



## Spring Tryouts for Sideline Cheer and Dance/Pom/Winter Guard Teams Require Physicals

The MSHSAA Board of Directors has interpreted By-Laws 276.0 and 283.0 to include tryouts as a recognized event for sideline cheerleading and dance teams. School administrators and event sponsors should be certain all students involved in the tryouts provide a physician's certificate stating that the individual is physically able to participate in sideline cheerleading or dance activities as required prior to participating in any activities in preparation for tryouts.

It should be noted that cheerleading and dance physicals issued **on or after February 1, 2011, are valid for the remainder of the current school year and all of the upcoming school year (2011-2012).**

To keep problems at a minimum, please provide advance notice of this requirement to interested students to allow sufficient time for physicals to be obtained prior to tryouts.