

2016-17 Swimming and Diving Rules Changes

- 1-5-2** (Definitions) Deck changes were defined as changing into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes.
- 3-6-1d** (Conduct) Deck changes are prohibited, and will be penalized as considered unsporting conduct.
- 6-4-1b** (Timing and Judging) The protocol for determining an official time when a touch pad malfunctions on a lane was changed. Backup buttons and/or watch times, as outlined in the protocol, will now determine the official time. New subsections (1,2,3,4) have been added.
- 8-2-4c** (Form of Events) The final leg of the individual medley and the medley relay requires the swimmer to be at or past vertical toward the breast before any stroke, kick or propulsive motion.
- 9-4 Table** (Diving) The Flying Back 1 SS (212) and the Flying Reverse 1 SS (312) have been removed from the NFHS Diving Table, while a new dive (5142) has been added.
- 9-5-5** (Diving) The balk has been more clearly defined and should be called when a diver assumes the starting position and he/she makes an obvious attempt to start the approach or press, and stops the continuous execution of the dive prior to the water entry.
- 9-7-5q** (Diving) When using the forward approach, a dive is failed if, in the diving referee's opinion, the diver performs an additional bounce(s) on the end of the board after the culminating hurdle.