

Wrestling Manual 2009-2010

MSHSAA
Missouri State High School Activities Association

MISSOURI STATE HIGH SCHOOL ACTIVITIES ASSOCIATION

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PURPOSE AND PHILOSOPHY

- A. **MISSION STATEMENT:** The MSHSAA promotes the value of participation, sportsmanship, team play and personal excellence to develop citizens who make positive contributions to their community and support the democratic principles of our state and nation.
- B. **PURPOSE OF MANUAL:** This manual has been prepared to provide a better understanding of the administration of MSHSAA sponsored events. It will serve as a guide to the participating schools and will provide for greater consistency. All information will be included in this manual except such supplementary or incidental information as may be included in the MSHSAA Journal. The regulations in this manual shall be considered official unless the schools are notified in a Special Bulletin of any changes.
- C. **PHILOSOPHY OF INTERSCHOLASTIC ACTIVITIES:** Interscholastic activities are intended to supplement the secondary curricular program. These activities can provide the student with educational experiences and learning outcomes that contribute toward the development of good

citizenship. This can be accomplished only when the emphasis is placed upon teaching "through school activities." Interscholastic activities can be justified only when this is the primary philosophy and purpose.

- D. **PURPOSE OF DISTRICT AND STATE CONTESTS:** There are two primary purposes that justify and cause district and state events to be desirable. Those purposes are to provide opportunities to demonstrate before the public the best knowledge, skills, and emotional patterns taught through a particular sport; and to evaluate and compare the best of this teaching of knowledge, skills and emotional patterns among schools. Unless these purposes are primary, district and state athletic contests cannot be completely justified.

It is the desire of the MSHSAA Board of Directors that these events be both fun and educational. It is extremely important that players, coaches, and the school community make every effort to enhance, and keep in proper perspective, the educational values of these events. Competition merely for "competition's sake" cannot be justified. Only when competition contributes toward worthwhile educational goals can the competition be considered sufficiently important to be included in the school program.

- E. **SUPERVISION OF PLAYERS AND FANS:** MSHSAA By-Laws hold a school responsible, both home and away, for the conduct of its players, students, coaches, and fans. Coaches are required to supervise their players. A coaches' respect for others and school property is necessary in order to instill this respect in players. Students staying overnight in hotels or motels in conjunction with any interscholastic athletic contest should be well chaperoned. The good conduct of students will leave a good impression of the entire school.

A school also should inform its players, students, coaches and fans of the value contest officials play in education through athletics. When informing these people of this, the difference in the purpose of high school and professional sports should be emphasized. Lack of respect for officials should not be tolerated. Booing of officials leads to booing of coaches and players. Booing has no place in high school athletics. Athletic administrators are urged to develop a program through any and all communication techniques available to insure that spectators understand that high school athletics are an educational endeavor as opposed to the games being an end in themselves.

SECTION 1: USING THIS MANUAL

All coaches and athletic administrators are urged to read the instructions in this manual carefully. Entry forms are located on the MSHSAA web site on each school site under Downloadable Forms. Please check and make note of all deadline dates for submitting entry forms which relate to this manual's sport. It is the responsibility of each school to make certain that the entries are properly submitted on or before the deadline date. Any questions concerning the forms or instructions should be referred to the MSHSAA Office.

SECTION 2: CHAMPIONSHIP SCHEDULE

- A. **DISTRICT SCHEDULE:** District tournaments are scheduled to be held on Friday and Saturday, February 12-13. If at the seeding meeting it is determined that no weight class is comprised of more than nine (9) wrestlers, the tournament committee shall schedule the tournament for one day only on Saturday. Competition sites for all district tournaments shall be conducted within the state boundaries. In formulating the district time schedule, the following criteria should be used:
1. **STARTING AND ENDING TIMES:** The district tournament shall start no earlier than 6:00 p.m. on Friday and 10:00 a.m. on Saturday and shall end no later than 9:00 p.m. either day.
 2. **WEIGH-INS:** For Districts shall begin no earlier than 4:00 p.m. on Friday and no earlier than 8:30 a.m. on Saturday.
 3. **NUMBER OF MATS:** Three mats shall be used for all district sessions except the 1st and 3rd place matches unless permission is granted from the MSHSAA Office in advance.
 4. **TIME SCHEDULES:** Should be arranged to eliminate as much dead time as possible.
 5. **DISTRICT SCHEDULES:** Should be formulated as to keep time, travel, and lodging expenses at a minimum.

The following schedule is suggested when using 3 mats:

Friday:	6:00 p.m. —	1st round matches
	7:00 p.m. —	1st round wrestlebacks
	7:30 p.m. —	Quarterfinals
Saturday:	10:00 a.m. —	2nd round wrestlebacks
	11:30 a.m. —	Semifinals and 3rd round wrestlebacks
	3:00 p.m. —	Consolation semifinals
	4:30 p.m. —	1st and 3rd Place Matches

- B. **STATE SCHEDULE:** The State Championships are scheduled for Thursday, Friday and Saturday, February 18-20 at the Mizzou Arena on the University of Missouri-Columbia campus. The schedule under which the state tournament will be conducted is published on pages 6 and 7 of this manual.
1. **QUESTIONS:** Correspondence or questions regarding the tournament should be directed to the MSHSAA Office. A State Tournament Committee will be appointed to assist in resolving disputes.
 2. **LODGING AND ROOM RESERVATIONS:** Are the responsibility of each school.
 3. **COACHES MEETINGS:** There will be a brief coaches meeting during weigh-ins on Thursday. However, it is mandatory and the responsibility of each coach to read the materials in the school packets and the materials provided at the district tournaments.
 4. **SCHOOL PACKETS:** A packet for each school which contains state meet information, brackets, passes and a Souvenir Program will be available. Instructions for packet pick-up will be provided at the district tournaments.
 5. **WEIGH-INS:** All weigh-ins shall be conducted at the Mizzou Arena. Wrestlers are to meet at the specified weigh-in times which are listed on the State Wrestling Championships Time Schedule, that is published on pages 6 and 7 of this manual.
 6. **STATE MEET PAIRINGS:** Pairings for the state meet will be in accordance with instructions posted on the MSHSAA web site (www.mshsaa.org) in the Activities Section under Wrestling at 8:00 AM on Sunday, February 14th. Coaches, wrestlers or fans shall not call the MSHSAA Office asking for state meet pairings.
 7. **TOURNAMENT PASSES:** The following policy will be in effect for the State Championships. The number of passes listed are maximums; please do not embarrass yourself by requesting additional passes.
 - a. **TEAMS:** Each school which qualifies one or more wrestlers for the state meet will be issued passes for each qualifier plus additional passes which are to be used for coaches, managers, trainers, etc. The additional passes will be distributed using the following criteria: 3 Passes for 1-4 Qualifying Student-Athletes; 4 Passes for 5-8 Qualifying Athletes; 5 Passes for 9 or more qualifying athletes. These passes will be enclosed in the School Packet.
 - b. **CHEERLEADERS:** A maximum of eight cheerleaders and one cheer coach will be admitted from each school that qualifies one or more wrestlers to the state meet. Cheerleaders must enter as a group and must have a cheer coach with them when they enter. Cheerleaders without a cheer coach will be referred to the ticket office to buy an admission ticket. ALL cheerleaders MUST be in the official school uniform in order to be admitted. (Refer to the Cheerleading Manual,

- Section 5).
- c. **ADMINISTRATORS:** The Superintendent, Principal and Athletic Director of schools which qualify a wrestler for the state meet may identify themselves, present a photo ID, and sign for one (1) pass each at the Will Call Window located in the lobby on the west side of the main entrance to the arena.
 - d. **BUS DRIVERS:** The Bus Driver, if not an administrator or coach, of schools which qualify three or more wrestlers may sign for one pass at the Will Call Window located in the lobby of the main entrance to the arena. The driver **MUST PRE-SENT** a letter from the superintendent or principal identifying him/her as the bus driver. As all schools which qualify one or more wrestlers will participate on Thursday, no passes for bus drivers will be issued after Thursday's session. If a change in bus drivers occurs, it is the school's responsibility to see that the pass is left in **WILL CALL** or routed to the next driver.
8. **PASS GATES:** Pass gates are located at the door marked "Missouri Basketball" located at the northwest entrance to the main arena. All school persons (Coaches, wrestlers, administrators and cheerleaders) should enter as indicated.

2010 STATE WRESTLING CHAMPIONSHIPS

Time Schedule

SESSION 1: Thursday, February 18
 Time: 10:00 a.m. until 3:00 p.m.
 8 mats/336 matches

ROUND	CLASS	WEIGH-IN	START
1st round & 1st round WB	1 & 2	8:00 a.m.	10:00 a.m.

SESSION 2: Thursday, February 18
 Time: 5:00 p.m. until 10:00 p.m.
 8 mats/336 matches

ROUND	CLASS	WEIGH-IN	START
1st round & 1st round WB	3 & 4	3:00 p.m.	5:00 p.m.

SESSION 3: Friday, February 19
 Time: 9:30 a.m. until 9:30 p.m.
 8 mats/616 matches

ROUND	CLASS	WEIGH-IN	START
1/4 finals & 2nd round WB	1 & 2	8:00 a.m.	9:30 a.m.
1/4 finals & 2nd round WB	3 & 4	Noon	1:30 p.m.
Semifinals	All Classes		6:00 p.m.
3rd round WB	All Classes		6:00 p.m.
SESSION 4: Saturday, February 20			
Time: 10:00 a.m. until 2:00 p.m.			
8 mats/280 matches			

ROUND	CLASS	WEIGH-IN	START
4th round WB	All Classes	8:30 a.m.	10:00 a.m.
3rd & 5th Place Matches	All Classes		12:00 p.m.

SESSION 5: Saturday, February 20
Time: 4:30 p.m. until 9:30 p.m.
4 mats/56 matches

ROUND	CLASS	START
Finalists March & other Preliminaries		4:00 p.m.
Championship Finals	All Classes	4:30 p.m.

SECTION 3: ENTRY PROCEDURE

- A. **SPORTS REGISTRATION FEE:** Schools which submitted a Sports Registration Fee for wrestling have been assigned to a District Wrestling Tournament.
- B. **MSHSAA BY-LAW PROVISIONS:** In order to enter students in the MSHSAA State Wrestling Championships Series, the following provisions must be met:
1. **COACH:** A school must have employed a wrestling coach and offered instruction in wrestling as provided in MSHSAA By-Law 120.
 2. **SCHEDULE:** A school must meet all provisions of MSHSAA By-Law 312 concerning the number of matches that must be scheduled.
 3. **INDIVIDUAL REQUIREMENTS:** In part, By-Law 312 indicates "No individual student shall be entered who has not represented his or her school in interscholastic competition in that sport during the season." In wrestling, as in all sports, if a wrestler is to be entered in the district tournament he/she shall have wrestled in at least one regular season contest PRIOR to the district tournament.
 4. **INDIVIDUAL LIMITS:** A wrestler who participates in more than 50 matches or in more dual meets and/or tournaments than allowed under MSHSAA By-Law Section 326 shall not be eligible to compete in the district tournament.

- C. **ENTRY PROVISIONS:** Schools shall submit the required entry forms located on the MSHSAA web site on each school site under Downloadable Forms, completed properly and entirely, as described below.
1. **ENTRY FORMS:** The District Entry and School Information shall be completed using the district entry option on each schools home page on the MSHSAA Website by the stated deadline. Failure on the part of the school and/or head coach to complete and submit the proper on-line information could result in the elimination of the school from the MSHSAA district and/or state championship series.
 2. **PASS LIST:** The District pass list shall be entered on the mshsaa website by the deadline listed on the website page.
 3. **LATE ENTRIES:** A late entry penalty fee of \$50 shall be assessed for late entries. No entries will be accepted after the meeting to seed the district tournament brackets begins. The district manager shall notify the MSHSAA regarding any late entries for the tournament.

