

## **MISSOURI STATE ADOPTION OF JEWELRY RULE 4-3-3**

- By the approval of the MSHSAA Board of Directors, Missouri will put into place a more restrictive rule than the NFHS.
- Each track meet should start with a coaches meeting prior to the start of the meet to handle scratches/adds and other meet information. The meet Director may run this meeting; however, the Referee/Starter will attend to administer a **Jewelry Warning** to the entire field. From this point forward, any violation of the Jewelry Rule will be a disqualification of the athlete from the event in which the violation occurred.
- At meets where a coaches meeting is not possible, a request for an alternative method for issuing the **Warning** may be requested from the MSHSAA Office.
- At the State Championships, the **Warning** will be attached to the Team Packet which must be picked up by each HEAD COACH. A **Warning** will also be given during the FIRST CALL to every event; for example, “First Call 100 meter dash: The uniform and jewelry rule are in effect.”
- The ultimate responsibility to having each competitor compliant with the uniform and the jewelry rule is with the **COACH**.