

National Federation of State High School Associations



2008 NFHS National Student Leadership Conference

Sponsored By



Student/Adult Delegate Application



July 17 – 20, 2008

at the Indianapolis Hilton
Indianapolis, Indiana

Take Part.
Get Set For Life.™



Take Part.
Get Set For Life.™

TOMORROW'S LEADERS – HIGH SCHOOL ACTIVITY PARTICIPANTS



Incredible attention is being paid to high school athletics and activities today; high school activity participants are looked upon as leaders because of their position on the team or club. Their impact on the climate and culture of their schools and other students is enormous. In fact, studies show that more than one-half of high school students participate in some sort of school activity or athletic program. Their involvement in the success of a high school is paramount and critical. The National Federation of State High School Associations (NFHS), which serves more than 11 million students nationwide each year, wants to be the leader in training talented, committed young people to become better citizens and who will be positive, contributing adults. We are pleased to announce that the NFHS is hosting the fourth annual National Student Leadership Conference, with the theme "Take Part. Get Set For Life."

The 2008 NFHS National Student Leadership Conference is a four-day leadership conference for 300 student and adult leaders from across the United States who participate in interscholastic athletics and fine arts activity programs through their state high school athletic/activities associations. The conference will be held July 17-20, at the downtown Hilton in Indianapolis, Indiana, national headquarters of the NFHS.

The NSLC will include large- and small-group discussion about contemporary issues that impact a young person being a leader and role model. In addition to group discussion, there will be guest speakers sharing their stories of overcoming challenges, perseverance and celebrating their talents. Field trips are planned to local areas of interest to participate in a city-wide community service project. The curriculum for the conference focuses on Respect, Positive Values, Perspective, Sportsmanship, Teamwork, Healthy Lifestyles, Community Service and Self-Evaluation. These components will be presented in small-group sessions led by outstanding adult and college facilitators specifically chosen for

their involvement in athletics in high schools and colleges. In addition, delegates will be able to choose speakers during a special personal development track on one day of the conference. Some of these topics include: NCAA Eligibility/National Clearinghouse, Money Management, Successful Tips for the ACT/SAT Standardized Tests, Hazing Education and Learning New and Exciting Ways To Use Technology To Host Virtual Team Play By Using the Internet, just to name a few of the elective sessions.

These facilitators will be with the student delegates throughout the conference as mentors and role models. They will be responsible for delivering the curriculum, leading the discussions that affect education-based athletics and activities and will be involved in every aspect of the conference.

The registration fee for each student is \$350, which includes conference gifts, all meals and all transportation while in Indianapolis. The Hilton Indianapolis hotel costs will be \$61 per night (taxes and fees included) per student (triple occupancy), and each student delegate will need to provide his or her own transportation to and from Indianapolis. However, all conference registration, transportation to and from Indianapolis, and hotel costs for the designated number of student delegates is free through a generous grant from T-Mobile USA, Inc.

The NFHS will also invite 75-100 adult delegates who will serve as advisors and coaches as they oversee the student delegates from their respective states. These adults will also take an active part in the discussion and curriculum of the NSLC. The NFHS will also have adult staff volunteers to help the students with any questions or concerns they might have. The conference will also be fully staffed with a top sports medicine team on site and within minutes of several local hospitals.



OPENING AND CLOSING GENERAL SESSION SPEAKERS



Harvey H. Alston

A remarkable communicator and one of the most in-demand speakers, Harvey H. Alston's career has spanned diverse positions – from head football coach of Columbus East High School in Ohio to assistant director of student financial aid at the university level. As an educator, he's taught English, biology, health, life sciences and math curricula. In addition, he has been instrumental in the promotion of body-building and in the direction of physical education programming. Harvey also served in business management and in supervisory positions in the food and restaurant industry. As supervisor, he was able to help alter the attitudes of employees. With his No. 1 record in this business, it gives him insight to the many aspects of positive customer service. He has spoken to millions of people who have benefited not only from his knowledge, but from his wisdom. He's authored four books, including **Be The Best** and **Black Males**. Over the years, Harvey has received numerous awards and national recognition. He is a member of the National Speakers Association and the Ohio Speakers Forum, and serves as advisor to many civic boards, panels and commissions.