SECTION 4: TERMS AND CONDITIONS

- A. **MSHSAA STATE TOURNAMENT SERIES:** The Missouri State High School Activities Association will sponsor the State Championship Series under the following provisions:
1. **CLASS DIVISIONS:** Schools will be equally divided into four classes on the basis of enrollment for two years beginning with the 2004-2005 season and every two years thereafter.
 - a. The largest group of schools, by enrollment, will be Class 4.
 - b. The smallest group of schools, by enrollment, will be Class 1.
 2. **DISTRICT ASSIGNMENTS:** Schools are assigned to District Tournaments on a geographical basis. However, the districts shall be numerically balanced even if such balancing causes some schools to travel longer distances.
 3. **DISTRICT TOURNAMENTS:** Four (4) District Tournaments will be held in each classification. The first four place finishers in each weight class will advance to the State Tournament. There shall be no substitutions.
 4. **INELIGIBLE WRESTLER:** In the event a wrestler is determined to be ineligible during the MSHSAA state series only the last wrestler defeated would have points adjusted. Following the district tournament, the remaining place finishers) shall be moved up to fill the vacated position of the wrestlers) who are not available to wrestle. If the wrestler not available is a fourth place finisher, no wrestler will be placed into that position and his opponent shall be awarded a forfeit.

- B. **WEIGHT CLASSES:** To determine the weight class in which a wrestler is allowed to compete, see Appendix A: MSHSAA Weight Control Regulations.
1. **WEIGHT CLASSES:** The following weight classes will be included 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215 and 285.
NOTE: There will be NO growth allowance granted between the District Tournament and the State Tournament.
 2. **DISTRICT WEIGHT CERTIFICATON:** In order to be entered in a particular weight class at the district meet, a wrestler shall have weighed in for at least one dual meet or tournament at that weight class or below during the regular season. **NOTE:** A wrestler must have his body composition evaluated, after passing a hydration test, prior to competing against another school. Once evaluated the wrestler will be limited to losing an average of 1.5% of his body weight per week.
 3. **NUMBER OF WEIGH-INS:** The actual number of weigh-ins no longer determines a wrestler's weight class. **NOTE:** Every wrestler must make scratch weight at least once, in the weight class to be wrestled in the district tournament without the benefit of any additional pounds for consecutive days of competition. *The wrestler must also be in the line-up in a weight class in which certified on that date. The weigh-in must count as an event wrestled. (modified to read as intended by the wrestling committee)2/10/10*
 4. **WEIGH-IN DEADLINE:** Weigh-ins used for weight class certification for the district meet must be completed by the end of January; any weigh-ins after this cut-off date shall not be used in certifying a wrestler's weight class.
 5. **GROWTH ALLOWANCE:** Starting with February 1st, a 2 pound growth allowance shall be added to each weight class.
NOTE: There will be NO growth allowance granted between the District Tournament and the State Tournament.
District Tournament Weight: Friday 103 = 105
 Saturday 103 = 106.
State Tournament Weight: Thursday 103 = 105
 Friday 103 = 106
 Saturday 103 = 107.
 6. **QUICK WEIGHT LOSS RESTRICTIONS:** All wrestlers must meet the provisions of Rule 4-4-3 of the NFHS Wrestling Rules Book.
- C. **SEEDING MEETING:** A meeting shall be held prior to the start of the district tournament for the purpose of seeding the contestants. This meeting should be held at a central location, if travel is a factor for a majority of the schools. District Seeding Meetings shall not be held on school time, unless approved by ALL of the principals from the schools involved. If a seeding meeting is to be held on Sunday it should not

start prior to 2:00 p.m.

1. **SCHOOL REPRESENTATION:** Each school shall be represented by the head coach, or his representative, at the Seeding Meeting.
2. **FORMS:** The head coach, or his representative, shall submit the following forms, completed properly and entirely on the MSHSAA Website.
 - a. The District Wrestling Entry Form.
 - b. The Wrestling Record Verification Form for each wrestler.
3. **VERIFICATION:** The head coach, or his representative, shall bring all records (scorebooks, etc.) to the District seeding meeting for verification purposes, in case a school's Wrestling Record Verification Form is questioned. *Verification of the minimum weight class of all wrestlers competing in the district tournament shall take place prior to the seeding of the first weight class.*
4. **FAILURE TO VERIFY:** Failure on the part of the head coach, or his representative, to provide verification (through scorebooks, official weigh-in sheets, etc.) of a scratch weigh-in at the proposed district weight class during the season shall result in the wrestler whose weight class is being questioned to be moved up one weight class.
5. **SEEDING GUIDELINES:** The following provisions shall apply at the District Seeding Meeting when seeding the wrestlers and drawing the brackets in each weight class (The criteria for seeding wrestlers can be found in Appendix C of this Manual):
 - a. Each district shall determine, weight class by weight class, how many wrestlers will be seeded with a maximum of eight wrestlers and a minimum of four wrestlers to be seeded per weight class. *(Once the seeding of a weight class begins, the entries at that weight class may not be changed to another weight class.)*
 - b. If a dispute arises on the number of wrestlers (up to a maximum of eight) to be seeded in a weight class, it shall be resolved by a vote of the coaches.
 - c. Any coach may submit the name of a wrestler for consideration to be seeded, regardless of whether or not the wrestler is a member of his own team.
 - d. Coaches do not have the prerogative of refusing a seeded position.
 - e. Once the seeding has been completed for a weight class, it shall become final except as outlined in Appendix C.
 - f. All matches in the regular season shall count when seeding for district meets. A wrestler's entire varsity record is considered for seeding purposes, even though he may have wrestled in more than one weight class during the season.
 - g. Drawing the brackets shall be in accordance with Rule 10 of the National Federation Wrestling Rule Book, except as modified below.

MODIFICATION: Rule 10-3-3 shall be modified to read as

follows: "When byes are required for the first round, they shall be drawn so they are distributed evenly throughout the bracket and a seeded wrestler shall have the same opportunity to draw for a bye as other contestants; byes shall NOT be placed by mutual consent. No quarter-bracket or half-bracket shall have more than one bye in excess of its paired bracket. After seeded wrestlers have been placed on the bracket and the byes drawn, the remaining wrestlers shall be placed by draw."

NOTE: For assistance in drawing brackets and placing seeded wrestlers in the proper positions, see Appendix D: Sample District Brackets and Scoring Charts.

6. **SCRATCH MEETING:** A District Scratch Meeting shall be held following the close of weigh-ins to finalize entries when the seeding meeting is held in advance of the Weigh-in.

a. There shall be no changes in a school's entries after the seeding meeting, except in the case of injury, illness, ineligibility after the seeding meeting or the failure of a wrestler to make weight. In the case of an injured wrestler, an ill wrestler, an ineligible wrestler or a wrestler who fails to make weight, a substitute will be allowed; however, that substitute shall not be a wrestler who is entered at any other weight class. (If the school does not substitute for this wrestler it shall be scored as a Bye).

NOTE: The above provision shall be applied to all regular season tournaments, as well as the district meet.

b. Substitutions, which are allowed by provision, can be made only from the eligibility roster filed on the MSHSAA web site.

c. All substitutions shall be named prior to the conclusion of the Weigh-In, in accordance with Rule 4-5-6 of the National Federation Wrestling Rules Book.

d. Substitutions, which are allowed by provision, are eligible for any seed open at the Scratch Meeting.

e. If a seeded wrestler is substituted for, the wrestlers shall be reseeded from his position down and the bracket redrawn (including byes).

f. At the seeding meeting, a school must name an entry or indicate there will be no entry.

NOTE: A school cannot name two entries in any weight class or have an unnamed entry in any weight class.

D. **WEIGH-INS:** Schools hosting district tournaments must have a standard weight available to periodically check the accuracy of the scales used for weigh-ins. Every attempt should be made to have accurate and certified scales.

1. **SCALES:** Host shall provide at least two scales for all weigh-ins. Contestants may make weight on either scale. (Hosts may ask a participating school to bring a scale).

2. **ON SITE:** Weigh-ins will be conducted at the site.
3. **TIME:** Weigh-ins shall be scheduled in order that all contestants are allowed to weigh-in a maximum of two hours before the district tournament is scheduled to begin. District weigh-ins shall begin no earlier than 4:00 PM on Friday and 8:30 AM on Saturday without approval of MSHSAA Office.
4. **FAILURE TO MAKE WEIGHT:** Failure on the part of a wrestler to make weight for the second day of competition in a tournament shall be handled, in accordance with Rule 10-2-7 of the National Federation Wrestling Rules Book, as follows:
 - a. A wrestler who fails to make weight is disqualified from further competition and cannot place in the tournament;
 - b. A forfeit shall be awarded to his opponent.
NOTE: If a contestant qualifies for the finals on the first day of a two-day meet and fails to make weight on the second day, he is disqualified from the tournament and cannot be a place-finisher. His opponent for the final match shall win first place by forfeit; the winner of the third-place match shall be awarded second place; the loser of the third-place match shall be awarded third place; there will be no fourth place awarded for that particular weight class (In districts only three place finishers will advance to the state meet in that weight class);
 - c. In the case of flagrant misconduct at a meet where a place finisher is disqualified, the team points of the disqualified wrestler will be deducted and place finishes of the other wrestlers shall stand, in accordance with Rule 8-1-6 of the NFHS Wrestling Rules Book. For advancement to the state tournament, the place finishers shall be moved up to fill the vacated position of the wrestler who has been disqualified;
 - d. In the case of a wrestler not being able to compete, for any reason, following the district tournament, the remaining place finisher(s) shall be moved up to fill the vacated position of the wrestler who is not available to wrestle. If the wrestler not available is a fourth place finisher, no wrestler will be placed into that position and his opponent shall be awarded a forfeit.
5. **WEIGH-IN PROCEDURES:** The following procedures shall be followed for weigh-ins at the district and state meets.
NOTE: Weigh-in shall be by class, not by team.
 - a. Coaches shall not be allowed in the weigh-in area. The only adults present should be the Mat Officials and the personnel placed in charge of weigh-ins.
 - b. District Managers may weigh-in contestants prior to the time the Mat Officials arrive, if they so desire. However, to avoid any possible criticism, the manager shall have a representative of another participating school present when weighing in the host school's wrestlers;
 - c. The scales designated by the tournament committee shall serve as the official scales. The tournament committee shall

also set the time of weigh-ins.

NOTE: Weigh-ins will be conducted by weight classes.

- d. Wrestlers should be checked to make sure they comply with the specified health, sanitary, and safety measures before stepping on the scales;
- e. Wrestlers will be instructed to stand in the middle of the scale and not be allowed to move while being weighed.
- f. The exact weight of all wrestlers shall be recorded, in accordance with Rule 1-2-5. This information shall be given to the District Manager.
- g. The weigh-in shall proceed through the weight classes beginning with the lowest weight class and ending immediately upon the completion of the highest weight class. A contestant shall weigh in for only one weight class during the weigh-in period. If only one scale is available, a contestant may step on and off that scale two times to allow for mechanical inconsistencies in the scale. If multiple scales are available, a contestant may step on and off the first scale two times to allow for mechanical inconsistencies in that scale. If the contestant fails to make weight on the first scale, the contestant shall immediately step on each available scale one time in an attempt to make weight. During the time off the scale(s), activities that promote dehydration are prohibited.
- h. Mat Officials should arrive at the site of the tournament one hour before the start of each session. Immediately upon arrival, they should relieve the person placed in charge of the weigh-in. They should remain on duty at the scales until the weigh-in has officially ended.
- i. Athletes may leave the weigh-in room after making weight.
- j. **ON-SITE PHYSICIAN IS RECOMMENDED FOR DISTRICT WEIGH-INS. Preferably this physician would have a background treating wrestlers and skin conditions.**

E. **CONDUCT RULES FOR COACHES:** Coaches are expected to abide by Rule 6-6-6 of the NFHS Wrestling Rules Book. A Special Report shall be filed with the MSHSAA Office by the match mat official for any violation of Rules 6-6-6 or 7-5 of the National Federation Wrestling Rules Book which results in the deduction of a team point.

