 2 made (3)
03:37	21 SIMMONS A substitution out			
03:37	23 BROCK S substitution in			
03:37		12-11	1	0 DISCHBEIN K free throw 2 - 2 made (4)
03:25	2 HARRIS Z 3pt FG , jump shot missed			
03:25	1 MANUEL A offensive rebound (2)			
03:25	1 MANUEL A 2pt FG second chance in the paint, layup made (2)	14-11	3	
03:25	1 MANUEL A foul drawn (1)			0 DISCHBEIN K foul shooting (1 - 2)
03:25	1 MANUEL A free throw 1 - 1 made (3)	15-11	4	
03:15	2 HARRIS Z steal (2)			0 DISCHBEIN K turnover bad pass (2)
03:11	2 HARRIS Z 2pt FG from turnover in the paint, layup missed			
03:09				24 O'CONNOR A defensive rebound (2)
02:58	13 FOWLER P foul shooting (1 - 6)			11 DORTCH C foul drawn (1)
02:58				11 DORTCH C free throw 1 - 2 missed
02:58				offensive dead ball rebound (1)
02:58		15-12	3	11 DORTCH C free throw 2 - 2 made (3)
02:58				11 DORTCH C substitution out
02:58				10 MLES S substitution in
02:42	1 MANUEL A 2pt FG in the paint, layup missed			
02:39				33 O'CONNOR T defensive rebound (1)
02:34				3 NORRIS K 3pt FG , jump shot missed
02:30				0 DISCHBEIN K offensive rebound (3)
02:30				0 DISCHBEIN K 2pt FG second chance in the paint, layup missed
02:28	13 FOWLER P defensive rebound (5)			
02:21	4 MANUEL C foul drawn (1)			33 O'CONNOR T foul shooting (1 - 3)
02:21	4 MANUEL C free throw 1 - 2 made (7)	16-12	4	



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Game Time	LIF	Score	Diff	CPH
02:21	4 MANUEL C free throw 2 - 2 missed			
02:20				10 MLES S defensive rebound (2)
02:11				10 MLES S 3pt FG , jump shot missed
02:07	2 HARRIS Z defensive rebound (1)			
02:02	1 MANUEL A foul drawn (2)			10 MLES S foul personal (1 - 4)
01:56	2 HARRIS Z 3pt FG , jump shot made (6)	19-12	7	
01:56	4 MANUEL C assist (1)			
01:42	23 BROCK S foul shooting (1 - 7)			0 DISCHBEIN K foul drawn (2)
01:42		19-13	6	0 DISCHBEIN K free throw 1 - 2 made (5)
01:42		19-14	5	0 DISCHBEIN K free throw 2 - 2 made (6)
01:42				3 NORRIS K substitution out
01:42				11 DORTCH C substitution in
01:34	13 FOWLER P foul offensive (2 - 8)			0 DISCHBEIN K foul drawn (3)
01:34	13 FOWLER P turnover offensive (1)			
01:08		19-16	3	0 DISCHBEIN K 2pt FG from turnover in the paint, layup made (8)
00:52	4 MANUEL C 3pt FG , jump shot missed			
00:48	13 FOWLER P offensive rebound (6)			
00:48	13 FOWLER P 2pt FG second chance in the paint, layup made (5)	21-16	5	
00:32	1 MANUEL A foul personal (2 - 9)			11 DORTCH C foul drawn (2)
00:32				11 DORTCH C free throw 1 - 2 missed
00:32				offensive dead ball rebound (2)
00:32		21-17	4	11 DORTCH C free throw 2 - 2 made (4)
00:32				33 O'CONNOR T substitution out
00:32				1 POPULIS G substitution in
00:13	1 MANUEL A 2pt FG outside the paint, jump shot blocked			
00:13				10 MLES S block (1)
00:09				24 O'CONNOR A defensive rebound (3)
00:09	jump ball situation			
00:09				1 POPULIS G substitution out
00:09				11 DORTCH C substitution out
00:09				3 NORRIS K substitution in
00:09				33 O'CONNOR T substitution in
END OF PERIOD				
LIF 21-17 CPH				



Official Basketball Box Score - 1st Period
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Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Central (Park Hills) - 17

NO.	Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
			M-A	3P	FT	OR	DR	TOT	PF	FD					BS	BA	
0	Khloe Dischbein	08:00	2-4	0-0	4-4	1	2	3	1	3	8	0	2	0	0	0	-4
10	Sydney Miles	07:09	0-1	0-1	1-2	0	2	2	1	2	1	0	0	0	1	0	-4
11	Courtney Dortch	05:23	1-1	0-0	2-4	0	1	1	0	2	4	0	0	0	0	0	-1
24	Allysa O'Connor	08:00	1-1	0-0	2-3	1	2	3	0	2	4	1	2	0	1	0	-4
33	Taylor O'Connor	07:37	0-0	0-0	0-0	0	1	1	1	0	0	0	1	0	1	0	-4
3	Kinley Norris	03:28	0-1	0-1	0-0	0	0	0	1	0	0	0	0	0	0	0	-3
1	Gracelyn Populis	00:23	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0
Team						0	0	0			0						
Totals			4-8	0-2	9-13	2	8	10	4	9	17	1	5	0	3	0	-4

Shooting By Period		
1st FG%	4-8	50.0%
3PT%	0-2	0.0%
FT%	9-13	69.2%
GMFG%	4-8	50.0%
3PT%	0-2	0.0%
FT%	9-13	69.2%

Dead Ball Rebounds: 2, 0

Technical Fouls: NONE

Lift for Life - 21

NO.	Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
			M-A	3P	FT	OR	DR	TOT	PF	FD					BS	BA	
1	Amaya Manuel	08:00	1-5	0-0	1-1	2	0	2	2	2	3	0	1	0	0	1	4
2	Zha'Viara Harris	08:00	2-7	2-5	0-0	0	1	1	1	0	6	1	0	2	0	0	4
3	Diamond Polk	02:02	0-0	0-0	0-0	0	1	1	0	0	0	0	0	0	0	0	-1
4	Cara Manuel	08:00	2-4	2-3	1-2	0	0	0	1	1	7	1	0	1	0	0	4
13	Paige Fowler	08:00	2-5	0-0	1-1	4	2	6	2	1	5	0	1	0	0	2	4
21	Alandyn Simmons	02:21	0-0	0-0	0-0	0	0	0	2	0	0	1	0	0	0	0	3
23	Saudia Brock	03:37	0-0	0-0	0-0	0	0	0	1	0	0	0	0	0	0	0	2
Team						1	0	1			0						
Totals			7-21	4-8	3-4	7	4	11	9	4	21	3	2	3	0	3	4

Shooting By Period		
1st FG%	7-21	33.3%
3PT%	4-8	50.0%
FT%	3-4	75%
GMFG%	7-21	33.3%
3PT%	4-8	50.0%
FT%	3-4	75.0%

Dead Ball Rebounds: 0, 0

Technical Fouls: NONE

	CPH	LIF
Biggest lead	3 (1 st 7:04)	7 (1 st 1:56)
Best Scoring Run	4 (1 st 1:08)	4 (1 st 1:56)
Lead Changes	1	
Times Tied	3	
Time with Lead	01:55	04:50

	CPH	LIF
Points from		
Turnovers	2	3
Paint	8	6
Second Chance	0	14
Fast Breaks	1	0
Bench	0	0

	Period by Period Scoring				
	1st	2nd	3rd	4th	TOT
CPH	17	12	13	15	57
LIF	21	13	30	11	75



Official Basketball Play by Play - 2nd Period
Central (Park Hills) at Lift for Life
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 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Period 2

