

Sports Medicine Advisory Committee Recommendations

Fall 2024

- N 1. Recommend that all member schools have access to an athletic trainer for their school.
- Rationale:** Committee is committed to communicating their belief it is best practice for schools to have the services of an athletic trainer.
- Y* 2. Recommend to accept the draft of the 2023-2024 MSHSAA Interscholastic Youth Sports Head Injury Report as presented and edited in the meeting, and if the law allows, change the title to MSHSAA Interscholastic Youth Sports Acute Brain Injury Report.
- Rationale:** This meets the annual requirement by Missouri Statute.
- Y 3. Recommend MSHSAA to send out NFHS document on exertional heat stroke in football to all football coaches, athletic directors, athletic trainers and school nurses.
- Rationale:** Will keep the membership informed of the latest research in this area.
- Y 4. Recommend a subcommittee to work with the MSHSAA Student Advisory Committee on issues of student and adult mental health.
- Rationale:** Aligns the recommendations of the Student Advisory Committee and concerns of the SMAC. The committee is excited to partner with the Student Advisory Committee.
- Y 5. Recommend that Dr. Mark Halstead be named the chair of the MSHSAA Sports Medicine Committee.
- Rationale:** The SMAC has not had a chair since the loss of the long-time chair, due to a change of job.

*Approved by Board of Directors in September 2024.

Staff recommendations are shown to the left of each item.

Y	Yes	The staff's recommendation is for the Board to approve the committee's recommendation.
A	Yes as Amended	The staff's recommendation is to approve the committee's recommendation, as amended/modified by the staff; the original committee recommendation can be viewed in the committee minutes.
N	No	The staff's recommendation is for the Board to deny the committee's recommendation.
D	Discuss	The staff's recommendation is for the Board to discuss the committee's recommendation due to a variety of pros and cons associated with its potential approval.
T	Table	The staff's recommendation is for the Board to table the committee's recommendation for further study or for its referral to another committee.