NOTE: Coaches are reminded to review Rules 6-6-6 and 7-5 in order that these situations do not arise and result in unnecessary penalties to teams.

F. **TEAM SCORING:** The district and state meets shall be scored for the purposes of determining team places in accordance with the following provisions.

1. **TEAM POINTS:** Team points shall be awarded at the district and state meets in accordance with Rule 9-2-3 of the National Federa-

- tion Wrestling Rules Book.
2. **DISTRICT PLACES:** Four places shall be scored in district meets; points shall be awarded in accordance with Rule 9-2-3(f) of the NFHS Wrestling Rules Book.
NOTE: For assistance in scoring district meets and advancing wrestlers to the proper places on the bracket, see Appendix D: Sample District Brackets and Scoring Charts.
 3. **STATE PLACES:** Six places shall be scored in the state meet; points shall be awarded in accordance with Rule 9-2-3(g) of the NFHS Wrestling Rules Book.
 4. **FORFEIT:** If a state meet qualifier fails to compete, his opponents on the state bracket shall win by forfeit in accordance with Rules 5-13 and 10-2-5 of the NFHS Wrestling Rules Book.
 5. **INELIGIBLE WRESTLER:** In the event a wrestler is determined to be ineligible during the MSHSAA state series only the last wrestler defeated would have points adjusted. Following the district tournament the remaining place finishers shall be moved up to fill the vacated position of the wrestler who is not available to wrestle. If the wrestler not available is a fourth place finisher, no wrestler will be placed into that position and his opponent shall be awarded a forfeit.
- G. **MATCH PROVISIONS:** The following provisions shall be followed in the district and state tournaments.
1. **CONSECUTIVE MATCHES:** In accordance with Rule 1-2-3 of the National Federation Wrestling Rules Book, no wrestler shall complete in two (2) consecutive matches with less than a 45 MINUTE rest between them; the conclusion time of each match shall be recorded.
 2. **ADDITIONAL REST:** If a wrestler is required to compete three times during the first session of the district tournament, his third match shall be held after the completion of all other matches in order to allow him additional time to rest.
 3. **CONSOLATION MATCHES:** Consolation wrestle back matches shall be five minutes in length, in accordance with Rule 6-1-2 of the National Federation Wrestling Rules Book.
- H. **AWARDS:** Trophies, medals and plaques for the district and state tournaments will be presented as follows:
1. **DISTRICT:** At the District Tournaments, plaques will be awarded to the first-place and second-place teams; medals will be awarded to the four place finishers in each weight class.
 2. **STATE:** At the State Championships, trophies will be awarded to the top four teams in each of the four classes; medals will be awarded to the six place finishers in each weight class.
NOTE: Teams placing in the top four may order team place finish medals for the school's team members. A form will be provided in

the final site packet to order medals. These medals are to be purchased by the school and shall not be provided by the MSHSAA.

- I. **MAT OFFICIALS:** All Mat Officials used for the district and state meets shall be registered with the MSHSAA.
 1. **CONTRACTS:** Mat Officials shall not be contracted (written or verbally) for districts prior to the Official Notification Date.
NOTE: Mat Officials who accept assignments prior to the Official Notification Date are subject to suspension.
 - a. The Official Notification Date: Jan. 19, 2010 after 7:00 a.m.
 - b. An Officials Selection Meeting, with tournament managers, will be held in Columbia, Kansas City, Springfield and St. Louis. These 4 meetings will be connected by a conference phone call to organize the selection of officials to provide a more equitable distribution of officials.
 - c. The Officials' Selection Meetings shall be on Monday, Martin Luther King Jr. Day: January 18, 2010.
 2. **SELECTION PROCEDURE:** Officials for the district tournaments shall be selected using the following provisions:
 - a. The tournament committee shall select the mat officials. Tournament committees shall request that each school submit a list of recommended officials.
 - b. Mat officials shall be approved by all committee members before being contacted and/or contracted.
 3. **NUMBER OF OFFICIALS:** For the district tournament, a minimum of four mat officials shall be used.
NOTE: District Managers will be allowed to use assistant referees for the purpose of developing young officials. These young officials would be contracted as an assistant referee for a flat fee for the entire tournament of \$40.00 plus mileage and would be used up until the championship session. The number of young officials to be hired would be a maximum of two per district.
 4. **ASSISTANT REFEREES:** Assistant Referees shall be used for matches beginning with the semifinals, championship and third place bouts. The cost of Assistant Referees used for earlier rounds shall be the responsibility of the host except as indicated in item #3 NOTE above.
 5. **HEAD MAT OFFICIAL:** A Head Mat Official shall be appointed by the District Manager. The Head Mat Official shall:
 - a. Interpret any rules questions.
 - b. Hold a conference with all meet officials prior to the first match in order to review rules and mechanics.
 - c. Review NFHS Rule 3-1-1 concerning the officials' uniform with all other officials prior to the first match in order that each official is dressed in compliance with this rule. All offi-

- officials shall wear the same shirt (style and color).
- d. Review Rule 4-2-1, which concerns grooming standards, with the district manager, weigh-in personnel and all head coaches prior to the first match; all wrestlers should be checked by the Mat Officials prior to the first match for compliance.
 - e. Protests shall be made to the Mat Official who will consult with the Head Mat Official.
NOTE: Protests concerning matters of an official's judgment shall NOT be considered.
6. **CONFLICT OF INTEREST:** A mat official shall not work a match in which a conflict of interest is involved.
 7. **OFFICIAL'S PAY:** Mat officials for the district tournament shall be paid as follows:
 - a. For district meets, Mat Officials shall be paid a fee of \$4 per match officiated plus expenses of 38 cents per mile actually driven. A minimum fee of \$100 per official shall be paid (up to 4 officials).
 - b. Assistant Mat Officials shall be paid a fee of \$2 per match plus expenses of 38 cents per mile actually driven.
 - c. No lodging for officials shall be approved unless approved in advance by the MSHSAA office.
- J. **PROTEST PROCEDURE (MSHSAA BOARD POLICY):** The Board of Directors adopted the following Policy to address protests. The Board acknowledges that mistakes are made by officials in judgment and even sometimes in misapplication of match rules. However, the decisions rendered by officials at the contest site are to be final and any further process other than the one outlined below would not truly serve a useful purpose in the overall scope of high school athletics.
1. **Conference Requested:** Within the procedures established within each individual sport rule code, the head coach must request a review of an official's application of a rule through appropriate channels.
 2. **Protest:** If, after the review is complete, the coach still believes there has been a misapplication of a rule by a contest officials, the coach shall then file a formal verbal protest with the game officials who will then notify the opposing coach immediately of the protest. A coach shall not protest a decision of judgment.
 3. **Ten Minutes:** Following this notification of protest, the head coach shall be allowed approximately ten minutes to use his/her National Federation Rules Book, National Federation Case Book, MSHSAA Rules Meeting Announcements and/or MSHSAA Sport Manual to locate and show the game officials the appropriate rule reference which clarifies a misapplication of the game rule. If the head coach does not have personal copies of the above mentioned materials at the game site or the specific rule reference(s) or case book play(s) cannot be located within the maximum allowable ten

minutes, the protest shall automatically be disallowed and the match shall continue from the point of interruption. If a rule reference(s) or case book play(s) is found that indicates a misapplication of a rule has occurred, the official's decision shall be corrected at that time before any further action occurs, and the contest shall be resumed from the point of interruption after the correction as provided in the contest rules. When appropriate, the match officials may assist the head coach in locating appropriate rule and casebook references.

4. **Determination Required:** All protests shall be resolved at the contest site before any further match action occurs.
5. **Time Restraints:** Protests that are not filed in a timely manner by that sport rule code shall be automatically disallowed.
6. **Further Review Not Permitted:** The MSHSAA Board of Directors and/or Staff shall not review contest protests.

K. **FILMING AND/OR VIDEO TAPING:** The MSHSAA, in administering the state wrestling series, has found that some persons who film/video tape are school personnel (i.e., assistant coaches, audio visual personnel, etc.); however, there also are many non-school individuals, parents, fans, etc. providing these services for schools. Many times, these persons (school and non-school) receive no direction prior to their attendance at the district or state tournaments. The instructions and stipulations shall be in effect for the regular season as well as the state series in order that these persons are under the direction of the school and are aware of the provisions under which each school is allowed to film or video tape matches of the state series. (See Appendix E).

1. **RESTRICTIONS:** Schools and individuals will be allowed to film/video tape in accord with Rule 10-1-2, which states that "any video taping or filming for the purposes of reviewing during competition is prohibited." Failure on the part of the school to comply with this provision could result in elimination of wrestler(s) from the meet.
2. **PASSES:** Extra passes shall NOT be issued for filming/video taping personnel.
3. **DISTRICT AND STATE:** An official school representative may videotape the district or state tournament involving other school teams, provided prior arrangements have been made with the event manager and provided it is done at the expense of the school. A maximum of one individual is permitted to videotape and should expect to use a battery pack as his or her sole power source. The official school representative should check in with the event manager upon arrival to the site to arrange the setup location for the video equipment and to review any site-specific requirements. The host facility is not required to provide a power source or other accommodations for videotaping.

4. **PROTESTS:** Videotape/film shall not be used for the purpose of protesting a contest.
- L. **TOURNAMENT PASSES:** Schools shall abide by the following provisions and procedures concerning passes for the state wrestling series (district and state tournaments).
1. **DISTRICTS:** For district meets, each participating school shall submit a pass list using the on-line process by the required date.
 2. **PASS LISTS:** For the district tournament, participating schools will be allowed the following number of passes:
 - a. A maximum of eight (8) passes to be used for coaches, managers, trainers, administrators and bus drivers.
 - b. A maximum of 14 passes for COMPETING wrestlers.
NOTE: Passes shall be issued only for those wrestlers who actually are entered in the tournament.
 - c. A maximum of eight (8) passes for cheerleaders, who must be in uniform in order to be admitted.
 - d. A maximum of one (1) pass for the Cheerleader Sponsor, who must accompany the cheerleaders when entering.
 - e. Tickets must be purchased for any persons beyond these maximums.
 3. **STATE:** Information concerning the number of passes and procedures for the state meet can be found under Section 2, Item C-7.
- M. **CELLULAR TELEPHONES:** The MSHSAA Board of Directors has adopted a policy to prohibit the use of cell phones in locker rooms at MSHSAA events as a preventative measure and concern for an individual's privacy. Modern technology now permits a "picture phone" to distribute a picture to the internet with uncontrolled distribution. To be proactive and prevent perhaps an indiscriminate use of the cell phone and as it is impossible to monitor by the coaching staff a "no use" policy is now in place for the locker room area only at all MSHSAA events. During all district tournaments, the local tournament manager shall be responsible to post signs outside and inside of each locker room indicating, "Cell Phone Use is Prohibited in the Locker Room at all MSHSAA Events." The MSHSAA staff shall post signs in the same locations at all final site locker rooms. It is the responsibility of the school administration to ensure that all students and coaches have been informed of this policy prior to the event and to monitor the policy within the school's assigned locker room at MSHSAA events.
- N. **HAZING AND HARASSMENT:** It is the policy of the MSHSAA Board of Directors that hazing and harassment have no place in school-sponsored activity programs and pose a significant risk to the physical and mental welfare of students. Coaches, directors, sponsors and administrators must take an active role in the prevention of all forms of hazing and harassment. Students directly or indirectly involved in hazing incidents, on or off school grounds, could be considered ineligible

by the school administration under the MSHSAA citizenship standard, By-Law 212.