Period Starters:

LIF	1 Manuel A	2 Harris Z	4 Manuel C	13 Fowler P	23 Brock S
CPH	0 Dischbein K	10 Miles S	11 Dortch C	24 O'Connor A	33 O'Connor T

Game Time	LIF	Score	Diff	CPH
08:00				3 NORRIS K substitution out
08:00				11 DORTCH C substitution in
07:48	2 HARRIS Z 3pt FG , jump shot missed			
07:46				11 DORTCH C defensive rebound (2)
07:38	2 HARRIS Z steal (3)			33 O'CONNOR T turnover bad pass (2)
07:34	2 HARRIS Z 2pt FG fast break from turnover in the paint, layup made (8)	23-17	6	
07:15	2 HARRIS Z steal (4)			33 O'CONNOR T turnover lost ball (3)
07:15	2 HARRIS Z foul drawn (1)			10 MILES S foul personal (2 - 1)
07:15				10 MILES S substitution out
07:15				3 NORRIS K substitution in
07:02	1 MANUEL A 2pt FG from turnover in the paint, layup made (5)	25-17	8	
06:49		25-19	6	0 DISCHBEIN K 2pt FG in the paint, layup made (10)
06:39	1 MANUEL A 3pt FG , jump shot missed			
06:33				11 DORTCH C defensive rebound (3)
06:16		25-21	4	0 DISCHBEIN K 2pt FG in the paint, layup made (12)
05:59	4 MANUEL C turnover travel (1)			
05:43				0 DISCHBEIN K 2pt FG from turnover in the paint, layup missed
05:40	2 HARRIS Z defensive rebound (2)			
05:30	2 HARRIS Z foul drawn (2)			33 O'CONNOR T foul shooting (2 - 2)
05:30	2 HARRIS Z free throw 1 - 2 made (9)	26-21	5	
05:30	2 HARRIS Z free throw 2 - 2 made (10)	27-21	6	
05:30				33 O'CONNOR T substitution out
05:30				1 POPULIS G substitution in
05:12	2 HARRIS Z steal (5)			24 O'CONNOR A turnover lost ball (3)
05:11	2 HARRIS Z foul drawn (3)			24 O'CONNOR A foul personal (1 - 3)
04:50	4 MANUEL C 2pt FG from turnover in the paint, layup missed			
04:47				11 DORTCH C defensive rebound (4)
04:29				0 DISCHBEIN K 2pt FG in the paint, layup missed
04:26	13 FOWLER P defensive rebound (7)			
04:22	4 MANUEL C turnover lost ball (2)			3 NORRIS K steal (1)
04:14	2 HARRIS Z steal (6)			0 DISCHBEIN K turnover lost ball (3)
04:09	2 HARRIS Z 3pt FG from turnover, jump shot missed			
04:09	13 FOWLER P offensive rebound (8)			
04:09	13 FOWLER P foul drawn (2)			11 DORTCH C foul shooting (1 - 4)
04:09	13 FOWLER P free throw 1 - 2 made (6)	28-21	7	
04:09	13 FOWLER P free throw 2 - 2 missed			
04:09				24 O'CONNOR A defensive rebound (4)
04:09	23 BROCK S foul personal (2 - 1)			24 O'CONNOR A foul drawn (3)
03:59	2 HARRIS Z foul personal (2 - 2)			24 O'CONNOR A foul drawn (4)
03:34	13 FOWLER P foul personal (3 - 3)			0 DISCHBEIN K foul drawn (4)
03:34	13 FOWLER P substitution out			



Official Basketball Play-by-Play - 2nd Period
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03:34	24 LENOXR substitution in			
03:31	23 BROCK S foul shooting (3 - 4)			3 NORRIS K foul drawn (1)
03:31				3 NORRIS K free throw 1 - 2 missed
03:31				offensive dead ball rebound (3)
03:31		28-22	6	3 NORRIS K free throw 2 - 2 made (1)
03:18	23 BROCK S 2pt FG in the paint, jump shot missed			
03:15				24 O'CONNOR A defensive rebound (5)
03:06				0 DISCHBEIN K turnover travel (4)
03:06	24 LENOXR substitution out			
03:06	13 FOWLER P substitution in			
02:48	1 MANUEL A foul drawn (3)			0 DISCHBEIN K foul shooting (2 - 5)
02:32	1 MANUEL A free throw 1 - 2 made (6)	29-22	7	
02:28	13 FOWLER P substitution out			
02:28	24 LENOXR substitution in			
02:28				1 POPULIS G substitution out
02:28				11 DORTCH C substitution out
02:28				10 MILES S substitution in
02:28				33 O'CONNOR T substitution in
02:12	1 MANUEL A free throw 2 - 2 made (7)	30-22	8	
02:03	2 HARRIS Z steal (7)			10 MILES S turnover bad pass (1)
01:54	1 MANUEL A 2pt FG from turnover in the paint, layup missed			
01:52				0 DISCHBEIN K defensive rebound (4)
01:52				Timeout 30 Sec
01:52	23 BROCK S substitution out			
01:52	21 SIMMONS A substitution in			
01:34		30-24	6	3 NORRIS K 2pt FG in the paint, layup made (3)
01:34				0 DISCHBEIN K assist (1)
01:13	1 MANUEL A 2pt FG in the paint, layup missed			
01:12	24 LENOXR offensive rebound (1)			
01:12	24 LENOXR 2pt FG second chance in the paint, layup missed			
01:12	offensive rebound (16)			
01:11	1 MANUEL A turnover bad pass (2)			24 O'CONNOR A steal (1)
01:08	24 LENOXR foul shooting (1 - 5)			0 DISCHBEIN K foul drawn (5)
01:08		30-25	5	0 DISCHBEIN K free throw 1 - 2 made (13)
01:08	24 LENOXR substitution out			
01:08	3 POLK D substitution in			
01:08				10 MILES S substitution out
01:08				33 O'CONNOR T substitution out
01:08				1 POPULIS G substitution in
01:08				11 DORTCH C substitution in
01:08		30-26	4	0 DISCHBEIN K free throw 2 - 2 made (14)
01:05	3 POLK D 3pt FG, jump shot missed			
01:04				11 DORTCH C defensive rebound (5)
01:04	21 SIMMONS A foul personal (3 - 6)			11 DORTCH C foul drawn (3)
01:04		30-27	3	11 DORTCH C free throw 1 - 2 made (5)
01:04				11 DORTCH C free throw 2 - 2 missed
01:02				0 DISCHBEIN K offensive rebound (5)
00:52		30-29	1	0 DISCHBEIN K 2pt FG second chance in the paint, layup made (16)



Official Basketball Play by Play - 2nd Period
Central (Park Hills) at Lift for Life
03/14/24 Mizzou Arena, Columbia MO
MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Game Time	LIF	Score	Diff	CPH
00:31	2 HARRIS Z 3pt FG , jump shot missed			
00:25	3 POLK D offensive rebound (2)			
00:25	3 POLK D 2pt FG second chance in the paint, layup missed			
00:25				11 DORTCH C defensive rebound (6)
00:25				11 DORTCH C turnover lost ball (1)
00:10	1 MANUEL A 2pt FG from turnover outside the paint, jump shot made (9)	32-29	3	
00:10	3 POLK D assist (1)			
00:04	2 HARRIS Z steal (8)			24 O'CONNOR A turnover lost ball (4)
00:03	2 HARRIS Z 2pt FG fast break from turnover in the paint, layup made (12)	34-29	5	
END OF PERIOD				
LIF 34-29 CPH				