Harvey has taken his personal, proven message – “Be the Best” – to literally millions of people. His unforgettable words of individual responsibility for achievement have improved spirits, spurred growth, changed lives. Harvey's powerful, soul-searching presentation uplifts people to a higher standard – to a level where people strive only for the BEST.



Stephen Bargatze

THE MAGIC OF STEPHEN

Stephen Bargatze has been a professional magician for more than 25 years. He has performed in a variety of different venues, including trade shows, comedy clubs, banquets and corporate functions. In addition, Bargatze has also been asked to perform and lecture to magicians around the world. This can only attest to his skill as a sleight-of-hand artist, but also as a performer. Performing for one's peers is one of the greatest honors obtainable in the field of magic.

Living in Music City, Nashville, Tennessee, Bargatze has worked with or for several of the top stars in country music, including Bill Cosby, Garth Brooks, Barbara Mandrel, Ray Stevens and several more.

His magical accolades include:

- Three-time World of Wizards champion
- South Eastern Association Magician of the Year
- Midwest Association Magician of the Year
- Comedy award at Abbott's Magic Convention
- International Brotherhood of Magicians Close-up Champion

In addition to these awards, Bargatze has also appeared on television several times, including an appearance on an HBO special.

As director of the Student Services Program for the Tennessee Secondary School Athletic Association, Bargatze gets the opportunity to speak to more than 45,000 students each school year. In addition to speaking to high school and middle school students, he also speaks on several college campuses. While making these appearances Bargatze uses his magic to show today's youth how drugs, alcohol and tobacco can affect their life. Bargatze also demonstrates the dangers of stereotypes and the importance of respecting yourself and respecting the differences in others to promote positive citizens at home, in school and in the community. His “Magic with a Message” presentations are not only enlightening to students but also inspirational.

After you witness “The Magic of Stephen,” you will know what true comedy entertainment is all about. And you will know firsthand how he has achieved his success.



ABOUT THE NFHS. . .

The NFHS stands for the National Federation of State High School Associations. It writes playing rules for 17 high school sports, and coordinates the national high school debate topic. Since 1920, the NFHS has led the development of education-based interscholastic sports and activities that help students succeed in their lives. We set directions for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. Through the work of its member state high school associations, the NFHS is responsible for more than 10 million students participating in sports, spirit programs and fine arts. The young people who are selected are a privileged group of individuals, because they represent their states in Indianapolis in July, 2008.

Q: WHO ARE FINE ARTS PARTICIPANTS?

Those talented individuals involved in speech, debate, music, theatre and band. There are approximately four million students who are part of their school's fine arts programs and more than 7 million who are involved in athletics.

Q: WHY IS THE NFHS HOSTING THE NSLC?

This is the only national student leadership conference for athletes and fine arts participants. The NFHS and its corporate partner, T-Mobile USA, feel these individuals have inherent leadership abilities and are the leaders of the future. The NFHS plans to direct these high school students on how to develop their leadership abilities and interact with their peers from around the United States and other countries.

Q: WHO IS T-MOBILE USA, INC.?

Based in Bellevue, Washington, T-Mobile USA, Inc. is a member of the T-Mobile International group, one of the world's leading companies in mobile communications, and the mobile telecommunications subsidiary of Deutsche Telekom AG. At the end of December 2006, more than 106 million mobile customers were served by companies of the Deutsche Telekom group – 25 million by T-Mobile USA – all via a common technology platform based on GSM, the world's most successful digital wireless standard. T-Mobile's innovative wireless products and services help empower people to connect effortlessly to those who matter most. Multiple independent research studies continue to rank T-Mobile highest, in numerous regions throughout the United States, in wireless call quality and wireless customer care. For more information, please visit the company's Web site at www.t-mobile.com. T-Mobile® is a federally registered trademark.

Q: WHAT IS THE CONFERENCE ATMOSPHERE AND ATTIRE?