1. **HAZING:** Willful conduct directed at a student that is intended to physically or emotionally intimidate, punish, embarrass, humiliate, ridicule, or place any student in a disconcerting position for the purpose of initiation, affiliation, inclusion or membership in any team or organization.
 2. **HARASSMENT:** Unwelcome conduct by a person that is sufficiently serious, persistent or pervasive, so that it affects another person's ability to participate in or benefit from the school program or activity by creating an intimidating, threatening or abusive environment.
- O. **GENERAL INFORMATION:** The following shall be in effect for the State Series.
1. **NOISEMAKERS:** No noisemakers shall be allowed at the district or state tournaments. Coaches shall not use mega phones to instruct wrestlers during the match.
 2. **MATSIDE RESTRICTED:** Managers, officials and coaches are reminded that the mat side area is restricted to "a maximum of two (2) team personnel (coaches and/or non-participating contestants)," in accordance with Rule 2-2-2. This rule shall be enforced through out the regular season and at the district and state tournaments.
 3. **MAT AREA SETUP:** The mat setup for the district and state tournaments shall be in accord with Rule 2 of the National Federation Wrestling Rules Book.
 4. **TOWEL SERVICE:** There will be no towel service at the district or state tournaments.
 5. **VALUABLES:** Valuables should be checked with the team manager; the host school assumes no responsibility for the valuables of participating schools.
 6. **CROWD CONTROL:** Participating schools will be held responsible for seeing that no damage is done by their students or fans to the property of the host site. Students engaging in vandalism will be considered ineligible.
 7. **PUBLICITY:** The district and state tournaments should be given appropriate publicity at each school and in each community. The meet manager shall release the pairings to the media as soon as completed.

SECTION 5: FINANCIAL INFORMATION

- A. **ADMISSION PRICES:** The price of tickets for the district and state tournaments have been set in advance. Tickets shall be sold at the following prices:
1. **DISTRICT:** Tickets at the district sites shall be sold for \$5.00 for students (K - 12) and adults for each session. District Tournaments shall have two sessions for admission. Session 1 will be Friday evening and Session 2 will be all day Saturday. The admission gate shall remain open throughout the tournament.
 2. **STATE:** Tickets for the state meet will be sold at \$8.00 per session for all sessions on Thursday, Friday and Saturday for students (K - 12) and adults. No pass-outs are permitted.
- B. **FINANCIAL REPORT:** A financial report, on the form provided in the managers' packet, shall be filed with the MSHSAA Office as soon as possible and no later than 5 days following the District Tournament.

SECTION 6: MANAGERS INSTRUCTIONS AND DUTIES

- A. **ADMINISTERING THE MEET:** District tournaments shall be administered in accordance with all provisions of the MSHSAA Wrestling Manual. This manual and all correspondence received (managers' packet, special bulletins, letters, etc.) shall be reviewed thoroughly by all District Managers in order that all meets conform to the provisions outlined in this material. (Manager's fee is \$85 for the District Tournament). Overhead spot lights are not to be used.
- B. **DISTRICT COMMITTEES:** Each district meet will be under the control and direction of a district manager appointed by the MSHSAA office. The manager shall appoint two or four other people to serve with him from other schools in the district. The district committee shall assume the following responsibilities:
1. **Scheduling:** The committee shall schedule tournament sessions, seeding meeting, the scratch meeting and weigh-in(s). This information shall be included in a bulletin, which shall be sent to the participating schools and to the MSHSAA Office a minimum of 10 days prior to the first day of the tournament.
 2. **Officials:** The committee shall contract a minimum of four mat officials for the meet and shall appoint one of these officials as the

Head Mat Official, who shall be advised of and function in the capacity as outlined in Section 4: Terms and Conditions, Item 1-5 of this manual.

3. **Recommendations:** Committees shall request each participating school submit a list of recommended officials to the manager.

C. CONTEST MANAGER GUIDELINES:

1. **RESPONSIBILITIES:** It is necessary that a school designate a contest manager for every contest it hosts. This applies to all sports and all levels of competition. It is also important it be understood that the coach will automatically serve as the contest manager if no one else is so identified. The individual that will serve as contest manager should introduce himself/herself to the contest officials prior to the contest. These guidelines are limited to the authority of a contest manager as it relates to whether or not a contest shall begin after all participants have arrived. A contest should continue after it has started.

NOTE: Unless otherwise indicated, in the rulebook of the sport involved, the contest manager's authority exists from the time participating teams arrive up to the actual start of the contest.

NOTE: The contest manager's authority is limited once the contest begins. He/she may, at an appropriate time, consult with match officials to indicate concern about safety of the participants as it relates to weather, facilities, equipment and/or crowd control. The manager is not to interject concerns regarding such things as rough play, score differential, judgment calls, or quality of officiating. Only the contest officials have the authority to terminate a contest once it has begun.

NOTE: If because of conduct the contest is to be rescheduled on a different day, the MSHSAA Office should be involved in that decision.

NOTE: If the contest is to be resumed, be certain to make note of all pertinent details; for example, in a wrestling match — time, score, position of wrestlers, period, etc. The representatives of all schools involved should make documentation of these details in the form of a signed agreement.

2. **WHEN COACH IS CONTEST MANAGER:** All the above provisions apply. The coach, prior to and following the contest, must act in a capacity of contest manager as well as coach. During the contest, he/she may, in addition to serving as coach, be called upon to take action as a contest manager as provided above.
3. **REPORTING SYSTEM:** When a contest is not allowed to start after teams have arrived or is interrupted because of poor conduct on the part of spectators, contestants, and/or coaches, a letter of explanation must be sent to the MSHSAA Office, by the contest

manager and the contest officials providing:

- a. Details regarding the incident.
- b. Plans, if any, for rescheduling or resuming the contest.

NOTE: It is recognized that no single guideline or statement can be all inclusive. Contest managers are expected to take any action they feel necessary as they administer their duties.

SECTION 7: MEDIA INFORMATION

- A. **PLAYOFF PRESS PASSES:** Members of the media who need working passes for District contests should contact the site manager of the playoff site at least 24 hours before the tournament he or she wishes to cover. All members of the working media should be prepared to show a general media credential and/or photo identification upon arrival. No admission will be charged to media representatives who have made prior arrangements with the site manager or who are prepared to present valid credentials upon arrival. No one under 18 years of age (except student media representatives), spouses, friends, coaches or fans will be admitted to media areas.
- B. **MEDIA SERVICES:** Every effort should be made by each site manager to accommodate and provide working space for media representatives. These basic services should include (but not limited to) providing: rosters and brackets, official results or scoring, a writing surface (such as a press table), access to floor level and access to a telephone after the event is over. Photographers should remain a safe distance from the wrestling mats at all times and should not be permitted on the wrestling mats or team bench areas during competition. Flash photography is permitted in wrestling, provided the photographer does not (in the opinion of officials, wrestlers or coaches) disrupt action by using the flash or strobe. Site managers are encouraged to direct any media questions or report any problems to Jason West in the MSHSAA Office.
- C. **RESULTS:** Each site manager has the responsibility to insure that all final results are reported immediately after the conclusion of each District Championship to: (in order of priority)
 1. **MSHSAA:** The MSHSAA results line (573) 875-2870 (ext. 3009);
 2. **ASSOCIATED PRESS:** Associated Press (800) 852-3590;
 3. **TELEVISION:** Local television stations;
 4. **OTHER MEDIA:** All other interested media (newspapers and radio stations). It is vital that all site managers make reporting final results to the MSHSAA results line a high priority after the tournament has concluded.
- D. **PLAYOFF RADIO BROADCASTS:** Permission to conduct a live or

delayed radio broadcast from Districts should be arranged through the site manager no less than 48 hours before the intended contest. Radio stations are solely responsible for installing or arranging the use of phone lines from the site. Site managers may wish to install lines at their own expense and distribute these costs among broadcasting stations. The following regulations also apply to all playoff radio broadcasts:

1. **ADVANCE PUBLICITY:** Each broadcasting station is required to give advance publicity of the event for the three preceding days, including participants, date, time, site and ticket information;
 2. **BROADCAST AGREEMENT:** Each station must provide a completed MSHSAA radio broadcast agreement (site managers are provided with a supply) & list of sponsors before the broadcast may begin;
 3. **ADVERTISING:** No individual or organization shall be permitted to sponsor a broadcast for the purpose of advertising any product contrary to the principles of good athletic training, citizenship or sportsmanship (alcohol, tobacco, lottery/gaming or political advertisements);
 4. **PUBLIC SERVICE ANNOUNCEMENTS:** Stations are required to run or read two MSHSAA public service announcements per session. These PSA's are sent to each site manager and also sent to radio stations each fall;
 5. **PROMOTIONAL SPOTS:** Stations are required to run or read sport-specific promotions during each session. These promotional spots are also sent to each site manager (when used) and provided to all stations each fall;
 6. **UNSPORTSMANLIKE ACTS:** Stations shall provide competent and professional-like broadcasting and shall not present or otherwise dramatize any unsportsmanlike act, conduct or display on the part of participants or fans;
 7. **REVOCATION OF BROADCAST RIGHTS:** The MSHSAA reserves the right to discontinue the broadcasting right of a station at any time in the event previous broadcasting by the station is considered to have been in poor taste or incompatible with the educational values of the MSHSAA;
 8. **EQUAL ACCOMODATIONS:** If more stations request permission to broadcast than can be accommodated, they shall be given permission in order of the dates of the requests. Equal accommodations should be provided for stations representing both participating schools;
 9. **DISTRICT BROADCAST:** No rights fee shall be charged for broadcasts at MSHSAA District Tournaments.
- E. **DELAYED TELEVISION BROADCASTS:** Stations wishing to conduct a delayed television broadcast (at least 24 hours after the conclusion of the tournament) shall make arrangements no less than 48 hours before

- J. **DEADLINE:** Only requests received in the MSHSAA Office on or before February 14, 2010, will be guaranteed working space and access to the floor area.

APPENDIX A: MSHSAA WEIGHT CONTROL REGULATIONS

- A. **PURPOSE:** In accordance with Rule 1-3 of the National Federation Wrestling Rules Book, the MSHSAA Board of Directors and Wrestling Advisory Committee have established a weight control program for the purpose of discouraging "severe weight reduction and/or wide variations in weight, because this may be harmful to the competitor."
NOTE: The Board and Committee recommend that such a program should be planned to involve the wrestler, as well as the parents/guardians, physician and coach in establishing the minimum certified weight class.
- B. **MSHSAA REGULATIONS:** The MSHSAA Weight Control Program establishes a procedure for establishing a minimum weight class through hydration testing, body fat assessment and a monitored descent plan. Minimum body fat should not be lower than seven percent for males or 12 percent for females.
1. **Assessment Required:** For health and safety reasons, the MSHSAA weight control program shall require hydration testing with a specific gravity not greater than 1.025, which immediately precedes the body fat assessment, in accordance with Rule 1-3-2 of the National Federation Wrestling Rules Book.
NOTE: A minimum weight class will be determined by a body fat assessment.
 2. **Minimum Percent Body Fat:** Any wrestler's assessment that is below seven percent for males and 12 percent for females shall have a physician's release to participate.
NOTE: This release shall not allow a wrestler to participate at a weight class below that for which the initial assessment allows except for wrestlers whose weight is within 0.9 pounds of the next lower weight class. No weight loss exceeding 0.9 pounds will be allowed.
 3. **Rate of Weight Loss:** Weight loss per week shall be limited to an average weight loss of 1.5 percent a week.
NOTE: If a wrestler weighs in with illegal protective equipment (i.e.: a cast, etc.), the weight of the equipment shall be included; the weigh-in may be counted for certification.