Official Basketball Box Score - 2nd Period
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Central (Park Hills) - 12

NO.	Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
			M-A	3P	FT	OR	DR	TOT	PF	FD					BS	BA	
0	Khloe Dischbein	08:00	3-5	0-0	2-2	1	1	2	1	2	8	1	2	0	0	0	-1
10	Sydney Miles	02:05	0-0	0-0	0-0	0	0	0	1	0	0	0	1	0	0	0	
11	Courtney Dortch	06:40	0-0	0-0	1-2	0	5	5	1	1	1	0	1	0	0	-3	
24	Allysa O'Connor	08:00	0-0	0-0	0-0	0	2	2	1	2	0	0	2	1	0	-1	
33	Taylor O'Connor	03:50	0-0	0-0	0-0	0	0	0	1	0	0	0	2	0	0	0	
3	Kinley Norris	07:15	1-1	0-0	1-2	0	0	0	0	1	3	0	0	1	0	1	
1	Gracelyn Populis	04:10	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	-1	
Team						0	0	0			0		0				
Totals			4-6	0-0	4-6	1	8	9	5	6	12	1	8	2	0	0	-1

Shooting By Period		
2 nd FG%	4-6	66.7%
3PT%	0-0	0.0%
FT%	4-6	66.7%
GMFG%	4-6	66.7%
3PT%	0-0	0.0%
FT%	4-6	66.7%

Dead Ball Rebounds: 1, 0

Technical Fouls: NONE

Lift for Life - 13

NO.	Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
			M-A	3P	FT	OR	DR	TOT	PF	FD					BS	BA	
1	Amaya Manuel	08:00	2-5	0-1	2-2	0	0	0	0	1	6	0	1	0	0	0	1
2	Zha'Viara Harris	08:00	2-5	0-3	2-2	0	1	1	1	3	6	0	0	6	0	0	1
3	Diamond Polk	01:08	0-2	0-1	0-0	1	0	1	0	0	0	1	0	0	0	0	
4	Cara Manuel	08:00	0-1	0-0	0-0	0	0	0	0	0	0	0	2	0	0	1	
13	Paige Fowler	05:04	0-0	0-0	1-2	1	1	2	1	1	1	0	0	0	0	4	
23	Saudia Brock	06:08	0-1	0-0	0-0	0	0	0	2	0	0	0	0	0	0	4	
24	Rian Lenox	01:48	0-1	0-0	0-0	1	0	1	1	0	0	0	0	0	0	-3	
21	Alandyn Simmons	01:52	0-0	0-0	0-0	0	0	0	1	0	0	0	0	0	0	-3	
Team						1	0	1			0		0				
Totals			4-15	0-5	5-6	4	2	6	6	5	13	1	3	6	0	0	1

Shooting By Period		
2 nd FG%	4-15	26.7%
3PT%	0-5	0.0%
FT%	5-6	83.3%
GMFG%	4-15	26.7%
3PT%	0-5	0.0%
FT%	5-6	83.3%

Dead Ball Rebounds: 0, 0

Technical Fouls: NONE

	CPH	LIF
Biggest lead	0 (1 st 8:00)	8 (2 nd 7:02)
Best Scoring Run	7 (2 nd 0:52)	4 (2 nd 7:02)
Lead Changes	0	
Times Tied	0	
Time with Lead	00:00	07:48

	CPH	LIF
Points from		
Turnovers	2	11
Paint	8	6
Second Chance	2	1
Fast Breaks	0	4
Bench	3	0

Period by Period Scoring					
	1st	2nd	3rd	4th	TOT
CPH	17	12	13	15	57
LIF	21	13	30	11	75



Official Basketball Box Score - First Half
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Central (Park Hills) - 29

NO. Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
		M-A	3P M-A	FT M-A	OR	DR	TOT	PF	FD					BS	BA	
0 Khloe Dischbein	16:00	5-9	0-0	6-6	2	3	5	2	5	16	1	4	0	0	0	-5
10 Sydney Miles	09:14	0-1	0-1	1-2	0	2	2	2	2	1	0	1	0	1	0	-4
11 Courtney Dortch	12:03	1-1	0-0	3-6	0	6	6	1	3	5	0	1	0	0	0	-4
24 Allysa O'Connor	16:00	1-1	0-0	2-3	1	4	5	1	4	4	1	4	1	1	0	-5
33 Taylor O'Connor	11:27	0-0	0-0	0-0	0	1	1	2	0	0	0	3	0	1	0	-4
3 Kinley Norris	10:43	1-2	0-1	1-2	0	0	0	1	1	3	0	0	1	0	0	-2
1 Gracelyn Populis	04:33	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	-1
Team					0	0	0			0		0				
Totals		8-14	0-2	13-19	3	16	19	9	15	29	2	13	2	3	0	-5

Shooting By Period		
1st FG%	4-8	50.0%
3PT%	0-2	0.0%
FT%	9-13	69.2%
2nd FG%	4-6	66.7%
3PT%	0-0	0.0%
FT%	4-6	66.7%
GMFG%	8-14	57.1%
3PT%	0-2	0.0%
FT%	13-19	68.4%

Dead Ball Rebounds: 3, 0

Technical Fouls: NONE

Lift for Life - 34

NO. Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
		M-A	3P M-A	FT M-A	OR	DR	TOT	PF	FD					BS	BA	
1 Amaya Manuel	16:00	3-10	0-1	3-3	2	0	2	2	3	9	0	2	0	0	1	5
2 Zha'Viara Harris	16:00	4-12	2-8	2-2	0	2	2	2	3	12	1	0	8	0	0	5
3 Diamond Polk	03:10	0-2	0-1	0-0	1	1	2	0	0	0	1	0	0	0	0	-1
4 Cara Manuel	16:00	2-5	2-3	1-2	0	0	0	1	1	7	1	2	1	0	0	5
13 Paige Fowler	13:04	2-5	0-0	2-3	5	3	8	3	2	6	0	1	0	0	2	8
21 Alandyn Simmons	04:13	0-0	0-0	0-0	0	0	0	3	0	0	1	0	0	0	0	0
23 Saudia Brock	09:45	0-1	0-0	0-0	0	0	0	3	0	0	0	0	0	0	0	6
24 Rian Lenox	01:48	0-1	0-0	0-0	1	0	1	1	0	0	0	0	0	0	0	-3
Team					2	0	2			0		0				
Totals		11-36	4-13	8-10	11	6	17	15	9	34	4	5	9	0	3	5

Shooting By Period		
1st FG%	7-21	33.3%
3PT%	4-8	50.0%
FT%	3-4	75%
2nd FG%	4-15	26.7%
3PT%	0-5	0.0%
FT%	5-6	83.3%
GMFG%	11-36	30.6%
3PT%	4-13	30.8%
FT%	8-10	80.0%

Dead Ball Rebounds: 0, 0

Technical Fouls: NONE

	CPH	LIF
Biggest lead	3 (1 st 7:04)	8 (2 nd 7:02)
Best Scoring Run	7 (2 nd 0:52)	4 (1 st 1:56)
Lead Changes	1	
Times Tied	3	
Time with Lead	01:55	12:50

Points from	CPH	LIF
Turnovers	4	14
Paint	16	12
Second Chance	2	15
Fast Breaks	1	4
Bench	3	0

Period by Period Scoring					
	1st	2nd	3rd	4th	TOT
CPH	17	12	13	15	57
LIF	21	13	30	11	75



Official Basketball Play-by-Play - 3rd Period
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Period 3

Period Starters:

LIF	1 Manuel A	2 Harris Z	3 Polk D	4 Manuel C	13 Fowler P
CPH	0 Dischbein K	10 Miles S	11 Dortch C	24 O'Connor A	33 O'Connor T