This is a relaxed atmosphere to encourage learning and facilitate interaction. The mid-80 degree weather dictates casual clothes-jeans, shorts, skirts, sneakers, t-shirts would be appropriate for the majority of the conference functions. There are two occasions that your attire needs to be aligned with the event. The first event is a city-wide community service project at various local parks. Bring clothes that you will not mind getting very dirty. However, we will provide you with a community service t-shirt. The other event is a celebration dance on Saturday evening before you depart for home. This is not a black-tie affair, but we recommend you wear casual clothes that you can dance in. As part of your registration, we will provide you with two t-shirts (one conference and one community service) and one golf-style, collared shirt for our Friday night off-property event.

Our corporate partner, T-Mobile USA, will be sponsoring the T-Mobile Lounge in the Hilton Indianapolis for delegates to relax after the day's activities and congregate to chat, watch some videos and munch on popcorn.

Q: GREAT, I WANT TO GO! WHAT DO I HAVE TO DO?

Ask your school principal to contact your local state athletic/activity association for more information or check out the NFHS Web site, www.nfhs.org.

2008 NFHS National Student Leadership Conference



INDIANAPOLIS

The 12th largest city in the nation and the capital of Indiana, the Circle City is the center of America's heartland. More than 65 percent of the U.S. population lives within a 700-mile radius of Indianapolis. More interstates converge in Indianapolis than in any other city in the United States, which makes it one of America's most accessible cities.

The Arts play an important part in the lives of the people of Central Indiana and enrich the culture of the community. Indianapolis supports more than 200 arts organizations, including a world-class symphony, theater, opera, ballet, museums and art galleries.

Indianapolis offers a wide range of restaurants catering to tastes from traditional Indiana fare to gourmet vegetarian or international dishes. Nightlife offers something for everyone, including comedy clubs, dancing and dinner theaters.

Indianapolis certainly deserves its unofficial designation as "Amateur Sports Capital of the World." The city has state-of-the-art facilities for numerous sports, including venues that have hosted world-class competitions. Indianapolis offers something for all types of sports fans: the annual N.H.R.A. Nationals, RCA Tennis Championships, Indianapolis 500 Mile Race, Brickyard 400, the NFL Indianapolis Colts, the NBA Indiana Pacers, the WNBA Indiana Fever, the Indianapolis Indians baseball team and the Indianapolis ICE hockey team. The city is also known for its support of high school sports and activities.

The downtown White River State Park includes the new 78-acre Indianapolis Zoo featuring over 2,500 exotic and domestic animals exhibited in "cageless" simulated natural habitats of the world's waters, deserts, plains and forests. The Zoo includes Indiana's largest aquarium and the nation's only totally enclosed environmentally controlled whale and dolphin performance center. The White River Botanical Gardens are adjacent to the zoo located across the White River from NFHS offices.

The Hilton Indianapolis is a jewel in the downtown lodging crown. It is near the RCA Dome (home of the World Champion NFL Colts) and Indiana Convention Center and four blocks from the Conseco Fieldhouse, home of the NBA Pacers and WNBA Fever. The Hilton Indianapolis is steps away from downtown Indianapolis restaurants and theatres. The hotel is two blocks from Circle Center Mall which includes Nordstrom's, Eddie Bauer, Parisian and a variety of specialty stores.

Horse-drawn carriage tours of the sights in the downtown area are available days and evenings.





2008 NFHS National Student Leadership Conference

ADULT DELEGATE APPLICATION

Sponsored by



A National Federation of State High School Associations' Program
A \$350 registration fee will be billed to your state association.

(Please Print)

Male Female

First and Last Name _____

Home Address _____

City _____ State _____ Zip _____

Home Telephone Number _____ Cell Phone Number _____

E-mail Address _____

T-shirt Size *(based on men's sizing)* _____

School/Association Name _____

School/Association Address _____

City _____ State _____ Zip _____

School/Association Telephone Number _____

Principal's/Executive Director's Name _____

Principal's/Executive Director's E-mail Address _____

Describe the activities you supervise, coach or advise.



In 200 words or less, please answer the question on the next page.





2008 NFHS National Student Leadership Conference

STUDENT DELEGATE APPLICATION

Sponsored by



A National Federation of State High School Associations' Program
A \$350 registration fee has been sponsored by T-Mobile USA, Inc.