4. **Weigh-In Procedure:** Any weigh-in for regular-season interscholastic competition shall be in accordance with Rules 4-4 and 4-5 of the National Federation Wrestling Rules Book, regardless of the level for which the weigh-in takes place (varsity, junior varsity, sophomore, freshman, etc.)
NOTE: This provision requires all weigh-ins take place at the site of dual meets and tournaments, in accordance with the time parameters specified in the rules. Missouri schools must follow the shoulder-to-shoulder weigh-in philosophy at the site.
 5. **Weigh-In Deadline:** Weigh-ins used for weight class certification for the district meet shall be completed by the end of January; any weigh-ins subsequent to this cutoff date shall not be used in certifying a wrestler's weight class.
 6. **Weigh-Ins for Matches Only:** The only weigh-ins counting toward weight class certification shall be those completed for regularly scheduled matches and tournaments.
NOTE: Any match (dual or tournament) can be counted for weight class certification provided it is completed by the end of January.
 7. **Growth Allowance:** Starting with February 1st, a 2-pound growth allowance shall be added to each weight class.
 8. All wrestlers must meet the provisions of Rules 4-4 and 4-5 of the National Federation Wrestling Rules Book.
- C. **WEIGHT CLASS CERTIFICATION:** The actual number of weigh-ins no longer determines a wrestler's weight class.
NOTE: Every wrestler must make scratch weight and *be in the line-up* at least once, in the weight class to be wrestled in the district tournament without the benefit of any additional pounds for consecutive days of competition.
- D. **JUNIOR HIGH SCHOOL WEIGHT CLASSES:** Any number of contestants may be used in duals and tournaments. There will be no more than five (5) pounds difference between opponents of 100 pounds or less; no more than eight (8) pounds difference between 101 and 150 pounds; and no more than fifteen (15) pounds difference for opponents exceeding 150 pounds. The emphasis is placed on participation, not winning or losing, because of the fact that schools cannot fill a particular weight class. The Wrestling Advisory Committee also emphasized "the practice of cutting weight should be eliminated." Participation is the key and as many athletes as possible should be given the opportunity to participate in front of their peers.
- E. **TOURNAMENT WEIGH-INS:** Wrestlers shall weigh-in at the tournament site a maximum of 2 hours before the first session EACH day. Wrestlers must weigh-in each day of a multiple day tournament.
NOTE: Evening weigh-ins the first day of a tournament are not permitted for the second day weigh-in. The second day weigh-in shall be held the second day in accordance with NFHS Rules. This applies to all

two-day tournaments (varsity, junior varsity, c-team, etc.)

APPENDIX B: REGULAR SEASON MSHSAA WRESTLING REGULATIONS

- A. **LATE WEIGH-IN PROCEDURES:** In addition to the procedures outlined in Terms and Conditions Item D-4 of the MSHSAA Wrestling Manual, the following procedures should be used when the visiting team arrives late for a dual meet.
1. **Visiting Team Delayed:** If a team's arrival time is delayed for a dual meet, the coach of the visiting team shall make every effort to notify the host school of the delay.
 2. **Waiting Period:** The host team should wait no longer than 20 minutes to weigh in. If the visiting team has not arrived within 20 minutes of the specified weigh-in time, the host team should proceed to weigh-in. If the Mat Official is not present, the weigh-in shall be delayed until he arrives.
 3. **Upon Arrival:** The visiting team shall be given a maximum of 10 minutes to weigh in once they arrive.
 4. **Supervision of Weigh-Ins:** The mat official shall supervise all weigh-ins for evening matches. If the mat official is delayed in his arrival and cannot be present for the weigh-in, the athletic director or BOTH coaches shall supervise the weigh-in for the match.
 5. **WEIGH-IN PROCEDURES FOR FEMALE WRESTLERS:** The following policy shall be in effect when a school has a female(s) participating in wrestling. It shall be the responsibility of the school having a female squad member to notify all opponents that a situation may arise whereby special accommodations will be needed to verify the weight of female participant(s) in private.
PROCEDURE: The procedure to use for weighing in female wrestlers is to have a female weigh the participant in private. The female shall be someone on the faculty of one of the participating schools. The ultimate responsibility rests with the school for which the student is wrestling. If, however, the school with the female wrestler is traveling and has assurance from the host school that a female faculty member will be provided for the weigh-in, there would be no requirement to bring a female from the visiting school. If the host school cannot or does not wish to provide someone to monitor the weigh in, it is the responsibility of the female's school to bring a female faculty member with them to handle this responsibility.

B. **TOURNAMENTS:**

1. **TOURNAMENT DEFINITION:** "any event in which awards are given and/or a champion is determined by any means or any format that involves five (5) or more teams at one site, on any given date." All other contests at one site, on any given date will count as one non-tournament event.
 - NUMBER OF TEAMS:** There is no limit on the number of teams participating in a tournament provided no team will compete on more than one school day, and competition on a school day does not begin prior to 4:00pm.
 - ROUND ROBIN TOURNAMENTS:** shall include no more than six schools as per MSHSAA By-Law 311.
 4. **NUMBER OF MATCHES:** No wrestler shall represent his school in more than one weight class in any meet or tournament or compete in more than five matches (championship or consolation) in any one day. An individual wrestler shall represent his/her school in no more than a maximum of 50 matches, whether they are scoring or not, prior to the district tournament as per MSHSAA By-Law 381.
- C. **SUBSTITUTION PROVISION:** The provisions of Terms and Conditions Item C-6 of the MSHSAA Wrestling Manual shall apply to all regular-season tournaments concerning substitutions.
- NOTE:** In dual meet "style" tournaments, where the team advances rather than an individual, substitutions may be made from one dual meet to the next. However, if a wrestler weighs-in for the tournament, it shall count as one of his six tournaments whether or not he participates. The tournament manager of all dual meet "style" tournaments shall include in their information letter to all participating schools whether or not substitutions will be allowed from one dual meet to the next.
- D. **MSHSAA Policy for Use of Tobacco and Alcohol Products by Coaches and Officials:** Coaches, directors, sponsors and contest officials are prohibited from using tobacco products or alcoholic beverages while directly involved in interscholastic activities. Involvement is defined in this policy as being in public view and when students are actually participating under the jurisdiction of the coach, director, and official. Proper enforcement is expected. Violations shall be reported to the school's administration and the MSHSAA.
- E. **MSHSAA POLICY FOR USE OF TOBACCO AND ALCOHOL PRODUCTS BY PARTICIPANTS:** Use of tobacco, alcohol, or controlled substance (other than prescription) by any participant while at an MSHSAA event, at any event building/grounds is prohibited. Violation shall result in disqualification from the event.
- F. **INFECTIOUS DISEASE POLICY AND MAT CLEANING:** In the area

of interscholastic activities, specifically under contact sports such as wrestling and football, some alarm has been expressed regarding the presence of HIV virus in sweat, saliva and bleeding from minor injuries. Some important things to remember are:

1. **AIDS:** At this time, it is uncertain that either saliva or sweat transmits the AIDS virus. Therefore, efforts need to be concentrated in the area of the minor injuries that result in bleeding.
2. **Proper Handling:** Proper handling of these situations by coaches, officials and competitors will greatly reduce the possibility of any transmission of AIDS, if indeed the athlete is infected by the disease.
3. **Hepatitis B:** The possibility of transmitting AIDS in this manner is much less than the possibility of transmitting other very dangerous blood-borne viral infections such as Hepatitis B. However, the chance of transmitting the AIDS virus is not zero. Therefore, precautions should be taken to insure that no transmission could occur.
4. **Bleeding:** If an athlete sustains a minor bleeding problem and most bleeding problems in sports result from minor injuries in the nose area the match should be stopped, the bleeding stemmed, and any blood on the wrestling surface should be wiped off using a disinfectant such as Clorox in a 100 to 1 solution (100 parts water and one part disinfectant). This same solution should be used to wipe any blood off the opponent's skin. However, the area should then be rinsed with water to avoid either participant getting the disinfectant in his eyes. It should be noted that there are also many other disinfectants that are very successful in combating the HIV virus such as isopropyl alcohol. If any of the blood has gotten on the opponent's uniform, unless the opponent has an open cut or unskinned area on his body, it is not necessary to clean the uniform at this point. If there is an open cut or unskinned area then the uniform should be wiped with the disinfectant solution and then thoroughly rinsed with water to avoid either participant getting the disinfectant in his eyes. If an official should get blood on himself, he should do the same as the competitors use the disinfectant solution to wipe the area of the blood.
NOTE: Disposable towels should be used in all clean up and then placed in a sealed container near the mat. Also, extreme care should be used in disposing of cotton used to stem bleeding.

G. PROCEDURE TO FOLLOW FOR UNCONSCIOUS OR APPARENTLY UNCONSCIOUS WRESTLER:

1. **Determination:** When the referee has determined that a competitor is unconscious or apparently unconscious, the official scorekeeper will record this situation in the scorebook or scorecard. The referee will record the situation also for his record.

the intended contest. No tournament shall be delayed, interrupted or extended to accommodate any broadcast. All television stations (live and delayed) assume all expenses and all liability resulting from staging and broadcasting of the game(s). Items 1-7 above (under Playoff Radio Broadcasts) shall apply to delayed TV broadcasts, with the following exceptions:

1. **TV BROADCAST AGREEMENT:** A specific MSHSAA delayed TV broadcast agreement shall be used rather than a radio broadcast agreement;
 2. **PSA ANNOUNCEMENTS:** Stations shall be required to read two MSHSAA public service announcements and air two MSHSAA-produced 30-second television spots during each session;
 3. **VHS COPY:** Stations are required to provide the MSHSAA with a VHS copy of the final broadcast no later than 15 days after the game airs;
 4. **FEE SCHEDULE:** Please contact Jason West at the MSHSAA Office for the fee schedule. 573-875-4880.
- F. **LIVE TELEVISION BROADCASTS:** There is a significant rights fee charged for all live broadcasts. All requests to broadcast live must receive prior approval from the MSHSAA by contacting: Jason West, Communications Director, PO Box 1328, Columbia, MO 65205-1328, (573) 875-4880. All live broadcast stations must provide feeds for additional stations desiring the feed. Stations receiving the feed must also pay a rights fee and receive prior permission from the MSHSAA.
- G. **CHAMPIONSHIP PRESS PASSES:** Members of the media seeking working passes for the MSHSAA Championships should submit an official credential request form no later than the designated credential deadline listed on the form for each event. These request forms were sent to all state outlets in the fall, and replacement credential application books are available for \$5 by contacting the MSHSAA. No late or incomplete submissions will be honored. All personnel restrictions for credentials shall apply and be strictly enforced. Do not contact the host site of the MSHSAA Championships for credentials.
- H. **CHAMPIONSHIP RADIO BROADCASTS:** The same regulations as Item D above apply to all Semifinal, Championship and Third-place match broadcasts. A rights fee, payable to MSHSAA, shall be provided in advance for each match broadcast. Lines will be provided at no charge, but no station may make any long-distance or toll calls from these lines. Please contact Jason West, Communications Director, PO Box 1328, Columbia, MO 65205-1328, (573) 875-4880.
- I. **CREDENTIALS:** Credentials should be requested on the MSHSAA State Wrestling Championships Credential Request Form, which will be mailed to all media that are on the MSHSAA Media Mailing List.

