



**FRIDAY, February 21, 2014  
SWIMMING WARM-UP  
GROUPS**

**GROUP 1: 1:15 – 1:35 pm – Laps  
2:35 – 2:45 pm – Take-offs**

**GROUP 2: 1:35 – 1:55 pm – Laps  
2:25 – 2:35 pm – Take-offs**

**GROUP 3: 1:55 – 2:15 pm – Laps  
2:15 – 2:25 pm – Take-offs**

Belton	Battle	Blue Springs
Blue Springs South	Carthage	Clayton
Bolivar	Central (Springfield)	Cor Jesu Acad
Francis Howell North	Central (St Joseph)	Francis Howell
Ft Zumwalt West	Eureka	Ft Zumwalt North
Glendale	Francis Howell Central	Jackson
Hazelwood West	Hickman	John Burroughs
Holt	Joplin	John F Kennedy
Kickapoo	Kearney	Nixa
Ladue Horton Watkins	Kirkwood	Park Hill South
Lafayette (Wildwood)	Lee's Summit	Parkway Central
Lee's Summit North	Lee's Summit West	Parkway North
Liberty	Liberty North	Parkway West
Lindbergh	Marquette	Pattonville
Logan-Rogersville	MICDS	Perryville
Nerinx Hall	Notre Dame de Sion	Rock Bridge
Nevada	Oak Park	Rosati-Kain
Notre Dame (Cape)	Ozark	St. Pius X
Oakville	Park Hill	Staley
Parkway South	Poplar Bluff	Summit Prep
Raymore-Peculiar	Raytown South	Villa Duchesne
St Joseph's Acad	St Teresa's Acad	Westminster Christian
St Charles	Visitation	Winnetonka
Webb City	Webster Groves	