(Please Print)

Male Female

Student's First and Last Name _____

Student's Home Address _____

City _____ State _____ Zip _____

Home Telephone Number _____ Student Cell Phone Number _____

E-mail Address _____

Parent or Guardian Name _____

Address _____

(if different from student)

T-shirt Size *(based on men's sizing)* _____

School Name _____

School Address _____

City _____ State _____ Zip _____

School Telephone Number _____

Principal's Name _____

Principal's E-mail Address _____

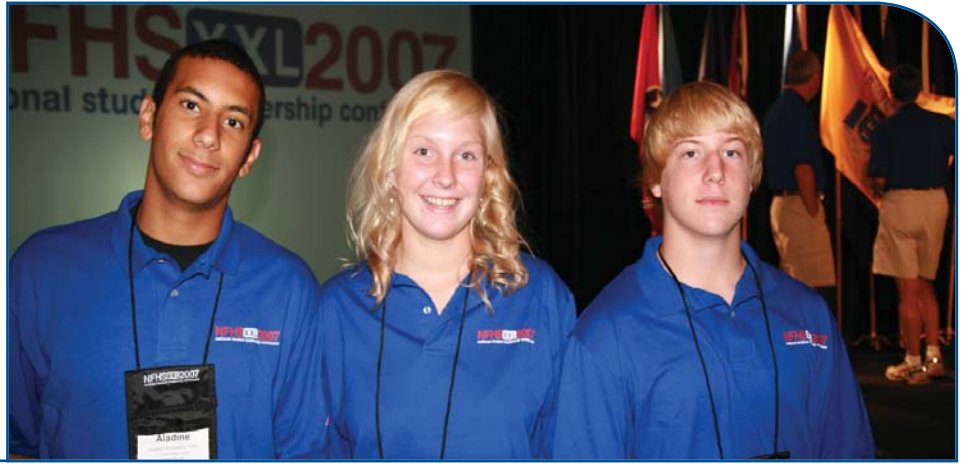
Current Grade in School _____

List all school and community activities you are involved in with an emphasis on leadership roles.



In 200 words or less, please answer the question on the next page.





STUDENT DELEGATE APPLICATION SECOND PAGE

In 200 words or less, please answer the following question:

- a. What does developing citizenship skills through sports and activities mean to you and how do you put your beliefs into practice in your school and community?

- b. Why should you be chosen to attend the 2008 NFHS National Student Leadership Conference?

If I am selected as one of my state's delegates, I agree to attend the 2008 NFHS National Student Leadership Conference, July 17-20, 2008, in Indianapolis, Indiana.

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

To be submitted with the Student Health History/Consent for Treatment Form, the Code of Conduct, the Liability and Release Waiver, and the Elective Speaker Selection Form.

Return no later than May 1, 2008, to:
NFHS: PO Box 690, Indianapolis, Indiana 46206

STUDENT HEALTH HISTORY/CONSENT FOR TREATMENT

(Please Print)

Student's First and Last Name _____

Student's Home Address _____

City _____ State _____ Zip _____

Home Phone Number _____ Male Female Date of Birth _____ Age _____

Parent or Guardian Name _____

Mother Phone Numbers – Home _____ Work _____ Cell _____

Father Phone Numbers – Home _____ Work _____ Cell _____

Emergency Phone Number (Other than parent/guardian) Name _____

Relation to Student _____

Family Physician _____ Physician Phone Number _____

Insurance Company _____ Group Plan Number _____

Policy Number _____ Insurance Benefit Code _____

Does the student have any special physical needs? Yes No

If yes, please explain _____

Does the student have any special dietary needs? Yes No

If yes, please explain _____

Is student allergic to any drugs? (e.g. penicillin, insulin) _____

Is student allergic to bee stings? _____ Can student take antihistamines? _____

Is student currently under any medical treatment? (please explain) _____

Medication student is currently taking (includes antihistamines, anti-convulsives, tranquilizers, insulin, etc.) _____

Any special health problems? (Past and Present) _____

List operations within the past year _____

Emotional problems (e.g. hyperventilation, hysteria, depression, etc.) _____

(This document will be retained in confidence by the Leadership Conference Medical Director)

To be submitted with the Student Delegate Application (2 pages), the Code of Conduct, the Liability and Release Waiver, and the Elective Speaker Selection Form.