2. **Re-Entry:** To re-enter that match or any match held on that same day, a note must be presented to the referee, signed by a medical doctor authorizing the competitor's re-entry. The signed note shall include the competitor's name, weight class, the date, and the doctor's title (e.g.: M.D.). The physician's name shall be clearly printed below the signature.
3. **Note Required:** The referee will date, initial, or sign the note and include his MSHSAA registration number on the note verifying his receipt of the note. He will return the note to the coach, and allow the competitor to re-enter. The competitor's coach will retain the physician's statement for the school files.
4. **Notify State Office:** Following the contest, the referee will notify the MSHSAA Executive Director, in writing, of the facts of the situation. The referee will include in his statement the date of the contest, location of the contest, sport, teams involved in the specific contest, and competitor's name and weight class. The involved competitor's school will send a copy (not the original) of the physician's note to the MSHSAA Executive Director.

APPENDIX C: SEEDING PROCEDURE FOR DISTRICT WRESTLING TOURNAMENTS

The following procedures shall be followed in seeding wrestlers for the MSHSAA District Wrestling Tournaments.

PHILOSOPHY BEHIND SEEDING

The seeding process is designed to reduce the possibility of the best wrestlers meeting in the early rounds of the tournament and to equally divide the quality wrestlers in the two half brackets. The ideal tournament situation is having the quality of wrestling improve as the tournament progresses. Theoretically, the four best wrestlers should meet in the semifinals and the two best wrestlers should meet in the finals.

DEPTH OF SEEDING

The fewest number of wrestlers possible should be seeded. Seeding is to occur only when records and performances clearly indicate a justification for seeding. A maximum of eight wrestlers will be seeded in each weight class in the District Tournaments. Seeding shall be limited to 4, 5, 6, 7 or 8 seeds. Coaches may vote to limit the number of seeds in a particular

weight class to less than four, if they feel the remaining wrestlers nominated for a seed are not deserving of a seed.

A. DEFINITIONS FOR RECORD KEEPING AND APPLYING SEEDING GUIDELINES:

1. **FORFEIT:** A forfeit is received by a wrestler when his opponent, for any reason, fails to appear for the match. In individual tournaments a wrestler must be entered and have made weight in order for his opponent to receive a forfeit.
 - a. A wrestler receiving a forfeit shall include the forfeit in his overall record.
 - b. Forfeits will not be included or considered when applying common opponent criteria unless the forfeit was received as a result of a wrestler having been disqualified or as a result of a wrestler not making weight the second day of a tournament.
 - c. If a wrestler is forced to forfeit as a result of injury or illness the forfeit will not be counted in his record or when considering the common opponent criteria.
2. **DEFAULT:** A default is awarded a wrestler when his opponent is unable to continue wrestling, for any reason, once the match has begun.
 - a. Defaults received count as a win regardless of the score of the match when the default was awarded.
 - b. Defaults given shall count as a loss regardless of score of the match at the time it was stopped.
 - c. Defaults will be considered in the common opponent criteria.
3. **DISQUALIFICATIONS:**
 - a. When received, count as a win and shall be considered in the common opponent criteria.
 - b. A disqualification is counted as a loss in a dual.
 - c. A disqualification could possibly count as a double loss in the case where a wrestler is disqualified in a tournament and not allowed to wrestle in a subsequent match.
 - d. A disqualification could possibly be counted as three losses in the case of a wrestler being disqualified in the first of three scheduled matches in a round-robin quad or pool.
4. **BYE:** A wrestler is not credited with a win. A bye occurs in individual tournaments when either no wrestler is entered or the entered wrestler fails to make weight the first day of the tournament.
5. **OVERALL RECORD:**
 - a. If a contestant's total won/lost record exceeds 50, the wrestler is ineligible to compete in the district tournament.
 - b. Varsity matches only will constitute a wrestler's overall record.
 - c. All matches at the varsity level will count regardless of how they were recorded (i.e. decisions, defaults, forfeits, disqualification, etc.).

B. SEEDING GUIDELINES:

1. **Placement of Seeds:** Seeded wrestlers should be placed in accord with Wrestling Rule 10-4.
2. **Minimum of 5 Matches:** In order to be considered for a seed, a wrestler must have wrestled in a minimum of 5 matches at any level for the season.
EXCEPTIONS:
 - a. In case a wrestler has been injured or was academically ineligible for the first semester, but has an exceptional varsity record from the previous year, these requirements may be waived;
 - b. By a majority vote of the coaches, a wrestler with an exceptional record at any level may be considered for a seed. (By-Law 312.b will also apply: No individual student shall be entered who has not represented his or her school in interscholastic competition in that sport during the season.)
3. **Poor Record:** Wrestlers with a record below .500 may be considered for a seed along with all other wrestlers.
4. **Seeding Criteria:** The order of the seeding criteria shall be:
 - a. Record against common opponents, all levels (head to head is just one part of common opponents – see C.1. below);
 - b. A returning champion or runner-up at the same or adjacent weight class;
 - c. A returning state champion or state place finisher in any weight class;
 - d. A contestant with the best overall record (varsity only);
 - e. If everything is still equal after having considered all of the above criteria, a vote of the coaches shall be taken.

C. PROCEDURE FOR APPLYING SEEDING CRITERIA:

1. **Common Opponents:**
 - a. A point system shall be used to determine which wrestler has the advantage over the other using the common opponent criteria.
 - b. When using the point system, every common opponent between the two wrestlers being considered for a seed must be identified.
 - c. Once common opponents are identified, points will be recorded and a running total will be kept.
 - d. Once all common opponents have been identified, the wrestler with the most points will be seeded above the other wrestler.
 - e. When more than two wrestlers are being considered for the same seed, you must pair up each of the wrestlers with the others and keep the running total.
EXAMPLE: Wrestlers A, B, and C are nominated for a seed. The pairings would be: A vs. B, B vs. C, and A vs. C.

- f. If none of the wrestlers being considered for a seed have a common opponent advantage over the others, the next seeding criteria shall be used.
- g. Common opponent points will be awarded via the point system described below.
- h. **SITUATION 1** - Head to head competition:
 - 1. This situation will carry the most point value because it involves direct competition.
 - 2. The following points will be awarded when considering common opponents:
 - 5** points for win by fall, default, disqualification, forfeit or technical fall; if forfeit was received due to a wrestler failing to make weight the second day of a tournament or having been disqualified in an earlier round in a tournament and unable to compete in other rounds.
 - 4** points for win by a decision (8-14 points).
 - 3** points for win by a decision (7 or less points).
 - 3. The above points will be awarded for each match wrestled between the two wrestlers being considered for a seed.
 - EXAMPLES:**
 - I) Smith won both matches against Bell. Smith won via fall (5) his first match and by a decision (12 to 1) in his second (4). Smith is awarded a total of 9 points in this situation.
 - II) Smith and Bell split in their two matches. Smith won the first via fall (5) and Bell won the second via a decision (9 to 0) (4). Smith would be awarded 1 point in this situation (5 minus 4 = 1).
 - III) Smith won two out of three versus Bell. Smith won by a decision (8 to 0) (4) and by a decision (6 to 5) (3). Bell won by a fall (5). Smith gets two points (7 minus 5 = 2).
- i. **SITUATION 2** - One wrestler has defeated a wrestler that the other wrestler, who is being considered for a seed, has lost to during the season:
 - 1. 2 points if the wrestler that has lost to the opponent and has not beaten that same opponent this season.
 - EXAMPLE:** Smith has defeated Bell in their only match and Bell and Jones have split. Smith is awarded 1 point.
- j. **SITUATION 3** - The wrestlers being considered for a seed have either defeated another opponent in all of their matches against that opponent or they have both lost all of their matches against that opponent.
 - 1. The individual matches will be assigned point values and then averaged.
 - 2. The wrestler that has the advantage after their performances have been averaged will receive ONE POINT (maximum allowed in this situation).

3. The following point values will be assigned to the individual matches:
- +5 for fall, technical fall, disqualification, default or forfeit as defined earlier
 - 5 for a loss in any of the above situations
 - +4 for a win via decision (8-14 points)
 - 4 for a loss via decision (8-14 points)
 - +3 for a win via decision
 - 3 for a loss via decision

EXAMPLE:

Smith and Bell have each defeated Jones in all of their matches. Smith's results vs. Jones were:

- +5 win by fall
- +4 win by a decision (13 to 1)
- +9 divided by 2 = 4.50

Bell's results vs. Jones were:

- +4 win by a decision (11 to 2)
- +3 win by decision (6 to 4)
- +7 divided by 2 = 3.5

Smith would be awarded 1 point because he has a 4.5 to 3.5 point advantage. Smith and Bell have each lost to Jones in all of their matches.

Smith's results vs. Jones were:

- 4 loss via a decision (9 to 0)
- 3 loss via decision (4 to 0)
- 7 divided by 2 = -3.50

Bell's results vs. Jones were:

- 4 loss by decision (9 to 0)
- 4 loss by decision (11 to 2)
- 8 divided by 2 = -4.0

Smith would receive 1 pt. because his -3.5 average is better than Bell's -4.0 average

- k. **SITUATION 4:** The wrestlers being considered for a seed have each split against another opponent in their two or more matches. The split could be 1 and 1, 2 and 1, 1 and 2, etc.
1. The individual matches will be assigned point values, given in Situation C, and then averaged out.
 2. The wrestler with the advantage after averaging the performances will receive ONE POINT (maximum allowed in this situation).

EXAMPLE: Smith has defeated Jones two out of three matches while Bell has split with Jones in their two matches. Smith's results vs. Jones' were:

- +3 win by decision (7 to 6)
- +4 win by decision (9 to 1)
- 3 loss by decision (2 to 0)
- +4 (+7 minus -3 = +4)
- +4 divided by 3 = +1.33

Bell's results vs. Jones were:
 -3 loss by decision (4 to 3)
 +3 win by decision (4 to 1)
 0 (+3 minus -3 = 0)
 0 divided by 2 = 0

Smith would receive one point because his 1.33 average is better than 0 average.

- l. When determining if either wrestler has the advantage over the other on the common opponent criteria, the four situations mentioned above are to be considered.
- m. A running total should be kept as opponents are being compared. If more than two wrestlers are being considered for the same seed, keep totals on all wrestlers as each coach is going through the records of their wrestler.
- n. After all common opponents have been identified, simply add up the total points each wrestler has accumulated and the wrestler with the most points will be seeded higher than the other wrestler. If both wrestlers have the same amount of points, move on to the next criteria.
- o. If three wrestlers are being considered for the same seed and the following conditions happen, you must move on to the next criteria. A has the advantage over B, B has the advantage over C, C has the advantage over A.
- p. **EXAMPLE CONCERNING TWO WRESTLERS:** Smith and Jones are being considered for a seed.

	Smith	Jones
Situation 1 - Jones defeated Smith via fall	0	5
Situation 2 - Smith defeated Bell, Jones lost to Bell	2	0
Situation 3 - Smith defeated Bell, Jones split with Bell	1	0
Situation 4 - Both Smith and Jones beat Doe in their matches against him. Smith had the better average	$\frac{1}{4}$	$\frac{0}{5}$

Jones would be seeded above Smith because he has a 5 to 4 point advantage.