Game Time	LIF	Score	Diff	CPH
08:00	21 SIMMONS A substitution out			
08:00	13 FOWLER P substitution in			
08:00				1 POPULIS G substitution out
08:00				3 NORRIS K substitution out
08:00				10 MILES S substitution in
08:00				33 O'CONNOR T substitution in
07:42				10 MILES S turnover lost ball (2)
07:23	4 MANUEL C 2pt FG from turnover in the paint, layup missed			
07:20				33 O'CONNOR T defensive rebound (2)
07:00				10 MILES S turnover (3)
06:51	4 MANUEL C 3pt FG from turnover, jump shot missed			
06:48				24 O'CONNOR A defensive rebound (6)
06:45		34-31	3	0 DISCHBEIN K 2pt FG fast break in the paint, layup made (18)
06:45				24 O'CONNOR A assist (2)
06:34	2 HARRIS Z 2pt FG outside the paint, jump shot made (14)	36-31	5	
06:09		36-33	3	33 O'CONNOR T 2pt FG in the paint, layup made (2)
06:09				10 MILES S assist (1)
05:51	4 MANUEL C foul drawn (2)			10 MILES S foul personal (3 - 1)
05:51				10 MILES S substitution out
05:51				3 NORRIS K substitution in
05:46	1 MANUEL A 2pt FG in the paint, jump shot made (11)	38-33	5	
05:35	2 HARRIS Z foul personal (3 - 1)			24 O'CONNOR A foul drawn (5)
05:23	1 MANUEL A steal (1)			3 NORRIS K turnover bad pass (1)
05:19	3 POLK D 2pt FG from turnover in the paint, layup blocked			
05:19				24 O'CONNOR A block (2)
05:15				33 O'CONNOR T defensive rebound (3)
05:12	3 POLK D foul personal (1 - 2)			24 O'CONNOR A foul drawn (6)
05:04				24 O'CONNOR A turnover bad pass (5)
04:54	1 MANUEL A foul drawn (4)			0 DISCHBEIN K foul personal (3 - 2)
04:49	4 MANUEL C foul offensive (2 - 3)			11 DORTCH C foul drawn (4)
04:49	4 MANUEL C turnover offensive (3)			
04:49		38-36	2	33 O'CONNOR T 3pt FG from turnover, jump shot made (5)
04:49				0 DISCHBEIN K assist (2)
04:49	4 MANUEL C 2pt FG outside the paint, jump shot missed			
04:45	13 FOWLER P offensive rebound (9)			
04:45	jump ball situation			
04:14	2 HARRIS Z 3pt FG second chance, jump shot made (17)	41-36	5	
04:09	2 HARRIS Z steal (9)			33 O'CONNOR T turnover bad pass (4)
04:09	3 POLK D 2pt FG from turnover in the paint, layup made (2)	43-36	7	
04:09	2 HARRIS Z assist (2)			
04:09	3 POLK D foul drawn (1)			24 O'CONNOR A foul shooting (2 - 3)
04:08	3 POLK D free throw 1 - 1 missed			



Official Basketball Play-by-Play - 3rd Period
Central (Park Hills) at Lift for Life
 03/14/24 Mizzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Game Time	LIF	Score	Diff	CPH
04:07				24 O'CONNOR A defensive rebound (7)
03:54	jump ball situation			
03:51				33 O'CONNOR T 2pt FG in the paint, jump shot missed
03:46	4 MANUEL C defensive rebound (1)			
03:40	3 POLK D 3pt FG , jump shot made (5)	46-36	10	
03:40	2 HARRIS Z assist (3)			
03:28				33 O'CONNOR T 2pt FG outside the paint, jump shot missed
03:25	2 HARRIS Z defensive rebound (3)			
03:22	2 HARRIS Z foul drawn (4)			24 O'CONNOR A foul shooting (3 - 4)
03:22	2 HARRIS Z free throw fast break 1 - 2 made (18)	47-36	11	
03:22				33 O'CONNOR T substitution out
03:22				1 POPULIS G substitution in
03:20	2 HARRIS Z free throw fast break 2 - 2 missed			
03:19	13 FOWLER P offensive rebound (10)			
03:19	13 FOWLER P 2pt FG second chance in the paint, layup made (8)	49-36	13	
03:19	13 FOWLER P foul drawn (3)			0 DISCHBEIN K foul shooting (4 - 5)
03:19	13 FOWLER P free throw 1 - 1 made (9)	50-36	14	
03:19				0 DISCHBEIN K substitution out
03:19				33 O'CONNOR T substitution in
03:19				Timeout 60 Sec
03:03		50-38	12	24 O'CONNOR A 2pt FG in the paint, layup made (6)
02:48	3 POLK D 3pt FG , jump shot made (8)	53-38	15	
02:48	2 HARRIS Z assist (4)			
02:26				24 O'CONNOR A 2pt FG in the paint, layup missed
02:23	13 FOWLER P defensive rebound (11)			
02:17	3 POLK D 3pt FG , jump shot missed			
02:14				24 O'CONNOR A defensive rebound (8)
02:09				3 NORRIS K 3pt FG , jump shot missed
02:06	2 HARRIS Z defensive rebound (4)			
01:51	4 MANUEL C 3pt FG , jump shot made (10)	56-38	18	
01:51	2 HARRIS Z assist (5)			
01:37	2 HARRIS Z foul shooting (4 - 4)			1 POPULIS G foul drawn (1)
01:37		56-39	17	1 POPULIS G free throw 1 - 2 made (1)
01:37	2 HARRIS Z substitution out			
01:37	5 HAWKINS L substitution in			
01:37				1 POPULIS G free throw 2 - 2 missed
01:35	3 POLK D defensive rebound (3)			
01:24	1 MANUEL A 3pt FG , jump shot missed			
01:21				24 O'CONNOR A defensive rebound (9)
01:19				33 O'CONNOR T 2pt FG in the paint, layup missed
01:17	1 MANUEL A defensive rebound (3)			
01:11	1 MANUEL A 2pt FG fast break outside the paint, jump shot made (13)	58-39	19	
01:01	4 MANUEL C foul shooting (3 - 5)			24 O'CONNOR A foul drawn (7)
01:01				24 O'CONNOR A free throw 1 - 2 missed
01:01				offensive dead ball rebound (4)
01:01	4 MANUEL C substitution out			
01:01	10 PARCHMON A substitution in			



Official Basketball Play by Play - 3rd Period
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Game Time	LIF	Score	Diff	CPH
01:01				1 POPULIS G substitution out
01:01				10 MILES S substitution in
01:01		58-40	18	24 O'CONNOR A free throw 2 - 2 made (7)
00:49	1 MANUEL A 2pt FG in the paint, layup made (15)	60-40	20	
00:49	5 HAWKINS L assist (1)			
00:41				10 MILES S 2pt FG in the paint, jump shot missed
00:41				33 O'CONNOR T offensive rebound (4)
00:35				33 O'CONNOR T 2pt FG second chance in the paint, jump shot missed
00:35	1 MANUEL A defensive rebound (4)			
00:35	3 POLK D 2pt FG in the paint, jump shot made (10)	62-40	22	
00:34				3 NORRIS K turnover bad pass (2)
00:33	1 MANUEL A 2pt FG from turnover in the paint, layup missed			
00:33	13 FOWLER P offensive rebound (12)			
00:33	13 FOWLER P 2pt FG from turnover second chance in the paint, layup made (11)	64-40	24	
00:33	13 FOWLER P foul drawn (4)			33 O'CONNOR T foul shooting (3 - 6)
00:33	13 FOWLER P free throw 1 - 1 missed			
00:33				10 MILES S defensive rebound (3)
00:33	10 PARCHMON A foul personal (1 - 6)			11 DORTCH C foul drawn (5)
00:33		64-41	23	11 DORTCH C free throw 1 - 2 made (6)
00:33		64-42	22	11 DORTCH C free throw 2 - 2 made (7)
00:13	3 POLK D turnover bad pass (1)			
00:13				11 DORTCH C substitution out
00:13				0 DISCHBEIN K substitution in
00:04				33 O'CONNOR T 3pt FG from turnover, jump shot missed
00:00	defensive dead ball rebound (1)			
END OF PERIOD				
LIF 64-42 CPH				