"I hereby give permission for the above named student to be treated by a physician or licensed nurse at a hospital or on the scene in the event of a medical or surgical emergency."

Parent/Guardian Signature _____ Date _____



RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

(the "Agreement") FOR THE NFHS National Student Leadership Conference, sponsored by T-Mobile USA July 17-20, 2008 (The "Event")

In consideration for being permitted to observe, work for, or for any purpose participate in any way in the Event, EACH OF THE UNDERSIGNED, for him or herself, his personal representatives, heirs, next of kin, acknowledges, agrees, and represents that he has, or will immediately upon entering the Event:

1. RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE: T-Mobile, The National Federation of State High School Associations (NFHS), any and all sponsors of the Event, their subsidiaries, parents, affiliates, officers, directors, agents and representatives, the Event promoters, participants, venue operators and owners, city officials, competitors, technicians, any persons in any restricted area, lessees of premises used to conduct the Event and each of them, all for the purpose herein referred to as "releasees", from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any and all loss or damage, and any claim or demands therefore on account of injury to the persons or property resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned is in or upon any restricted areas, and/or, competing, officiating in, observing, working for, or for any purpose participating in the Event.
2. AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or upon the restricted areas or in any way competing, officiating, observing, or working for, or for a any purpose participating in the Event and whether caused by the negligence of the releasees or otherwise.
3. ASSUME FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to the negligence of releasees or otherwise while in or upon restricted areas and/or while participating, observing, working for, or for any purpose participating in the Event. EACH OF THE UNDERSIGNED EXPRESSLY ACKNOWLEDGES AND AGREES THAT THE ACTIVITIES OF THE Event are dangerous and involve the risk of serious injury and/or property damage. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement portion thereof is intended to be as broad and inclusive as is permitted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.
4. THE UNDERSIGNED hereby grants permission to T-Mobile and the NFHS, severally, full permission now and forever, with no obligation to compensate me further, to use photographs, videotapes, motion pictures, recordings, or other record of my participation for advertising and promotional materials and for any other purpose T-Mobile or the NFHS, in its sole discretion deems necessary. This includes the posting of such photographs, recordings, or other media representation of myself, on any website, or licensing others to do so in their promotional materials or websites.

NOTICE: BY SIGNING THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, RELEASEOR IS AGREEING TO HAVE ANY CLAIM DECIDED BY NEUTRAL ARBITRATION AND IS GIVING UP THE RIGHT TO A JURY OR COURT TRIAL. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representation, statements or inducements apart from the foregoing written agreement have been made.

Print Delegate Name _____ Date _____
Delegate Signature _____ Date _____
Legal Parent/Guardian Signature _____ Date _____
(If you are under 18)

To be submitted with the Student Delegate Application (2 pages), the Code of Conduct, the Student Health History/Consent for Treatment Form, and the Elective Speaker Selection Form.

Return no later than May 1, 2008, to:
NFHS: PO Box 690, Indianapolis, Indiana 46206



CODE OF CONDUCT

Student Name _____ School _____

I, the undersigned student leader, do hereby agree:

1. To abide by all the rules and regulations set forth by the National Federation of State High School Associations, the Adult Delegates, and all adult supervisors.
2. To waive and release any and all rights and claims for any damages I may have against the National Federation, the state association, and any other employee of the NFHS, for any injuries arising from my participation in this activity.
3. To accept responsibility for my behavior so that it does not reflect discredit on my school, my state association, or myself.
4. To use no tobacco, alcohol or illegal drugs at the Conference.
5. To treat all student and adult delegates, college and adult facilitators, NFHS staff, speakers, and hotel staff with respect and dignity.

I understand that if I break any of the rules of the Conference that I will be sent home immediately at my own expense, after the NFHS has made arrangements with my parent/legal guardian.

Signature _____ Date _____

Print Name _____

I, the parent/guardian of the above signed student, understand the obligations accepted by my son/daughter as outlined above and give my consent for his/her participation in the 2008 NFHS National Student Leadership Conference. I do further release the National Federation of State High School Associations and my State Association, sponsors of this conference, and any other employee of said organizations from any claim for damages incurred by the said student that might be a direct or indirect outgrowth of his/her participation in this conference.