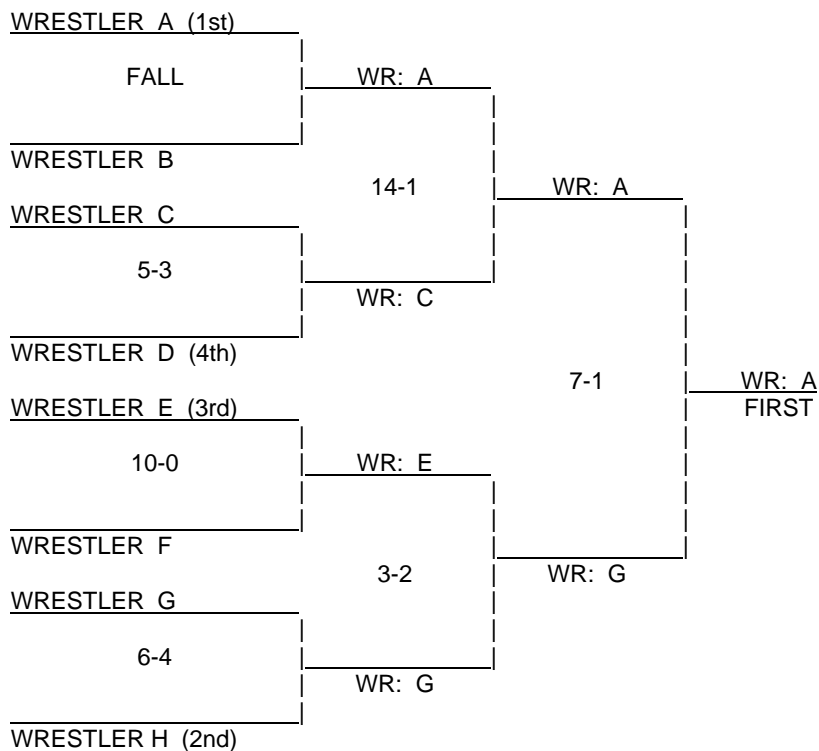
- 2. **Returning District:** A returning district champion or runner-up in the same or adjacent weight class.
- 3. **Returning State:** A returning state champion or state place finisher in any weight class
- 3. **Best Record:** A contestant with the best overall record.
 - a. A wrestler's winning percentage must be at least 10% better than the other wrestlers being considered for a seed.
Exception: If a wrestler is vying for a seed at a higher weight class than the one he actually qualifies for; 50% of his overall matches must be at that weight class if the 10% criteria is to be applied.
 - b. Only varsity matches are considered in the overall record.
 - c. All varsity matches are considered regardless of the weight class wrestled. (A wrestler's entire record on the varsity level

- moves with him up or down a weight class or classes.)
- d. Forfeits, defaults, disqualifications, etc. all count in the overall record.
4. **Coaches Vote:** If everything is still equal after having considered all of the above criteria, a vote of the coaches shall be taken.

APPENDIX D: SAMPLE BRACKETS AND SCORING CHARTS

- A. **SAMPLE EIGHT-MAN BRACKET:** The following bracket, an eight man championship bracket, is to be used for five to eight (5-8) wrestlers in a weight class. It presented here in order that uniformity is maintained statewide and as an aid to District Managers in preparing for the tournament..

EIGHT-MAN CHAMPIONSHIP BRACKET (For 5-8 wrestlers in a weight class)



B. **SAMPLE EIGHT-MAN BRACKET SCORING CHART:** The following chart is intended to show the team points awarded for each match on the sample eight-man championship bracket.

NOTE: Refer to Rule 9-2-2 of the National Federation Wrestling Rules

Wr	Quarter	Semi	Cons Quar	Cons Semi	1st 3rd	Points Scored	Place Finish
A	$\frac{2}{2+2}$	$\frac{10}{2+1}$	—	—	$\frac{4}{0+0}$	21	1st
B	$\frac{0}{0+0}$	—	$\frac{1}{1+0}$	$\frac{4}{1+0}$	$\frac{3}{0+0}$	9	3rd
C	$\frac{0}{2+0}$	$\frac{0}{0+0}$	—	$\frac{4}{1+0}$	$\frac{0}{0+0}$	7	4th
D	$\frac{0}{0+0}$	—	$\frac{0}{0+0}$	—	—	0	
E	$\frac{0}{2+1}$	$\frac{0}{0+0}$	—	$\frac{0}{0+0}$	0	3	
F	$\frac{0}{0+0}$	—	$\frac{1}{1+0}$	—	—	1	
G	$\frac{10}{2+0}$	$\frac{10}{2+0}$	—	—	$\frac{0}{0+0}$	14	2nd
H	$\frac{0}{0+0}$	—	$\frac{0}{0+0}$	—	—	0	3rd

Book for scoring ex-chart below

Placement Points
Advancement + Match Points

tournament team planation. The

is a graphic illustration of those rules as applied to the sample eight-man championship bracket.

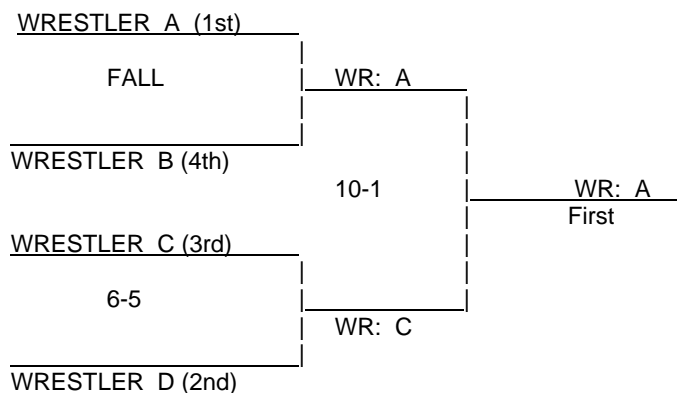
SCORING CHART FOR EIGHT-MAN BRACKET

NOTE: Key for Abbreviations used in chart below:
Wr Wrestler

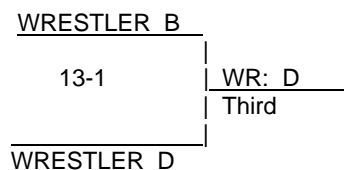
Quarter.....Quarterfinal Round
 Semi.....Semifinal Round
 Cons Quar.....Consolation Quarterfinal Round
 Cons SemiConsolation Semifinal Round
 1st.....1st- Place Match Round
 3rd.....3rd Place Match Round

- C. **SAMPLE FOUR-MAN BRACKETS:** The following brackets, a four-man championship bracket and a four-man consolation bracket, are to be used for two to four (2-4) wrestlers in a weight class. They are presented here in order that uniformity is maintained statewide and as an aid to District Managers in preparing for their meet.

FOUR-MAN CHAMPIONSHIP BRACKET
(For 2-4 wrestlers in a weight class)



FOUR-MAN CONSOLATION BRACKET
(To be used with above four-man championship bracket)



D. **SAMPLE FOUR-MAN BRACKET SCORING CHART:** The following chart is intended to show the team points awarded for each match on the sample four-man championship bracket and four-man consolation bracket.

NOTE: Refer to Rule 9-2-2 of the National Federation Wrestling Rules Book for tournament team scoring explanation. The chart below is a graphic illustration of those rules as applied to the sample four-man

WRESTLER	SEMIFINAL	1ST PLACE 3RD PLACE	POINTS SCORED	PLACE FINISH
A	10 ----- 2+2	4 ----- 0+1	19	1ST
B	----- 0+0	4 ----- 0+0	4	4TH
C	10 ----- 2+0	0 ----- 0+0	12	2ND
D	----- 0+0	7 ----- 0+1	8	3RD

championship bracket and four-man consolation bracket.

EXCEPTION: Because there is not a consolation semifinal round with a four-man bracket, as stated in Rule 9-2-2(f) of the National Federation Wrestling Rules Book, the winner of match awarded place; the loser of the third-place match merely is awarded the four place points for fourth place.

Placement Points

 Advancement + Match Points

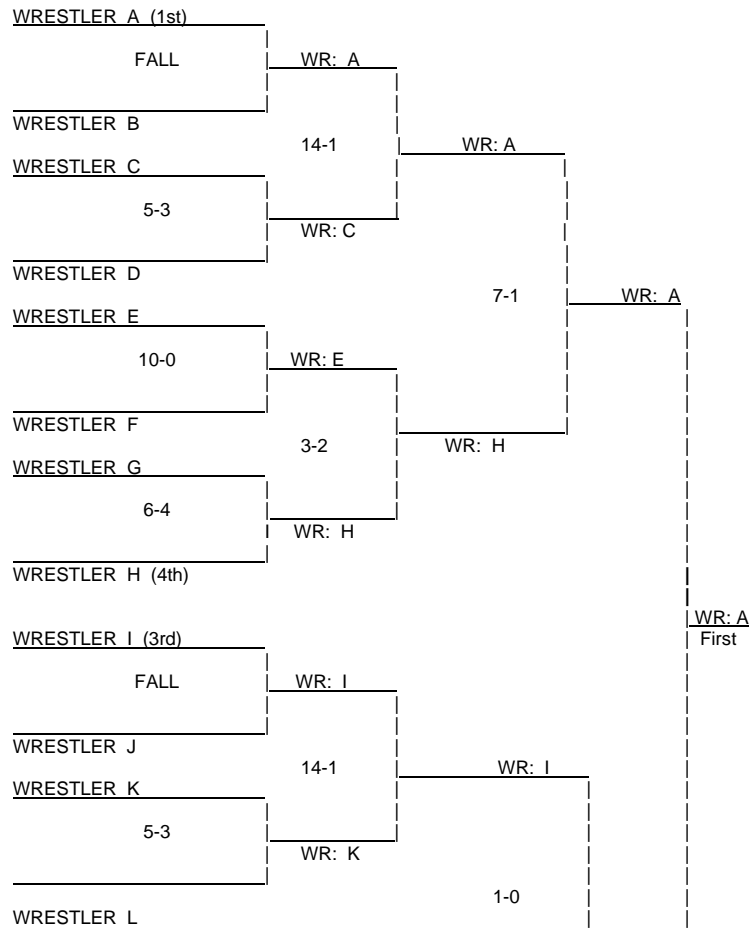
Rules Book, the the third-place merely is the seven (7) points for third place.

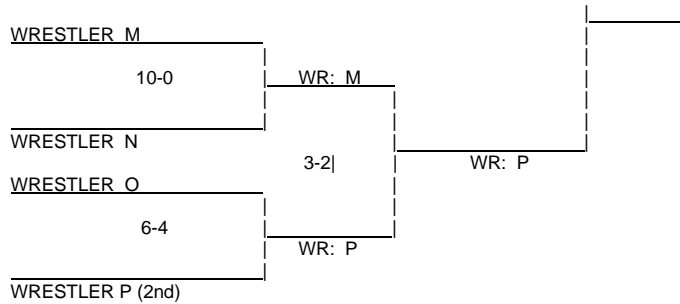
SCORING CHART FOR FOUR-MAN BRACKET

NOTE: KEY FOR ABOVE CHART

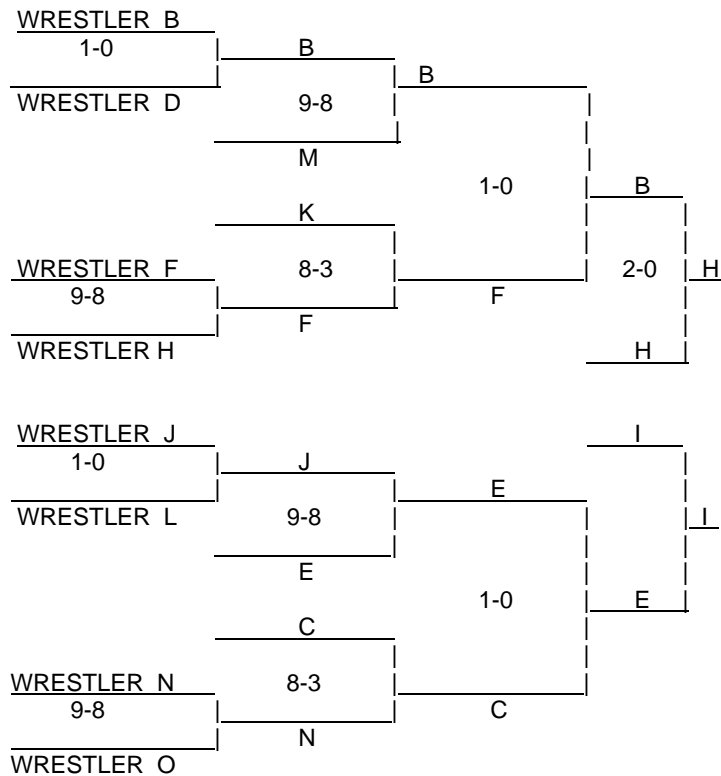
- E. **SAMPLE SIXTEEN-MAN BRACKETS:** The following brackets, a sixteen-man championship bracket and a sixteen-man consolation cross-bracket, are to be used for nine to sixteen (9-16) wrestlers in a weight class. They are presented here in order that uniformity is maintained statewide and as an aid to District Managers in preparing for the tournament.