Official Basketball Box Score - 3rd Period
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Central (Park Hills) - 13

NO.	Name	Min	FG		3P	FT	Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
			M-A	M-A	M-A	OR	DR	TOT	PF	FD	BS					BA		
0	Khloe Dischbein	04:54	1-1	0-0	0-0	0	0	0	2	0	2	1	0	0	0	0	0	-9
10	Sydney Miles	03:10	0-1	0-0	0-0	0	1	1	1	0	0	1	2	0	0	0	-1	
11	Courtney Dortch	07:47	0-0	0-0	2-2	0	0	0	0	2	2	0	0	0	0	0	-17	
24	Allysa O'Connor	08:00	1-2	0-0	1-2	0	4	4	2	3	3	1	1	0	1	0	-17	
33	Taylor O'Connor	07:57	2-7	1-2	0-0	1	2	3	1	0	5	0	1	0	0	0	-14	
3	Kinley Norris	05:51	0-1	0-1	0-0	0	0	0	0	0	0	0	2	0	0	0	-19	
1	Gracelyn Populis	02:21	0-0	0-0	1-2	0	0	0	0	1	1	0	0	0	0	0	-8	
Team							0	0	0		0		0					
Totals			4-12	1-3	4-6	1	7	8	6	6	13	3	6	0	1	0	-17	

Shooting By Period		
3rd FG%	4-12	33.3%
3PT%	1-3	33.3%
FT%	4-6	66.7%
GMFG%	4-12	33.3%
3PT%	1-3	33.3%
FT%	4-6	66.7%

Dead Ball Rebounds: 1, 0

Technical Fouls: NONE

Lift for Life - 30

NO.	Name	Min	FG		3P	FT	Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
			M-A	M-A	M-A	OR	DR	TOT	PF	FD	BS					BA		
1	Amaya Manuel	08:00	3-5	0-1	0-0	0	2	2	0	1	6	0	0	1	0	0	17	
2	Zha'Viara Harris	06:23	2-2	1-1	1-2	0	2	2	2	1	6	4	0	1	0	0	12	
3	Diamond Polk	08:00	4-6	2-3	0-1	0	1	1	1	1	10	0	1	0	0	1	17	
4	Cara Manuel	06:59	1-4	1-2	0-0	0	1	1	2	1	3	0	1	0	0	0	14	
13	Paige Fowler	08:00	2-2	0-0	1-2	3	1	4	0	2	5	0	0	0	0	0	17	
21	Alandyn Simmons	00:00	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0	
5	London Hawkins	01:37	0-0	0-0	0-0	0	0	0	0	0	0	1	0	0	0	0	5	
10	Ashreale Parchmon	01:01	0-0	0-0	0-0	0	0	0	1	0	0	0	0	0	0	0	3	
Team							0	0	0		0		0					
Totals			12-19	4-7	2-5	3	7	10	6	6	30	5	2	2	0	1	17	

Shooting By Period		
3rd FG%	12-19	63.2%
3PT%	4-7	57.1%
FT%	2-5	40%
GMFG%	12-19	63.2%
3PT%	4-7	57.1%
FT%	2-5	40.0%

Dead Ball Rebounds: 0, 1

Technical Fouls: NONE

	CPH	LIF
Biggest lead	0 (1 st 8:00)	24 (3 rd 0:33)
Best Scoring Run	3 (3 rd 4:49)	12 (3 rd 3:19)
Lead Changes	0	
Times Tied	0	
Time with Lead	00:00	07:23

	CPH	LIF
Points from		
Turnovers	3	4
Paint	6	12
Second Chance	0	8
Fast Breaks	2	3
Bench	1	0

Period by Period Scoring					
	1st	2nd	3rd	4th	TOT
CPH	17	12	13	15	57
LIF	21	13	30	11	75



Official Basketball Play by Play - 4th Period
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Period 4

Period Starters:

LIF	1 Manuel A	3 Polk D	5 Hawkins L	10 Parchmon A	13 Fowler P
CPH	0 Dischbein K	3 Norris K	10 Miles S	24 O'Connor A	33 O'Connor T

Game Time	LIF	Score	Diff	CPH
07:42	1 MANUEL A turnover bad pass (3)			
07:30	1 MANUEL A steal (2)			0 DISCHBEIN K turnover lost ball (5)
07:08	jump ball situation			
07:08	3 POLK D turnover lost ball (2)			24 O'CONNOR A steal (2)
06:46				10 MILES S 3pt FG from turnover, jump shot missed
06:44	1 MANUEL A defensive rebound (5)			
06:44	1 MANUEL A foul drawn (5)			24 O'CONNOR A foul personal (4 - 1)
06:32	1 MANUEL A 2pt FG in the paint, layup made (17)	66-42	24	
06:14		66-44	22	10 MILES S 2pt FG in the paint, layup made (3)
06:14				33 O'CONNOR T assist (1)
05:59	1 MANUEL A 3pt FG, jump shot missed			
05:58				3 NORRIS K defensive rebound (1)
05:58	13 FOWLER P foul personal (4 - 1)			3 NORRIS K foul drawn (2)
05:37		66-46	20	0 DISCHBEIN K 2pt FG in the paint, layup made (20)
05:21	3 POLK D turnover bad pass (3)			3 NORRIS K steal (2)
05:11				24 O'CONNOR A 3pt FG from turnover, jump shot missed
05:07	3 POLK D defensive rebound (4)			
04:59	1 MANUEL A turnover lost ball (4)			24 O'CONNOR A steal (3)
04:54		66-48	18	33 O'CONNOR T 2pt FG fast break from turnover in the paint, layup made (7)
04:54				24 O'CONNOR A assist (3)
04:43	Timeout 30 Sec			
04:43				0 DISCHBEIN K substitution out
04:43				11 DORTCH C substitution in
04:32	5 HAWKINS L turnover bad pass (1)			33 O'CONNOR T steal (1)
04:29				33 O'CONNOR T turnover bad pass (5)
04:29				11 DORTCH C substitution out
04:29				0 DISCHBEIN K substitution in
04:21	3 POLK D turnover bad pass (4)			0 DISCHBEIN K steal (1)
04:17				0 DISCHBEIN K 2pt FG from turnover in the paint, layup missed
04:14	1 MANUEL A defensive rebound (6)			
04:04	3 POLK D 3pt FG, jump shot missed			
03:59	13 FOWLER P offensive rebound (13)			
03:59	13 FOWLER P 2pt FG second chance in the paint, layup made (13)	68-48	20	
03:56	1 MANUEL A steal (3)			0 DISCHBEIN K turnover bad pass (6)
03:51	1 MANUEL A 2pt FG fast break from turnover in the paint, layup made (19)	70-48	22	
03:40	3 POLK D foul personal (2 - 2)			0 DISCHBEIN K foul drawn (6)
03:40	5 HAWKINS L substitution out			
03:40	10 PARCHMON A substitution out			
03:40	2 HARRIS Z substitution in			
03:40	55 DAVIDSON I substitution in			