Signature _____ Date _____

Address _____

Telephone Number _____

To be submitted with the Student Delegate Application (2 pages), the Student Health History/Consent for Treatment Form, and the Liability and Release Waiver.

Return no later than May 1, 2008, to:
NFHS: PO Box 690, Indianapolis, Indiana 46206

2008 NFHS National Student Leadership Conference

ELECTIVE SPEAKER SELECTION

We are very fortunate to be able to offer additional speakers beside our curriculum and opening and closing general session speakers for your leadership and knowledge development. Each one-hour session is a small and interactive discussion about a contemporary topic delivered by an expert(s) in the field of the subject. We will do the best we can to place you in one of the three chosen sessions. However, due to space limitations we reserve the right to fill each session with a full meeting room. The first Elective session will occur at 11:00 a.m. and the second Elective session will start at 1:30 p.m. on Friday, July 18, 2008. Each topic is offered during both sessions. Please review each topic description and select your first three priorities for each session.

Elective 1: What the NCAA Clearinghouse means to you, a Parent's Perspective – Learn how to pull together members of your winning team that will assist you in achieving the NCAA Clearinghouse certification to be eligible to participate in college sports in your school. You can also use the certification as part of your employment resume, because the voluntary contributions of the mind and body by high school student-athletes are assets to the education system. Discover who is available and how they can help you achieve the NCAA Clearinghouse certification today!

Elective 2: Hazing – This topic finds itself in the news and in the courtroom. Learn ways to protect yourself, classmates and school from hazing. Develop other methods to create a bond and other positive team-building exercises.

Elective 3: Money Matters – Learn how to save and spend on a high school student budget. Understand the strategy of good credit and the pitfalls of bad credit. Realizing that being able to budget is a good lesson that stays with you for life.

Elective 4: Virtual Team Play – The next generation of meeting other people on the Web has arrived! Learn how to take MySpace to another level. Find out what WIKIs are and why you will enjoy them. Second Life and Microsoft Office Live allows you to meet virtually, learn from each other, and share experiences. The value of team play is the synergy of working together; imagine collaborating on projects where miles don't matter! Come to this session to learn new ways to team up, virtually.

Elective 5: "Stick Together" – How you and T-Mobile can improve your school and community. Learn how corporations are focusing more attention on programs that serve the community interest. Student participation in corporate responsibility programs can lead to more effective programs with greater impact at the local level. Learn about programs that can make a difference for your school and community with global reach from a corporate partner. Participating now leads to a better world tomorrow.

Elective 6: Help University – Learn how to motivate high school students to realize their goals in pursuit of their athletic and academic dreams. By utilizing professional skill development and character building techniques to maximize your potential, this process helps students acquire the necessary skills for their academic and professional careers.

Elective 7: College Eligibility/NCAA Clearinghouse – Get advice straight from the source on how to be eligible and receive recommendations on what one needs to do now in preparation for playing college athletics.

Elective 8: SAT/ACT /PSAT Prep Tips – Princeton Review is the nationally renowned standardized test preparation firm. Find out what they recommend on how to best prepare for college admission testing.

Elective 9: Stay In Bounds – Uses Cross-Age mentoring as a powerful bridge to talk candidly with elementary and middle school children about fundamental values. Learn how high school students share their experiences regarding respect, integrity, caring, harmony, excellence and responsibility.

First Elective Session Choices

(please select three preferred choices)
(Write in Elective Number, e.g., Elective #11)

1. _____
2. _____
3. _____

Second Elective Session Choices

(please select three preferred choices)
(Write in Elective Number, e.g., Elective #11)

1. _____
2. _____
3. _____

To be submitted with the Student Delegate Application (2 pages), Student Health History/Consent for Treatment Form, the Code of Conduct, and the Liability and Release Waiver.

Return no later than May 1, 2008, to:
NFHS: PO Box 690, Indianapolis, Indiana
46206



NOTES

PHOTOGRAPHS FROM THE NFHS 2007 NATIONAL STUDENT LEADERSHIP CONFERENCE



National Federation of State
High School Associations



PO Box 690 | Indianapolis, IN 46206
Phone: 317-972-6900 | Fax: 317.822.5700
www.nfhs.org