SIXTEEN-MAN CHAMPIONSHIP BRACKET
(For 9-16 wrestlers in a weight class)





SIXTEEN-MAN CONSOLATION CROSS-BRACKET
 (To be used with above sixteen-man championship bracket)



APPENDIX E: MSHSAA VIDEOTAPING

POLICY

A. Videotaping/Filming by spectators:

1. **Personal Use Only:** Videotaping/filming shall be limited to personal use and shall not be used for scouting, coaching or commercial purposes.
2. **Can Not Block View:** Spectators videotaping/filming shall not interfere with the view of the contest by other spectators.
3. **Limited Space:** The contest and/or tournament site shall not permit the use of more than the seating space for which the spectator has paid (when seating is needed.)
4. **No Liability:** The contest and/or tournament site accepts neither liability for damage or theft of spectator equipment nor any injury as a result of the privately owned equipment.
5. **No Special Seating:** Spectators may use equipment only in the spectator seating area.
6. **No Power Provided:** Spectators shall supply their own sources of power. The site management will not be expected to provide sources of power.
7. **Loss of Privilege:** Violation of these standards may result in the removal of the offender(s) from the premises.

B. Videotaping/Filming by School Representatives:

1. A school or a school representative may videotape/film a contest in which the school team is participating. Such videotape/film may not be used for coaching purposes until after the contest is completed and in accordance with specific National Federation Rule Book restrictions for each sport.
2. A school or a school representative may videotape/film a regular season tournament or contest of other school teams without the prior consent of the host management and all schools participating in the contests. However, it is recommended that the school that is to be videotaped be notified as a courtesy.
3. Videotaping/filming of an MSHSAA sponsored contest and/or tournament by one or more of the actual participating schools is permitted provided prior arrangements are made with the event manager, and it is done at the expense of the school involved. A maximum of one individual per school is permitted to videotape/film unless the contest manager determines space is available for additional cameras.
4. Videotape/film shall not be used for the purpose of protesting a contest.

APPENDIX F: PROJECTED DATES

The following are the projected dates for the First Possible Practice, First Possible Contest and for the State Series for the 2007-2008, 2008-2009 and 2009-2010 school years.

1. The First Possible Practice for the Winter Sports Season, is the Monday of Week No. 18 of the Standardized Calendar.
2. The First Possible Contest for the Winter Sports Season, is the Monday preceding Thanksgiving (which always falls during Week No. 21 of the Standardized Calendar).
3. The State Series is scheduled to take place during Week Nos. 32 and 33 of the Standardized Calendar.

NOTE: The dates printed here are as of the beginning of the Winter Sports Season of the 2009-2010 school year. The MSHSAA Official Handbook, MSHSAA Journals, MSHSAA Special Bulletins and succeeding years of the MSHSAA Wrestling Manual should be consulted for the up-to-date information, as this information could be revised.

4. **Projected Dates:** These are the projected dates for three years:

2009-2010

FIRST POSSIBLE PRACTICE: Monday, November 2
FIRST POSSIBLE CONTEST: Monday, November 23
DISTRICT CHAMPIONSHIPS: Friday-Saturday, February 12-13
STATE CHAMPIONSHIPS: Thursday-Saturday, Feb. 18-20

2010-2011

FIRST POSSIBLE PRACTICE: Monday, November 1
FIRST POSSIBLE CONTEST: Monday, November 22
DISTRICT CHAMPIONSHIPS: Friday-Saturday, February 11-12
STATE CHAMPIONSHIPS: Thursday-Saturday, Feb. 17-19

APPENDIX G: Preventing Transmission of Infectious Diseases

Although the risk of one athlete infecting another with HIV/AIDS during competition is negligible, there is a theoretical risk that blood-borne infectious diseases can be transmitted during sports participation.

POINTS OF EMPHASIS

1. **Out-of-State Competition:** Schools competing with schools outside Missouri MUST follow the shoulder-to-shoulder weigh in format. There is no exception for Missouri schools. If the out-of-state school's association permits an exception it does not apply to Missouri.
2. **Growth Allowance:** A growth allowance of two (2) pounds is permitted beginning on February 1st.
3. **Matches Per Day:** Restriction for individual tournament competition: By-Law 311.1f2, page 44 of the MSHSAA Handbook, restricts individual participation in tournaments to a maximum of 5 matches (forfeiting a match still counts as participation) per day.
4. **Wrestling Uniforms:** Only a school-approved uniform shall be worn in the wrestling area. (Wrestling area defined as the area in view of the spectators). Such items as hats, scarves, cut-offs, jams, etc., are not acceptable. This policy will be in effect for district and state tournaments, and is recommended for all regular season duals and tournaments.
5. **Wrestler's Appearance and Health** (Rule 4-2-1 NOTE & 4-2-3): A bandanna is not considered a legal hair cover. If a participant is suspected by the referee of having a communicable skin disease or any other condition that makes participation appear inadvisable, his coach shall provide current (2 weeks, generally, on infectious letters) written documentation from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to his opponent. This written documentation must be on the **MSHSAA Wrestling Skin Condition Report form**. This form shall be presented at weigh-ins. If the form is presented after these deadlines the wrestler in question will not be allowed to compete. This is the only form a referee will accept as "current, written documentation" that a skin condition is not communicable. Furthermore, a doctor's letterhead or a sheet from the doctor's prescription pad shall be attached to the MSHSAA Skin Form to prove that the athlete has been seen by a doctor. The skin form will not be accepted without this attachment and the wrestler will not be permitted to wrestle. The only exception would be if a designated on site physician is present and able to examine the wrestler immediately prior to or after the weigh-in. (Rule 4-2-3).
6. **Minimum Weight Class:** The weight management assessment (including a hydration test, followed by a percent body fat assessment) determines a wrestler's minimum weight class.
NOTE: Each wrestler shall make scratch weight at least once prior to the District Tournament with out the benefit of additional pounds due to consecutive days of competition.
7. **Sanctioning:** Anytime a MSHSAA member school competes in a

tournament, by definition, with an out-of-state school(s) or in any event co-sponsored by any party other than an MSHSAA member school (e.g. a university, theme park, shoe company, etc.) a sanction form must be on file in the MSHSAA Office at least thirty (30) calendar days prior to the event. If the event involves National Federation Sanctioning, the form must be received at least 90 days prior to the event. It is the event host's responsibility to obtain the sanction, however, each participating MSHSAA member school shall take responsibility to verify that the sponsor has sanctioned the event prior to participation. MSHSAA By-law 311.

8. **Selection of Officials for State Tournament Series:** Schools must submit their recommendations for Districts and Sectionals to their District Managers no later than January 15, 2009. Final Site Selection of Officials: The MSHSAA staff will request recommendations from schools, officials associations, rules interpreters and mechanics interpreters as to whom they believe should be considered for selection. The MSHSAA will select the final site officials. Final Site recommendations are due in the MSHSAA Office no later than January 9, 2009. Recommendation forms were included in the Winter Rule Book Mailing.
9. **Ejection of Wrestlers/Coaches:** By-Law 810 requires that any athlete or coach ejected from a contest or tournament is withheld, at a minimum, from the next contest at the same level. The following wrestling rules apply: Rules 6-6-6, 7-4 and 5 or 8-1-4, 5 and 6.
10. **Noisemakers:** No mechanical noisemakers shall be allowed at the district, sectional or state meets and they are not recommended for regular season duals and tournaments. Coaches shall not use megaphones to instruct wrestlers during the match.

DISTRICT SITE SELECTION CRITERIA

A. District Site Selection Process:

1. **District Assignments:** Assignments of schools to specific districts shall be established by MSHSAA staff at the beginning of each two-year classification period (even years). These assignments will remain constant unless it becomes necessary to modify assignments due to the addition or deletion of schools to the activity.
2. **Site Selections Chair:** The MSHSAA staff shall select one A.D. or Principal per district to serve as the chairperson who shall coordinate the site selection process for each activity.
3. **Notification:** The chairpersons will be contacted and confirmed via fax/telephone by the MSHSAA staff.
4. **List of Schools:** Each chairperson will receive by fax the list of schools assigned to his/her specific district only.
5. **Site Selection Meeting:** Each chairperson will contact all athletic

directors of schools assigned to the specific district and arrange for a meeting (telephone conference call, fax ballot, etc.) to select the host sites. The MSHSAA shall incur no expense in conjunction with this meeting.

6. **Host Selected for each Year:** The request shall be to select the host sites for both years of the two-year classification cycle.
 7. **Specific Criteria:** Shall be established and published in each MSHSAA activity manual. The chairperson and school representatives shall follow this specific criteria to determine a specific course of action to be followed to select the district host site.
 8. **Report to MSHSAA:** The district chairperson shall contact the MSHSAA office, via fax, by the established deadline and indicate the selected host site and manager's information for the two-year classification period (unless otherwise indicated in the specific activity criteria).
 9. **Neutral Sites:** The MSHSAA Board of Directors shall review the submitted host site for any necessary adjustments and final approval. The Board and MSHSAA staff shall select the host sites when a district committee is unable to reach agreement or the Board determines a suggested site is unacceptable due to site restraints. A neutral site may only be used, provided there is prior approval from the MSHSAA, based upon confirmation of inadequate facilities at the assigned district schools or unusual circumstances. The neutral site shall be at no additional expense to the MSHSAA.
 10. **MSHSAA Board Approval:** Following final Board of Directors' approval, district assignments shall be posted on the MSHSAA Web Site indicating host sites and further advancement procedures including regional, sectional, quarterfinal, and/or final sites selected by the MSHSAA staff and Board of Directors.
 11. **District Assignments on Web:** All assignments and host sites (including advancement procedures) shall be posted on the MSHSAA Web Site and will not be mailed to the participating schools or the media. All assignments shall be released to the schools at the same time. (7:00 a.m. September 26, 2008)
 12. **District Managers' Packets:** Shall then be forwarded to each district manager in the appropriate time frame to properly administer the event. (Approximately 1 month prior to the district tourney.)
 13. **Meeting Recommended:** It is highly recommended that the site selection process take place at a meeting of all schools in that district. However, if this process is done by fax or letter, the chairman of the committee shall provide each school, in the district, with a written copy of all the other schools recommendations or votes.
- B. **Specific Hosting Criteria For Wrestling Districts:** The following criteria shall be utilized by all districts when selecting the site of the district tournaments:

Specific Criteria

1. **Handicapped Accessibility:** Handicapped accessibility of the facility including; parking, rest rooms, spectator seating and building access (Required).
2. **Seating Capacity:** Seating capacity adequate to accommodate anticipated attendance (Required).
3. **Adequate Parking:** Adequate off-street parking available for the seating capacity of the facility (Required).
4. **3 Mats:** Adequate floor space to accommodate at least three wrestling mats (Required).
5. **Computer and Email:** Appropriate IBM compatible computer system including a laser printer or ink jet and capability to E-mail and fax the results to the MSHSAA office. (Required).

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