

# MSHSAA WRESTLING

## WEIGHT CERTIFICATION EXCEPTION REQUEST

**NOTE:** This form must be completed by the school Athletic Director and Head Wrestling Coach prior to being approved to certify any wrestler or wrestler's weight classification after January 14<sup>th</sup>.

**Weight Certification Exception:** A wrestler who has not been medically released due to injury or an ineligible wrestler gaining eligibility must first complete the weight management assessment by a MSHSAA approved Assessor after January 14th. The weight class in which the wrestler officially weighs in at for the first time, making scratch weight, on or after January 15 will be considered his/her minimum wrestling weight. All wrestlers qualifying for the exception are required to meet the first weigh-in requirement on or before the Saturday of Week 31 of the Standardized Calendar (February 7, 2015).

School Name: \_\_\_\_\_ Wrestler Name: \_\_\_\_\_

Date of when Injury/Illness occurred: \_\_\_\_\_

Date of when athlete gained/regained eligibility: \_\_\_\_\_

Date of 1<sup>st</sup> Attended Wrestling Practice: \_\_\_\_\_

Date which wrestler will/did fulfill the 14 conditioning practices requirement: \_\_\_\_\_

Has this athlete had a weight assessment completed at any point during this wrestling season?

If a weight assessment has been completed, what date did it occur? Date: \_\_\_\_\_

**Brief Summary:** (Provide a summary of why this athlete qualifies to certify at a weight class for the postseason after the deadline date of January 14<sup>th</sup> through the Weight Certification Exception)

\_\_\_\_\_  
A.D. Signature                      Date                      Head Coach Signature                      Date

**Final Note:** This document must be submitted to the Assistant Executive Director of Wrestling at the MSHSAA office for approval. The MSHSAA will provide written documentation to the school as to whether the wrestler is approved for using the weight certification exception.