Official Basketball Play by Play - 4th Period
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Game Time	LIF	Score	Diff	CPH
03:37	3 POLK D steal (1)			24 O'CONNOR A turnover bad pass (6)
03:31	55 DAVIDSON I 2pt FG fast break from turnover in the paint, layup made (2)	72-48	24	
03:31	3 POLK D assist (2)			
03:20	2 HARRIS Z foul shooting (5 - 3)			24 O'CONNOR A foul drawn (8)
03:20	2 HARRIS Z substitution out			
03:20	4 MANUEL C substitution in			
03:20		72-49	23	24 O'CONNOR A free throw 1 - 2 made (8)
03:20		72-50	22	24 O'CONNOR A free throw 2 - 2 made (9)
03:20				Timeout 60 Sec
03:20	3 POLK D substitution out			
03:20	21 SIMMONS A substitution in			
03:08	1 MANUEL A turnover bad pass (5)			0 DISCHBEIN K steal (2)
02:57				3 NORRIS K 2pt FG from turnover in the paint, jump shot missed
02:53				3 NORRIS K offensive rebound (2)
02:53				3 NORRIS K 2pt FG from turnover second chance in the paint, layup missed
02:52	21 SIMMONS A defensive rebound (1)			
02:44	4 MANUEL C foul drawn (3)			10 MLES S foul shooting (4 - 2)
02:44	4 MANUEL C free throw 1 - 2 made (11)	73-50	23	
02:44	4 MANUEL C free throw 2 - 2 missed			
02:42	13 FOWLER P offensive rebound (14)			
02:42	13 FOWLER P foul drawn (5)			24 O'CONNOR A foul shooting (5 - 3)
02:42				24 O'CONNOR A substitution out
02:42				11 DORTCH C substitution in
02:42	13 FOWLER P free throw 1 - 1 missed			
02:42	offensive rebound (34)			
02:42	13 FOWLER P turnover (2)			
02:42		73-52	21	0 DISCHBEIN K 2pt FG from turnover in the paint, jump shot made (22)
02:40	55 DAVIDSON I 3pt FG , jump shot missed			
02:40				33 O'CONNOR T defensive rebound (5)
02:35		73-55	18	10 MLES S 3pt FG , jump shot made (6)
02:30	13 FOWLER P 2pt FG in the paint, layup missed			
02:22	13 FOWLER P offensive rebound (15)			
02:22	13 FOWLER P 2pt FG second chance in the paint, layup missed			
02:20	13 FOWLER P offensive rebound (16)			
02:20	13 FOWLER P 2pt FG second chance in the paint, layup missed			
02:19				defensive rebound (31)
01:34	1 MANUEL A foul personal (3 - 4)			11 DORTCH C foul drawn (6)
01:26	4 MANUEL C steal (2)			0 DISCHBEIN K turnover lost ball (7)
01:26	21 SIMMONS A 2pt FG fast break from turnover in the paint, layup made (2)	75-55	20	
01:26	4 MANUEL C assist (2)			
01:17	4 MANUEL C foul personal (4 - 5)			0 DISCHBEIN K foul drawn (7)
01:17		75-56	19	0 DISCHBEIN K free throw 1 - 2 made (23)
01:17				10 MLES S substitution out
01:17				33 O'CONNOR T substitution out



Official Basketball PlaybyPlay - 4th Period
Central (Park Hills) at Lift for Life
03/14/24 Mizzou Arena, Columbia MO
MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Game Time	LIF	Score	Diff	CPH
01:17				4 MCCLANAHAN E substitution in
01:17				20 BOYER A substitution in
01:17		75-57	18	0 DISCHBEIN K free throw 2 - 2 made (24)
01:17				3 NORRIS K substitution out
01:17				13 NEFF A substitution in
01:17				0 DISCHBEIN K substitution out
01:17				5 POPULIS M substitution in
01:17				11 DORTCH C substitution out
01:17				22 MONGES M substitution in
END OF GAME				
LIF 75-57 CPH				



Official Basketball Box Score - 4th Period
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Central (Park Hills) - 15

NO.	Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
			M-A	M-A	M-A	OR	DR	TOT	PF	FD					BS	BA	
0	Khloe Dischbein	06:29	2-3	0-0	2-2	0	0	0	0	2	6	0	3	2	0	0	4
10	Sydney Miles	06:43	2-3	1-2	0-0	0	0	0	1	0	5	0	0	0	0	0	3
11	Courtney Dortch	01:39	0-0	0-0	0-0	0	0	0	0	1	0	0	0	0	0	0	5
24	Allysa O'Connor	05:18	0-1	0-1	2-2	0	0	0	2	1	2	1	1	2	0	0	-1
33	Taylor O'Connor	06:43	1-1	0-0	0-0	0	1	1	0	0	2	1	1	1	0	0	3
3	Kinley Norris	06:43	0-2	0-0	0-0	1	1	2	0	1	0	0	0	1	0	0	4
4	Ella McClanahan	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	1
5	Morgan Populis	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0
13	Alexandra Neff	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0
20	Avery Boyer	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	1
22	Mia Monges	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0
Team						0	1	1			0		0				
Totals			5-10	1-3	4-4	1	3	4	3	5	15	2	5	6	0	0	4

Shooting By Period		
4th FG%	5-10	50.0%
3PT%	1-3	33.3%
FT%	4-4	100%
GMFG%	5-10	50.0%
3PT%	1-3	33.3%
FT%	4-4	100.0%

Dead Ball Rebounds: 0, 0

Technical Fouls: NONE

Lift for Life - 11

NO.	Name	Min	FG			Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
			M-A	M-A	M-A	OR	DR	TOT	PF	FD					BS	BA	
1	Amaya Manuel	08:00	2-3	0-1	0-0	0	2	2	1	1	4	0	3	2	0	0	-4
2	Zha'Viara Harris	00:20	0-0	0-0	0-0	0	0	0	1	0	0	0	0	0	0	0	2
3	Diamond Polk	04:40	0-1	0-1	0-0	0	1	1	1	0	0	1	3	1	0	0	0
4	Cara Manuel	03:20	0-0	0-0	1-2	0	0	0	1	1	1	1	0	1	0	0	-6
13	Paige Fowler	08:00	1-4	0-0	0-1	4	0	4	1	1	2	0	1	0	0	0	-4
5	London Hawkins	04:20	0-0	0-0	0-0	0	0	0	0	0	0	0	1	0	0	0	0
10	Ashreale Parchmon	04:20	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0
55	Isha Davidson	03:40	1-2	0-1	0-0	0	0	0	0	0	2	0	0	0	0	0	-4
21	Alandyn Simmons	03:20	1-1	0-0	0-0	0	1	1	0	0	2	0	0	0	0	0	-4
Team						1	0	1			0		0				
Totals			5-11	0-3	1-3	5	4	9	5	3	11	2	8	4	0	0	-4

Shooting By Period		
4th FG%	5-11	45.5%
3PT%	0-3	0.0%
FT%	1-3	33.3%
GMFG%	5-11	45.5%
3PT%	0-3	0.0%
FT%	1-3	33.3%

Dead Ball Rebounds: 0, 0

Technical Fouls: NONE

	CPH	LIF
Biggest lead	0 (1 st 8:00)	24 (4 th 6:32)
Best Scoring Run	6 (4 th 4:54)	6 (4 th 3:31)
Lead Changes	0	
Times Tied	0	
Time with Lead	00:00	06:46

	CPH	LIF
Points from		
Turnovers	4	6
Paint	8	10
Second Chance	0	2
Fast Breaks	2	6
Bench	0	4

Period by Period Scoring					
	1st	2nd	3rd	4th	TOT
CPH	17	12	13	15	57
LIF	21	13	30	11	75



Official Basketball Box Score - Second Half
Central (Park Hills) at Lift for Life
 03/14/24 Mzzou Arena, Columbia MO
 MSHSAA Show-Me Showdown - Class 4 Girls Championship

Game Time: 8:00 PM
 Game Duration: 1:23

Officials: Bree Fowler, Jordan Hunter, Jason Iles

Central (Park Hills) - 28

NO. Name	Min	FG		3P	FT	Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
		M-A	M-A	M-A	OR	DR	TOT	PF	FD	BS					BA		
0 Khloe Dischbein	11:23	3-4	0-0	2-2	0	0	0	2	2	8	1	3	2	0	0	-5	
10 Sydney Miles	09:53	2-4	1-2	0-0	0	1	1	2	0	5	1	2	0	0	0	2	
11 Courtney Dortch	09:26	0-0	0-0	2-2	0	0	0	0	3	2	0	0	0	0	0	-12	
24 Allysa O'Connor	13:18	1-3	0-1	3-4	0	4	4	4	4	5	2	2	2	1	0	-18	
33 Taylor O'Connor	14:40	3-8	1-2	0-0	1	3	4	1	0	7	1	2	1	0	0	-11	
3 Kinley Norris	12:34	0-3	0-1	0-0	1	1	2	0	1	0	0	2	1	0	0	-15	
1 Gracelyn Populis	02:21	0-0	0-0	1-2	0	0	0	0	1	1	0	0	0	0	0	-8	
4 Ella McClanahan	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	1	
5 Morgan Populis	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0	
13 Alexandra Neff	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0	
20 Avery Boyer	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	1	
22 Mia Monges	01:17	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0	0	0	
Team					0	1	1			0		0					
Totals		9-22	2-6	8-10	2	10	12	9	11	28	5	11	6	1	0	-13	

Shooting By Period		
3 rd FG%	4-12	33.3%
3PT%	1-3	33.3%
FT%	4-6	66.7%
4 th FG%	5-10	50.0%
3PT%	1-3	33.3%
FT%	4-4	100%
GMFG%	9-22	40.9%
3PT%	2-6	33.3%
FT%	8-10	80.0%

Dead Ball Rebounds: 1, 0

Technical Fouls: NONE

Lift for Life - 41

NO. Name	Min	FG		3P	FT	Rebounds			Fouls		TP	AS	TO	ST	Blocks		+/-
		M-A	M-A	M-A	OR	DR	TOT	PF	FD	BS					BA		
1 Amaya Manuel	16:00	5-8	0-2	0-0	0	4	4	1	2	10	0	3	3	0	0	13	
2 Zha'Viara Harris	06:43	2-2	1-1	1-2	0	2	2	3	1	6	4	0	1	0	0	14	
3 Diamond Polk	12:40	4-7	2-4	0-1	0	2	2	2	1	10	1	4	1	0	1	17	
4 Cara Manuel	10:19	1-4	1-2	1-2	0	1	1	3	2	4	1	1	1	0	0	8	
13 Paige Fowler	16:00	3-6	0-0	1-3	7	1	8	1	3	7	0	1	0	0	0	13	
5 London Hawkins	05:57	0-0	0-0	0-0	0	0	0	0	0	0	1	1	0	0	0	5	
10 Ashreale Parchmon	05:21	0-0	0-0	0-0	0	0	0	1	0	0	0	0	0	0	0	3	
55 Isha Davidson	03:40	1-2	0-1	0-0	0	0	0	0	0	2	0	0	0	0	0	-4	
21 Alandyn Simmons	03:20	1-1	0-0	0-0	0	1	1	0	0	2	0	0	0	0	0	-4	
Team					1	0	1			0		0					
Totals		17-30	4-10	3-8	8	11	19	11	9	41	7	10	6	0	1	13	

Shooting By Period		
3 rd FG%	12-19	63.2%
3PT%	4-7	57.1%
FT%	2-5	40%
4 th FG%	5-11	45.5%
3PT%	0-3	0.0%
FT%	1-3	33.3%
GMFG%	17-30	56.7%
3PT%	4-10	40.0%
FT%	3-8	37.5%

Dead Ball Rebounds: 0, 1

Technical Fouls: NONE

	CPH	LIF
Biggest lead	0 (1 st 8:00)	24 (3 rd 0:33)
Best Scoring Run	6 (4 th 4:54)	12 (3 rd 3:19)
Lead Changes	0	
Times Tied	0	
Time with Lead	00:00	15:23

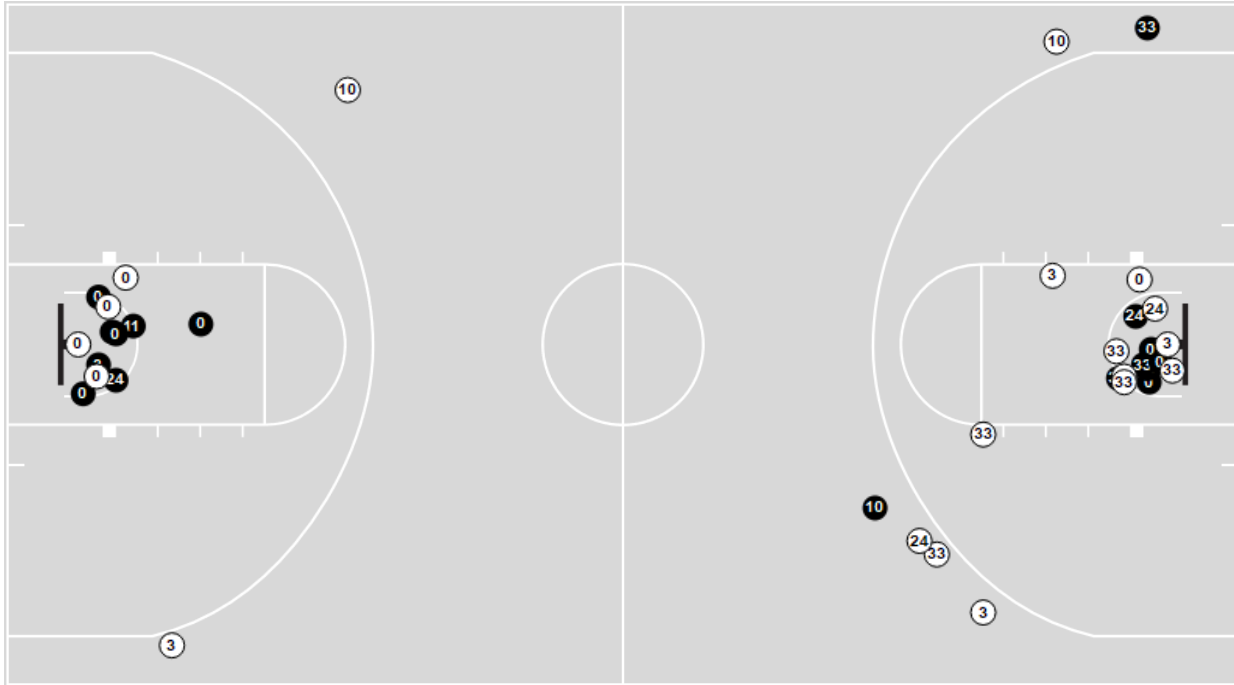
	CPH	LIF
Points from		
Turnovers	7	10
Paint	14	22
Second Chance	0	10
Fast Breaks	4	9
Bench	1	4

Period by Period Scoring					
	1st	2nd	3rd	4th	TOT
CPH	17	12	13	15	57
LIF	21	13	30	11	75

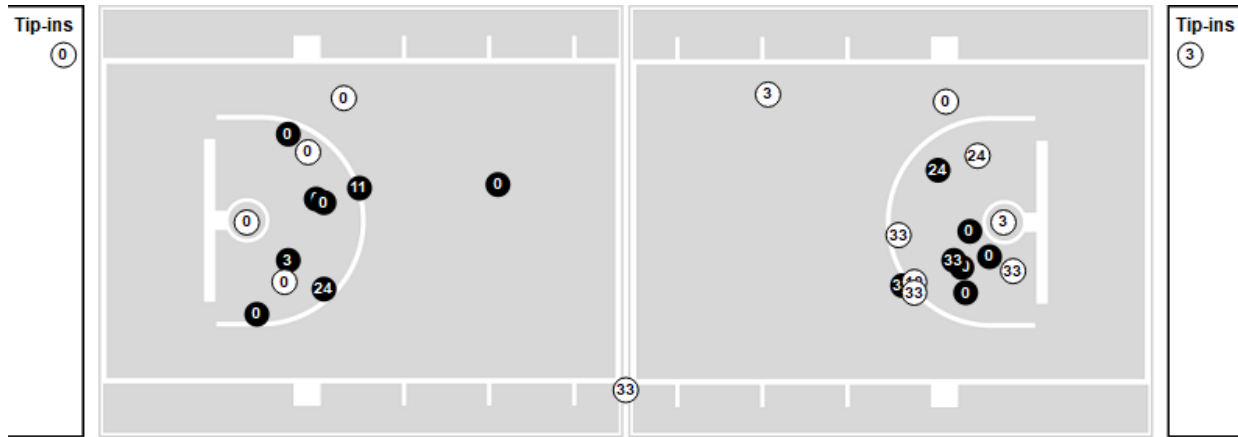


Players => All ; FG Types => All ; Results => All ;
Central (Park Hills)

All Field Goals



Shots in the Paint



● Made ○ Missed N - Player Number

Central (Park Hills)	M/A	%
Field Goals	17/36	47
2 Points	15/28	54
3 Points	2/8	25
Free Throws	21/29	72

Central (Park Hills)	M/A	%
Points in the Paint	30 (15/27)	56
Fast Break Points	5 (3/4)	75
Second Chance Points	2 (1/4)	25
Effective FG%	50	

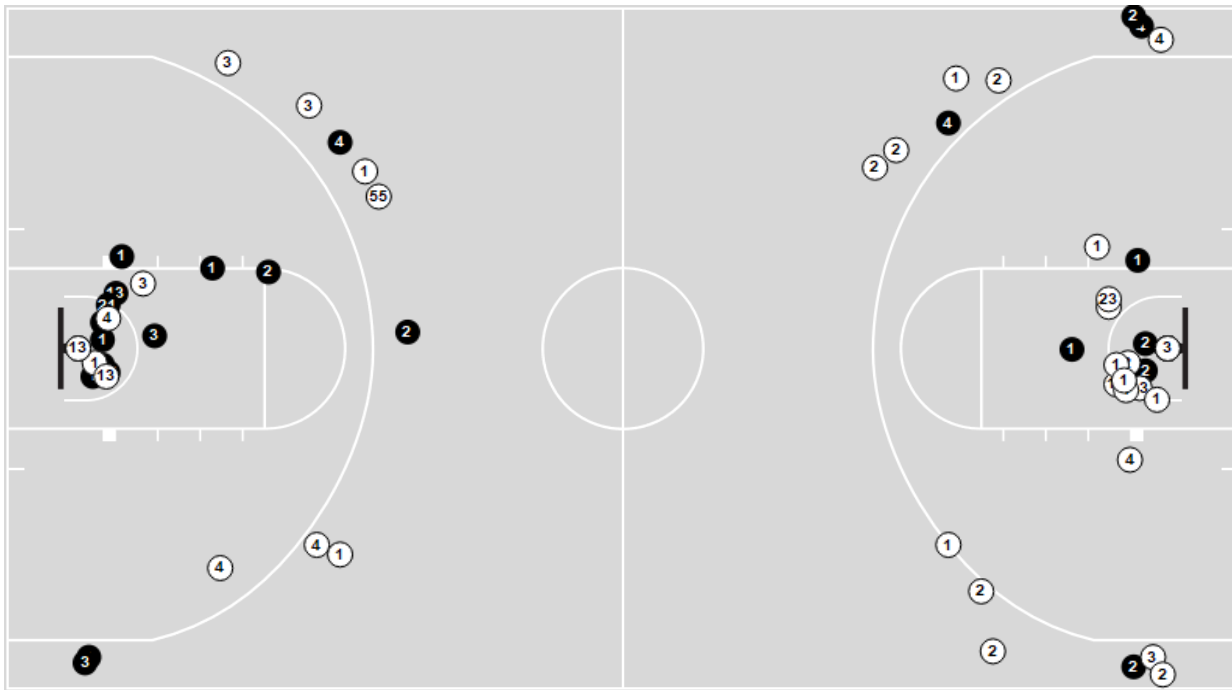


Officials: Bree Fowler, Jordan Hunter, Jason Iles

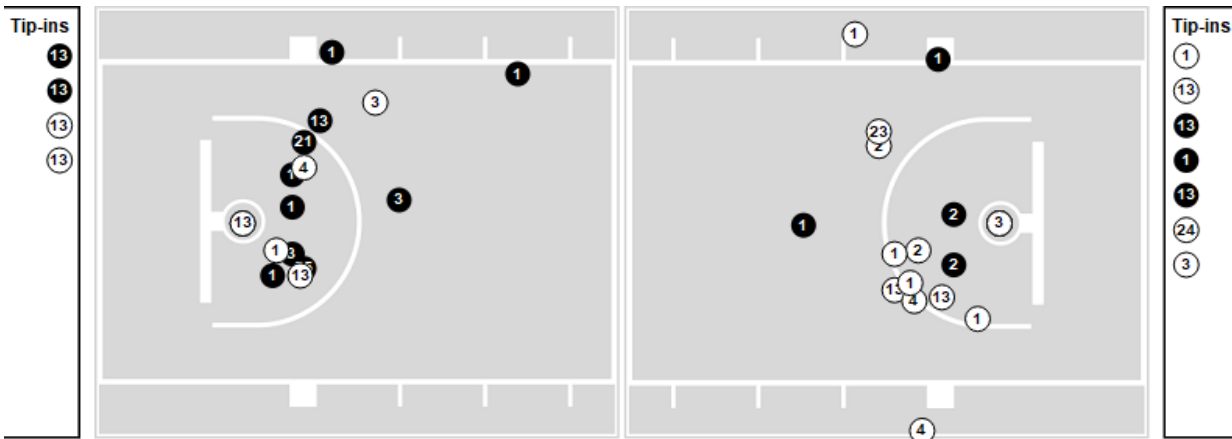
Players => All ; FG Types => All ; Results => All ;

Lift for Life

All Field Goals



Shots in the Paint



● Made ○ Missed N - Player Number

Lift for Life	M/A	%
Field Goals	28/66	42
2 Points	20/43	47
3 Points	8/23	35
Free Throws	11/18	61

Lift for Life	M/A	%
Points in the Paint	34 (17/36)	47
Fast Break Points	13 (7/8)	88
Second Chance Points	25 (13/22)	59
Effective FG%	48	